Maria Zerr, Esq., Jefferson United Way Cabinet Member and Executive Associate to the Assistant Dean for Development and Health Affairs at CHP, helps a young girl with her homework at St. Elizabeth’s After School Program. Zerr was one among a group of more than 20 CHP volunteers who participated in the United Way Day of Caring. The team also conducted an energetic clean up and repair of a community center and community garden. United Way participation is one of the most important annual community services at the college. This year, the university also raised more than $237,000 in the drive, chaired by CHP’s recent past alumni relations and career development director Sue Henrie-Strup, RN, MSN, MEd. The college exceeded its own goal, with a contribution of $9,410, made possible in part by the highest level of student group participation ever, including contributions from the Student Occupational Therapy Association, Nursing Student Government, Nursing Student Government, Student Ambassadors from CHP, CHP Student Advisory Council, and the Residence Life Staff.

Don’t Miss the Reunion, September 26! See tear-out calendar.
An OT Ambassador

Rekha Sankaran-Kutty, 1997 Student Life Award Winner

This year’s winner of the Achievement Award for Student Life, Rekha Sankaran-Kutty, could easily be known as Ambassador Sankaran-Kutty, at least when it comes to building a greater understanding of occupational therapy.

“I am always working to try to bring OT out into the medical community more, as I did to try to do in my volunteer activities at Jefferson,” says Sankaran-Kutty, who completed her final rotation for her degree in December. “There is still a lot of confusion about what an OT does, and I think we need to make the field better recognized and understood.”

While at Jefferson, Sankaran-Kutty gave her time to provide leadership and outreach in a number of forms. As an elected officer of the student Occupational Therapy Association, she led the Association’s Outreach Program working to increase awareness of her profession. She also participated in several in-service seminars for varied student organizations, focusing on how medical professionals benefit from what occupational therapy has to offer.

Making a Community Connection

Sankaran-Kutty found that her capacity as a resident assistant at her Jefferson residence hall gave her another way to share information about OT with individuals in many different fields of study. She worked with a diverse international population of students and other patient families, and university guests.

Her successes in all these areas won her the 1997 Achievement Award for Student Life, given annually to a senior who has made an outstanding contribution to student life in the College of Health Professions. As the only college-wide award given to a student, it is an especially meaningful honor.

“This year’s winner made significant contributions at many levels,” said Dean Lawrence Abrams, EdD, during the award presentation, “and has shown vigorous leadership.”

When it comes to putting her OT skills into practice, Sankaran-Kutty hopes to work in a community setting, inspired by her positive experience with the Salvation Army Gateway Service Center (see cover story). “I had an internship with this homeless shelter and loved it,” she says. “There is such a demand for OT services there.”

Will Present Journal Nationally

A highlight of her work at Gateway was a special journal project she developed with a medical student also working at the center. They teamed up with those who came to the shelter to publish The Gateway Community Journal, which features clients’ original writings.

“We didn’t change any of their work except for correcting spelling,” says Sankaran-Kutty. “We wanted them to feel unstructured and know they could say what they wanted. It gave them a sense of accomplishment, which many of them need, and which many of them have had limited chance to feel in their lives. To see what they had written in print was a powerful step for them.”

Sankaran-Kutty will present the journal project at the next American Occupational Therapy Association National Conference. Two editions of The Gateway Community Journal have been published.

Enjoying Diverse Opportunities

Her course affiliations have involved a wide range of assignments, including a psychiatric hospital where she worked with the criminally insane. “It was a very demanding population. You have to set limits and always think of your feet. I really enjoyed that challenge,” she recalls. “It was another place where I could really see OT having an impact. We worked on anger management and coping skills to deal with aggressive behavior.”

Her final affiliation involved working at a rehabilitation center in BTM’s multi-cultural diversity in OT, that’s what I love about it,” adds Sankaran-Kutty. “It is the best field out there. I can’t wait to get out in it.”

The Review welcomes opposing points of view as well as submissions of editorials on other topics. Send to: The Review, College of Health Professions, Thomas Jefferson University, 130 S. 10th Street, Suite 1620, Philadelphia, PA 19107-5253. Fax: 215-503-7241. e-mail: Amelia.Errico@mail.jpru.edu

Con: It’s Pulling the PT Profession Down

by Donna Pelura, MS, PT’86

Pool/Registry Therapist, Therapists Unlimited, San Diego, Calif.

Because of managed care, being a therapist now means something very different than when I graduated. The main concern of providers and third-party payers is increasing productivity. Unfortunately, this bottom-line mentality results in little regard for PTs as professionals.

In part because managed care is less interested in maintaining PTs on full-time staff, many in my field are going to part-time or per diem arrangements. I work in a registry pool where, if I want to have work, I have to take nursing-home patients exclusively, most of whom are Medicare, Medicaid, or HMO patients.

We are forced to get tight, specific time allotments for patient visits. These time blocks include paperwork and, if after 30 minutes, you’re not done with a difficult evaluation or procedure, you still have to finish the work without any extra pay.

Patients recognize when you’re burned out or when you don’t have sufficient time for them. More often, we have to pass them off to PT assistants or the unlicensed aides.

Managed care’s emphasis on the bottom line, providers and payers are realizing that it’s cheaper to shift care to assistants. Meanwhile, the pay for PTs, which has never been generous, has leveled off.

My friends and colleagues working in various capacities and environments as PTs, whether on staff or out, have some different experiences. They feel less on par with other professionals, illustrated in just one way by little or no support for their continuing education needs.

Experience (such as my 11 years) and advanced degrees (such as master’s) are not getting us more compensation or opportunities. The PT today has low job security and is lucky to get a true cost-of-living increase each year. The American Physical Therapy Association (which I can’t afford to join) should be doing more about all this.

I don’t think that these developments are in the long-term interest of my patients. It’s a situation where practices and institutions just want you to capture their charge as expeditiously as you can. The flexibility and respect are disappearing from our profession as a result of managed care.

Pro: It’s Here and It’s an Opportunity

by Kathy D. Cary, MS, PT’93

Manager, NovaCare in Juniata Park, Philadelphia, Pa.

Managed care is here to stay. The question is no longer “if” managed care but “how” managed care.

No doubt, we’ve all had some negative experience with it. When Medicare stopped paying for hot and cold packs, it certainly affected care in our clinic. But I believe that PTs must make the best they can of managed care.

Yes, it’s based on cost analysis. But is that bad? We all agree that health care cannot have unlimited resources.

Managed care challenges those of us who deliver medical care to look closely at what we do and to be on top of it all the time. It makes us ask whether a given patient could do just as well with less care than he might have been given in the past. And to examine why one patient might get better in her allowed 10 visits and another not.

And there are choices under managed care. We do have decision-making power. Both are connected with the need to communicate with doctors and patients, because it’s our clients and referers who often don’t understand the options and permitted benefits in managed care.

Explaining these features gives us another avenue of establishing good rapport.

Many patients will be surprised when you tell them that much of what can be done for their recuperation and wellness is their responsibility, and that as therapists we’re just here to help. Managed care keeps us pointed toward getting patients to take charge of their recovery. And I find that most patients are accepting of limits on care and of their role in rehabilitation and health maintenance.

It’s true that some practices will have trouble competing, but when NovaCare, a large managed-care rehabilitation network, bought the free-standing outpatient facility where I work, we got better job security and access to a huge pool of patients insured by managed plans.

It is probably easier for those of us who have practiced out of the hospital from the start. But if we all do what needs to be done under it, the PT field will not only maintain its strong standing but be put in a favorable light.
Managing Dementia at Home: Finding Support, Exploring Solutions

When do you turn? One day you sit down for a game of bridge with your mother, who’s been playing the game for as long as you can remember, and she forgets the rules. The next day, she goes out for her daily visit to a friend’s house, and she can’t find her way home.

Dementia, a progressive neurologic condition, is a leading cause of disability in our aging population. Whether resulting from Alzheimer’s or other causes, it can overwhelm a family when it strikes.

“The most important message is that health professionals can provide support and meaningful intervention to the person with dementia and the caregiver,” says Laura Gitlin, PhD, CHP’s Director of the Community and Homecare Research Division of the Center for Collaborative Research. “Exactly how the healthcare community can help best is the focus of significant research at the moment.”

Gitlin, also a professor in the Department of Occupational Therapy, has developed some key suggestions as a result of her research on dementia:

When there are signs of decline, get a comprehensive evaluation. Out of character behavior often tells people that something may be wrong with a loved one. Most will first turn to their primary-care physician, but Gitlin recommends an evaluation as well by a geriatrician, neurologist, or geriatric psychiatrist.

Physical changes may cause forms of dementia that are reversible,” says Gitlin, “so there must be as clear a diagnosis as possible.”

Plan for the future. Often most jarring is the initial stage in which the individual can understand what has begun to happen. Ideally, dementia is diagnosed at this stage, though, so that the individual can be involved with family members in making plans for the future.

“This planning should involve a whole range of issues,” notes Gitlin. “It involves estate and financial planning to living arrangements, to deciding who can support the person in decline.”

Find support. Support groups help caregivers, and people in the early stages of dementia. “At the point where the individual can still articulate the experience and what it means for the future, it can be extremely frightening,” explains Gitlin.

Explore various strategies. In her recent research, Gitlin has been working with OTs and the Housing Department of Philadelphia Corporation for Aging, on using environmental modifications to help minimize the effects of functional decline and behavioral difficulties of dementia patients. For the Philadelphia REACH project, which is examining such approaches, she serves as principal investigator with co-investigator Mary A. Corcoran, PhD, OTU, who until last spring was Acting Chairman of OT at CHP. Corcoran is now an associate research professor at George Washington University, in Washington, DC.

REACH (Resources for Enhancing Alzheimer’s Caregiver Health) is a five-year research project funded by the National Institutes of Health. Six sites throughout the country are testing different community and home-based intervention strategies designed to improve the well-being of families caring for individuals with dementia.

“The nature of caregiving changes at the moderate stage of dementia, and that’s where we’re testing our interventions,” says Gitlin. “It’s a point in the disease process that is very hard for caregivers.”

Gitlin and Corcoran are using environmental modifications to help manage problems faced by caregivers, such as bathing, dressing, incontinence, and wandering. These strategies include altering homes (e.g., a roll-in shower), modifying objects (e.g., removal of clutter), simplifying tasks (e.g., setting up a daily routine), and using assistive devices (e.g., safety locks).

“No single strategy works for everyone,” stresses Gitlin, “so interventions need to be individualized to address the specific needs of caregivers and their living situation.” She notes that environmental modification may work effectively in tandem with pharmacologic and behavioral-modification techniques, but that this approach requires further testing.

“I encourage a comprehensive approach in working with the family and the affected individual,” adds Gitlin.

whether it’s at the Amgens and Genentechs of the industry, the smaller up-start companies, traditional pharmaceutical firms, or the leading academic research labs, the biotechnology field has grown steadily and is in significant need of qualified personnel. And that’s an educational need that the College of Health Professions is now meeting.

The college’s biotechnology program accepted its first students in the fall of 1995, and last spring had its first three graduates: Meghan Hindman (see sidebar), Vu Nguyen, and Lyle Rawlings. Hindman and Nguyen received their baccalaureate degrees after two years at other colleges and then junior and senior years in the Jefferson program, whereas Rawlings received a post-baccalaureate certificate.

“We see a need for BS-degreed individuals in biotechnology companies, and we gear the program to those who will be working in such companies,” says Lydia McMorrow, PhD, Associate Professor, Laboratory Sciences, and Program Director for Biotechnology and Cytogenetic Technology. “The field has tremendous growth potential that will translate into careers for our graduates. It seems every day new biotech companies are starting up.”

Defining a New Expertise

Biotechnology as a field is so new and quickly expanding that it defies easy definition. Put most simply, biotechnologists use cells from the body to produce new drugs.

“Biotechnology is an umbrella term that encompasses lab techniques in molecular biology and molecular genetics,” explains McMorrow.

CHP’s program combines classroom and laboratory experience including opportunities in research laboratories at Jefferson and affiliate institutions, such as the Corell Institute for Research. It prepares technologies to participate in designing, researching, developing, and preclinically testing diagnostic and therapeutic agents, methods, and systems in:

- immunology, immunohematology, and immunodiagnosis;
- recombinant DNA and related molecular biological techniques;
- molecular biology and molecular imaging techniques;
- cell and tissue culture.

“The curriculum also incorporates molecular modeling, which is at the cutting edge of technology used in drug design,” says Dr. McMorrow.

Biotech Degree Sends Grads into Latest Market Opportunity

Broad Preparation at a Leading Center

Students can take advantage of Jefferson’s facilities and activities as a world-class academic health center, and can benefit from working directly with its renowned faculty, advanced equipment, and teaching and research resources. Some biotechnology courses are also open to nonmatriculating students who may be interested in the field or wish to take courses for continuing education.

Although training at Jefferson prepares students for employment in healthcare, biotechnology, academic, and industry settings, graduates whose interests lie in agricultural or environmental sectors of the industry are expected to find their skills readily adaptable to those settings. Graduates should also find themselves prepared for graduate-level programs in related fields.

Meghan Hindman had to decide: Go for the money and continue her education? Like many other students coming in here, and I still see it.
updates

Join the JEFFLINE Alumni Connection!
Visit the JEFFLINE digital office at http://jeffline.tju.edu and then click on the alumni home page and learn how to subscribe to the Alumni Connection.

As an Alumni Connection subscriber, you can access electronic information resources on JEFFLINE from your home or office. A subscription entitles you to search seven databases on an unlimited basis: Medline, CINAHL, CancerLit, HealthSTAR, Biosis-Line, AIDSLine, and ERIC (Education Resources Information Center). The Library uses the highly regarded Ovid Technologies interface to search all seven databases. This frees you from learning multiple search rules and techniques. The subscription rate of $60 ($10/month) entitles you to unlimited database searching for a six-month period.

After completing a search, consider taking advantage of the JEFFDocs service. If you need an article from the more than 2,000 journal titles available in the Scott Library, submit an online JEFFDocs request and have the material quickly faxed or mailed to you. Current per-article rates are $3 for mail delivery and $10 for fax delivery.

For more information, please contact the JEFFLINE Alumni Connection Liaison:
Barbara Laynor 215-503-9684
Gail Leone 215-503-9741
e-mail: liaisons@jefflin.tju.edu

Cheri Pfaffman, Assistant Director of Admissions (center) gets a chuckle out of a fun-filled tour of CHP's alumni services Web pages. At the Center's Open House, its Acting Director, Lisa Cohen (far left), demonstrated these portions of CHP's Website to Ron Nordone, Associate Director of Admissions (second from left), Megan Wielick, second-year PT student (far right), and others.
Visit the Center's Web pages at http://jeffline.tju.edu/CRWB/CHP/alo/

A check from Jefferson to you?
That's right. When you make a gift to one of Jefferson's life income plans, you and/or your spouse can receive a generous lifetime income. And if you give low-yielding securities, your income will likely increase.

Most important, your gift can provide you with the opportunity to name a permanently endowed fund for the College of Health Professions. You receive more than simply four checks a year when you make a life income gift. You become part of Jefferson's future. Return this postcard for more information about how you can receive quarterly income from Jefferson.

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Phone (day) ___________________________ (evening) ____________
E-mail _______________________________________
Program ________________________ Year of Graduation ________

Alumni Volunteers Needed for ID Clinical Care Planning

CHP is offering ID 402: Interdisciplinary Clinical Care Planning, the first course in its new interdisciplinary curriculum during the spring 1998 semester. Course faculty members have planned a variety of activities to enhance the students' understanding of interdisciplinary relationships and collaborative care. The course welcomes participation in the course by its alumni. The class is held on Mondays, 4:00-6:00 p.m. If you would like to share your time and expertise with the students for one two-hour class period during the semester, please contact Peggy Griffiths, Course Coordinator at 215-503-7557.

Lorie Cole-Post, PT'85, and Monique Dundore, OT'85, were instrumental in creating CHP's case management program, which reintroduced cross-discipline training and education to the students and eventually led to CHP's ID courses. They, along with Nancy Powell, DN'71, have also assisted in planning ID courses.

Network! (Hire and get hired!) Reclai m old friends! Discover where your fellow alumni live and work now! Do all this and more with CHP's new alumni directory. For ordering information, see the back of your pull-out alumni calendar in this issue of The Review.
In 1996-1997 alumni donated to 18 areas in the college/university:

1) General Scholarship Fund  
2) Student Scholarships for Nursing  
3) Student Scholarships for Laboratory Sciences  
4) Student Scholarships for Occupational Therapy  
5) Student Scholarships for Physical Therapy  
6) Student Scholarships for Diagnostic Imaging  
7) Department of Diagnostic Imaging  
8) Department of Laboratory Sciences  
9) Department of Nursing  
10) Department of Occupational Therapy  
11) Department of Physical Therapy  
12) Research Fund for Nursing and Allied Health  
13) General College Fund  
14) Laboratory Sciences Equipment Fund  
15) Student Life Facilities and Programs  
16) Teaching Equipment and Materials  
17) Physical Therapy Human Performance Laboratory  
18) National Center for Dental Hygiene Research

Let your friends see that you are a CHP supporter!

(Please remove, fill out, and return the card below.)

BUSINESS REPLY CARD
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OFFICE OF ALUMNI RELATIONS
COLLEGE OF HEALTH PROFESSIONS
THOMAS JEFFERSON UNIVERSITY
130 S. 9TH STREET, SUITE 711
PHILADELPHIA, PA 19107-9792

I'm excited about all the many activities and plans we have for 1998. We have a fantastic group of new board members with a great deal of charisma. Please feel free to contact me or any board member if there is an issue that you would like to address. Our annual giving campaign this year centers on some very tangible concerns.

Dean Lawrence Abrams hosted officers and members from CHP's Alumni Association Board of Directors, and from the Jefferson Nurses Alumni Association (JNAA), at a luncheon in November. The event marked the first time that the two groups had formally held such a meeting. Front row, left to right are Jason Ludwig, RT'97, CHP Alumni Board Vice President; Alice Baer, RN'42, President, Ex-Officio, JNAA; Lisa Stahl, DNP'93, CHP Alumni Board Secretary; Treasurer, Elizabeth Greene, MS'50, Treasurer, JNAA; and Mary Schaad, NU'63. Back row, left to right are Dean Laurence Abrams; Jay Field, CT'93, CHP Alumni Board President; Sue Henrie-Steph, MD'76, recent past Director of Alumni Relations; Lorraine McCull, NU'49; Nancy Powell, NU'51; and Jane Dietrich, NU'59.

Alumni, don't forget: University exercise facilities are available to you.  

CSP has a new student center on the 11th floor of the Edson Building that we would like to target as our fundraising project. If you've been to the center, you too have seen how important it has become to students. But we cannot yet consider the center complete. For example, students need computers located in the center for their use.

In addition, our support for other capital budget items in all departments will be a priority, along with our support—for students in need of financial assistance.

For September, we are planning a reunion, in which all CHP alumni from any graduating class may participate. You'll receive further details in the upcoming months. (See and put the pull-out calendar in this issue.) The reunion is a great way to get together with friends and former classmates, while enjoying good food and music.

Finally, it's never too late to get involved with your alumni association. We need your help and ideas for maintaining the best environment possible for present and future students of the college. Remember, it's our university and alma mater, so let's show our support for one of the nation's leading health professions colleges! I'm proud to be a Jefferson graduate and I hope you are, too.

We look forward to seeing you at the many events planned this year.

Most sincerely,
Jay Field BS, CT'88, CT(ASCP)
CHP Alumni President

Reminder: The Commons is the TJU multipurpose fitness facility on campus, and all alumni are eligible to join the Commons. Facilities include a cardiovascular room, weight room, swimming pool, sauna, locker rooms, group-exercise/sauna-studio, gymnasium, and racketball court. In the program available at the Commons, you can also take advantage of massage therapy, intramurals, health fitness, and much more. Additionally, as a Commons member, you are entitled to discounts on a wide variety of social and cultural programs offered through the year. For more information about The Commons Fitness Center, call 215-503-7731.
Learning While Helping the Needy: An Ideal Match

"Reaching out to the suffering in our city empowers you to be more than healers. You are agents of transformation. For as you come to know the pain and suffering of another, you are moved to respond. You no longer are able to view health-care as separate from poverty, violence, and disinvestment in neighborhoods and the city."

— Sister Mary Scullion, a leading advocate for the homeless

Community service is proving to be the right experience for health professionals in training at CHP. Here, Diane Corman-Levy, MS, PT, now an educational consultant at CHP's Center for Collaborative Research, had moved to Philadelphia from Chicago, where she had worked with a homeless population. Soon after arriving here and joining the CHP Physical Therapy Department faculty, she met Sister Mary Scullion, Executive Director and Co-Founder of Project HOME, and winner of the 1992 Philadelphia Award. Sister Mary helped confirm Corman-Levy's perception of a real need for physical therapy services among the homeless.

Corman-Levy began counseling at a homeless shelter, "but there was so much different to do, I was feeling overwhelmed," she says. "So, I met with physical therapy students and discussed the situation. The meeting turned into a brainstorming session in which the students suggested starting a clinic."

As the idea developed, the PT students chose the Salvation Army Gateway Center, where JeffHope was under way, to create a program of volunteer PT care. At the start of the program, students arranged for donations from the community for virtually every necessity. The program became Hands of Hope (see photo), which is now an integral part of the multidisciplinary services at Gateway. It led to a three-year grant to develop a program to train Jefferson students to create interventions for homeless residents residing at four shelters.

"These clinical programs fulfill the academic goals we have established," says Corman-Levy. "The students learn skills of assessment and intervention and team-based care. Equally important, they provide services to people who would otherwise not receive this level of care."

OT Helps Shelter and Tenants

Occupational therapy (OT) professor Laura Collins, PhD, directs OT at Community and Homecare Care Division of the Center for Collaborative Research, for which she has secured important grants in mental health with Kathy Swenon-Miller, MS, OT/L, instructor and coordinator of the undergraduate OT Program. Student participants include a project in which OT students work at three Salvation Army centers, including Gateway. One OT student even helped shelter clients publish a journal of their writings (see page 4).

"Through community outreach, we provide services, research, and education all at once," says Collins.

"And, OT's working in shelters learn skills they could not get elsewhere," adds Swenon-Miller.

Other OT students work with the Tenant Action Group (TAG) in a program called TAGAdapt, which provides bathroom equipment to elderly clients who are frail. Included among the devices are grab bars, commodes, hand rails around toilets, and equipment that promotes safe bathing. TAGAdapt asked the CHP students to perform assessments to determine the level of benefit of the program. Students went on site at TAG to get to know the agency, and made some recommendations.

A second group of students devised and conducted a follow-up survey of more than 100 adults who have received bathroom equipment. Gitlin and co-workers produced a referral model by which TAG could identify individuals who might need more care than TAG could provide.

OT activities also include home-based programs for people with dementia and their families (see page 4), and clients receiving care for persons with spinal cord injury.

Assisting Women, Children, Seniors

In addition to playing a key role in JeffHope, CHP's Department of Nursing offers many educational and volunteer opportunities. For example, nurses-in-training gain clinical experience in settlement houses, helping with pediatrics and obstetrics care. Another nursing-student group identified an elementary school in North Philadelphia that had no school nurse and constructed a health-education program there. Still another group went to the Philadelphia Senior Center and provided blood pressure screenings once a week.

According to Jenks, who directs CHP's baccalaureate nursing program, community service fulfills the philosophical goals of the department. "As in programs in center city, we feel it's important to be a part of the community around us, and it helps us to enroll in our students the value of volunteerism, a value we want them to have their entire professional careers."

Changing Delivery and Learning CHP students affect the way care is delivered in the programs where they volunteer. TAG changed internal operations after the assessment by the first group of CHP students. In addition, student volunteers have made a major impact at the shelters, including Gateway, where they have started a health and wellness program featuring exercise, health promotion, and preventive care.

Says Gitlin, "The students developed many of the materials and strategies that Gateway and the other shelters are using to determine what steps individuals in shelters have to take to move toward independence."

What began as an experimental program fueled by the enthusiasm of a small group of students is gaining momentum. "CHP students who volunteer can tell that they are influencing the educational experience here," says Corman-Levy.

Today, CHP graduates enter an environment in which hospitals are less able to provide care to entire communities. Care is increasingly delivered locally, and CHP is working with centers serving less-enufenced populations. Community experience at CHP will help graduates maintain high standards of care in all environments.

According to Jenks, who directs CHP's baccalaureate nursing program, community service fulfills the philosophical goals of the department. "As in programs in center city, we feel it's important to be a part of the community around us, and it helps us to enroll in our students the value of volunteerism, a value we want them to have their entire professional careers."

CHP students in community service get the invaluable chance to work with people from different cultures than theirs. The interaction between the students and clients at shelters helps break down racial and gender barriers. The Gateway Center shelter, for example, has 70 adult male residents, and as many as 200-300 people come for day services.

"A primarily white, female group of students is working with a group that is 90 percent African American men," notes Corman-Levy. "As they work together, a real trust and respect has developed between them. The most important message we send is that we believe in them. And it works."

"Every work something special happens," says student Molly Snyderman, PT; she directs the CHP physical therapy program at the Gateway Center. "Someone always makes a connection with a client. A few weeks ago, a man came in and said he wanted to do something for himself but he needed someone to motivate him. He had experience with weight training in the past, so we worked with him and he began a regular weight program. The gratitude he has expressed to us for just that is amazing.”

Snyderman says that her work at the shelter is about establishing relationships. "A lot of clients are angry at the beginning, after a couple of weeks they turn to us and say, 'Please be here again. I want to come back and work with on this some more.'"

Through their volunteering, students get more than just a great hands-on experience," says the Department of Nursing's Joan Jenks. "They gain skill in interacting with individuals from the same, varied cultural backgrounds. They are learning that they will encounter when they go out into the workforce as health professionals."

"Through external forces, including the marketplace, too many of our students forget that the future is about who people are, not just what they are. Our health system is in need of healing. . . . May you be encouraged and inspired by a vision of the health care system of the entire society in which each one of us and all of us are able to flourish."

— Sister Mary Scullion
Events

Alumni Spring Brunch
Sunday, April 5, 1998
10:30 a.m.–1:30 p.m.
$25 per person
Adams Mark Hotel–The Marker Restaurant
(private room for Jefferson Alumni Association)
City Line and Monument Ave.,
Philadelphia, PA 215-503-5100
Alumni Spring Brunch Chairperson:
Margaret Seiler, PT/BS
200-284-2570 ext. 5609

Agenda
10:30 a.m. Welcome and social meeting
11:00 a.m. Buffet Brunch
12:00 noon
-12:30 p.m. Guest Speaker, Stephanie N. Naidorf, President, Regional Performing Arts Center, Philadelphia, Pa.
12:30 p.m. Questions and Answers
1:00 p.m. Wrap up

Alumni Reunion-Day Excitement
Network, reacquaint, hear the latest.
Alumni Reunion Day for the College of Health Professions at Thomas Jefferson University has been scheduled for September 26, 1998. Alumni Reunion Day will begin with the following members of the Alumni Association: Jay Field, CT88; Donna Morrison, MT87; Kathy D. Cary, PT/MS; Kay Korkowski, NU92; and Margaret Seiler, PT/BS.

The Alumni Reunion Day will begin with an informal reception and welcome on Saturday. Afternoon activities will include topical workshops, special interest groups, and seminars to be added. Campus tours, historic walking tours, happy hour in the Faculty Club, and shopping will also be available. All reunion activities are open to all alumni. An alumni reception will be held at 7:30 p.m. in the Alumni Association lounge at the University Center for Health Professions at Jefferson.

The Alumni Association will sponsor a gala celebration at the University Center for Health Professions at Jefferson. The evening will begin at 6:30 p.m. with cocktails, dinner served at 7:00 p.m., and entertainment and dancing will follow. The gala celebration is scheduled for September 26, 1998. More information will be posted on the website of the Alumni Association at www.jefferson.edu/alumni.

1998 Alumni Calendar of Events

January 1998
January 20, 1998
6:00 p.m.–9:30 p.m.
Alumni versus Student Volleyball Tournament followed by a Pizza Night, Jefferson Alumni Hall

January 30, 1998
8:30 a.m.–4:30 p.m.
"Your Next Career Move: Planning for Success"
Sponsored by the Office of Continuing Education, College of Health Professions, Philadelphia

February 1998
February 2, 1998
5:30 p.m.–9:00 p.m.
Career Networking Forum
An event for alumni and students to meet, exchange job openings, discuss career options, and have fun!

Thomas Jefferson University, 11th Floor Edison Bldg.

February 21, 1998
9:00 a.m.–11:30 a.m.
Alumni Association Board Meeting
Open to all students and alumni.
Call 215-503-7790 for more information.

Thomas Jefferson University, 11th Floor Edison Bldg.

Center for Student Development

March 1998
March 16, 1998
12:00 noon–2:00 p.m.
Spring Job Fair
If you're an alum and you are interested in job searching and networking, come to this job fair.

Jefferson Alumni Hall

April 1998
April 3, 1998
9:00 a.m.–11:00 a.m.
CIP Alumni Reception at the American Occupational Therapy Association Annual Conference
Renaissance Harbor Place Hotel Federal Hill Room, Baltimore, Md.
Call Rick Weaver at 215-503-2011 for more information.

April 5, 1998
10:30 a.m.–11:00 a.m.
Alumni Spring Brunch Featuring Guest Speaker and networking/socializing with fellow alumni.
Adams Mark Hotel City Line and Monument Avenues, Philadelphia, PA.
$25 per person. Call 215-503-7790 for more information or reservations.

(continued)

Alumni Calendar of Events

January 1998
January 20, 1998
6:00 p.m.–9:30 p.m.
Alumni versus Student Volleyball Tournament followed by a Pizza Night, Jefferson Alumni Hall

January 30, 1998
8:30 a.m.–4:30 p.m.
"Your Next Career Move: Planning for Success"
Sponsored by the Office of Continuing Education, College of Health Professions, Philadelphia

February 1998
February 2, 1998
5:30 p.m.–9:00 p.m.
Career Networking Forum
An event for alumni and students to meet, exchange job openings, discuss career options, and have fun!

Thomas Jefferson University, 11th Floor Edison Bldg.

February 21, 1998
9:00 a.m.–11:30 a.m.
Alumni Association Board Meeting
Open to all students and alumni.
Call 215-503-7790 for more information.

Thomas Jefferson University, 11th Floor Edison Bldg.

Center for Student Development

March 1998
March 16, 1998
12:00 noon–2:00 p.m.
Spring Job Fair
If you're an alum and you are interested in job searching and networking, come to this job fair.

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(continued)
1998 calendar (continued)

April 6, 1998 Movie/Pizza Night
April 28, 1998 5:30 p.m. - 7:30 p.m. Alumni Association Board Meeting. Open only to students and alumni. Light dinner will be served. Call 215-503-7079, Office of Alumni Relations for more information.

May 13, 1998 11:00 a.m. - 2:00 p.m. Spirit of Philadelphia Jefferson Student and Alumni Cruise. Enjoy a great luncheon cruise and an opportunity to catch up with old and new friends. Call 215-503-0309 for more information.

May 14, 1998 College Class Night

May 15, 1998 College of Health Professions Commencement

SEPTEMBER 1998

September 22, 1998 5:30 p.m. - 7:30 p.m. Alumni Association Board Meeting. Open only to students and alumni. Light dinner will be served. Call 215-503-7079, Office of Alumni Relations for more information.

September 26, 1998 10:00 a.m. - 11:30 a.m. Alumni Reunion Various activities and events will be going on all day including Occupational Therapy Workshop; Financial Planning Seminar; Estate Planning Workshop; The Future of Health Care: The Next Millennium; historic tours of Philadelphia, and more! Also, an evening of dining and dancing.

OCTOBER 1998

October 12, 1998 Alumni Mentor Mixer Jefferson Alumni Hall

NOVEMBER 1998

November 2, 1998 Nursing and Allied Health Career Day 12 noon - 2:00 p.m. Jefferson Alumni Hall

Call 215-503-7709, Office of Alumni Relations, for more information on all alumni events.

Reunion (continued)

1973, and 1968. To coordinate a special, private event for our class to rejoin the Alumni Reunion Committee, contact the Office of Alumni Relations at 215-503-7079 or alumni.czio@jefferson.edu.

Tentative Schedule for Reunion:
11:00 a.m. - 1:00 p.m. Luncheon and Welcome by the Dean
1:00 - 2:00 p.m. Keynote Speaker Seminars
2:00 - 4:00 p.m. Alumni may choose a topic of interest. (See below for confirmed topics to date.)
4:00 - 5:00 p.m. Campus Tours: Happy Hour in Faculty Club Historic Walking Tours Shopping Tours
3:00 - 6:00 p.m. Commons Recreation Center
6:30 p.m. Cocktails and Reception for Gala Dinner
7:15 p.m. Formal Dinner
8:00 p.m. Dancing and Entertainment

Confirms Topics for Workshops:
1. Alumni on the Internet (2:00 - 4:00) Sharon Remanhur, PhD, RN Blaumie Bldg., Room 101
2. DHN: Dental Hygiene's Home in Cyberspace (2:00 - 4:00) Jane Forrest, EdD, Blaumie Bldg., Room 101
3. Occupational Therapy Fieldwork Seminar (10:00 am - 4:00 pm) Caryn Johnson, MS, OTH/L, FAOTA, Alumni Hall, Room 207 and several conference rooms
4. Charitable Estate Planning: To Benefit Jefferson and You (2:00 - 4:00), Frederick Rauvin, Director of Planned Giving and Development

Get your Alumni Directory! Use your Alumni Directory!
Get names, addresses, and other contact information for your ready-made network of fellow CHP alumni! The inaugural edition of the Alumni Directory should be in your hands by now. The college has sold more than 1,500 copies of this directory to date. The alumni office has received many positive comments and reviews of the directory, including reports of friendships rekindled and job opportunities found.

If you didn't purchase an Alumni Directory and you would like to do so, please call the publishing company directly:
Harris Educational Publishing, Inc., Customer Service Department, (800) 800-8503
If your name is a classmate's name, address or any information was incorrect or omitted, please call or e-mail us with the updated information:
Office of Alumni Relations, College of Health Professions, 30 South 11th Street, Suite 711, Philadelphia, PA 19107-5233 215-503-7709 e-mail: amlia.czio@jefferson.edu

More than a change of name

Connecting the generations of Jeffersonians, the College of Health Professions offers innovative academic programs to a highly qualified, culturally diverse student population with the primary goal of developing outstanding professionals and future leaders in health care. The College has a commitment to international leadership in health care education, through undergraduate and graduate programs and to the concept of lifelong learning. An integral component of the College is the generation of new healthcare knowledge through scholarship and applied, collaborative and interdisciplinary research. The College also addresses the needs of its community through service initiatives, Teaching, learning, scholarship, research, practice and community service are accomplished in a supportive environment that recognizes the distinct contributions of students, faculty, administration, staff, alumni and friends of the College.

Mission Statement
The College of Health Professions at Thomas Jefferson University provides innovative academic programs to a highly qualified, culturally diverse student population with the primary goal of developing outstanding professionals and future leaders in health care. The College has a commitment to international leadership in health care education, through undergraduate and graduate programs and to the concept of lifelong learning. An integral component of the College is the generation of new healthcare knowledge through scholarship and applied, collaborative and interdisciplinary research. The College also addresses the needs of its community through service initiatives, Teaching, learning, scholarship, research, practice and community service are accomplished in a supportive environment that recognizes the distinct contributions of students, faculty, administration, staff, alumni and friends of the College.

This is your life, and we want to know about it for Alumni Notes! (See next page)

Please complete this form and send it to:
Office of Alumni Relations
College of Health Professions
Thomas Jefferson University
130 S. 9th Street, Suite 711
Philadelphia, PA 19107-5233

Or e-mail your information to:
amelia.czio@jefferson.edu
The Review also appreciates receiving photos. Please try to include yourself in any photos you send. If you would like your photos returned, please enclose a stamped, self-addressed envelope.
DORIS ELIZABETH BOWMAN 1920-1997

It is with great sadness that the College of Health Professions announces the passing of Doris Elizabeth Bowman. Ms. Bowman was the former Director of Thomas Jefferson University's School of Nursing (Diploma Program). She graduated from Jefferson's School of Nursing in 1942. Upon graduating, she served in the military with the U.S. Army's 25th Hospital Unit. After obtaining her Bachelor's and Master's degrees in education, Ms. Bowman returned to Jefferson as an Instructor in Pediatrics in 1954. In 1960, she became Director of the School of Nursing, a post she retained until 1982. The book Companions to Excellence, a history of the School of Nursing, was dedicated to Bowman in 1982. She was designated Emeritus Professor of Nursing in 1982, the first member of the College of Health Professions faculty and the first woman in Thomas Jefferson University history so honored. Ms. Bowman’s portrait was presented to the University in 1980 and remains on display in McClellan Hall.

A service of memory and love was offered in Palermo, NJ. There was a private burial in Arlington National Cemetery in Arlington, Virginia. The family suggests contributions be sent to either: Elizabeth Bowman Fund, 834 Philadelphia, PA. 19107 or to the University's School of Sciences.

Maurice Bowman's portrait was presented to the University in 1982.

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Mindy (Winite) Wagner, NU'84, works at Pennsylvania Hospital in Philadelphia, in the neonatal nursery. She and her husband, Robert, celebrated the birth of their daughter, Rachel, on July 17, 1995.

Antonia Mangold, NU'86, was featured in a career profile column in The Philadelphia Inquirer in her role as nursing care coordinator for dialysis at Thomas Jefferson University Hospital.

Jeffrey DeFrehn, NU'91, is custom service supervisor for the Community Awareness Department of the Visiting Nurse Service System, which serves Southeastern Pennsylvania and New Jersey.

Ingrid (Penta) Moore, NU'92, works at Thomas Jefferson University Hospital in the transitional nursery. She is pursuing a school nurse certificate at Rowan University. Ms. Moore celebrated her second wedding anniversary in September, 1997.

Kimberly (Teffeau) Brouwer, NU'93, and her husband, Chris, announce the birth of their daughter, Grace, on July 25, 1995, and son, Hamilton, on January 30, 1997. Ms. Brouwer worked as a neonatal ICU nurse and is now staying at home with her children in Mt. Pleasant, SC.

Megan Bushnell, NU'93, received an MSN in nurse midwifery from the University of New Mexico, where she earned a full scholarship from the National Health Service Corps. She will provide midwifery care for underserved populations.

Pam Henderson, NU'93, has begun a post-baccalaureate program at the University of Pennsylvania. She expects to complete the program in two years and then apply to medical school.

Eline E. Lange, NU'94, graduated in May 1997 from the University of Medicine and Dentistry of New Jersey School of Nursing with an MSN degree from the adult nurse practitioner program.

Dave DeMarco, NU'94, spoke at the Pinning Ceremony for the College's Department of Nursing in May 1997.

Joanne (Sussman) Smith, NU'79, is shown here receiving the 1997 "Excellence in Nursing Award" from the Illinois Nurses Association. Ms. Smith is a part-time outreach coordinator in the maternal-fetal medicine department at Rockford Memorial Hospital. She has started working on her MSN.

Grace Ann Spina, NU'71, lives in Blue Bell, PA, and is employed at Montgomery County Community College as the Director of Health Services. She was recently certified in college health nursing and as a first responder for the Montgomery County EMS.

Laura Kay Freeman, OT'93, is a staff OT at American Transitional Care Rehab in Atlanta, GA. Her daughter, Abigail Faith, was born in September 1997.

Kate Howdershell Gazzetti, OT'96, presented an alumni perspective speech at the 1997 Occupational Therapy Class Night in May. She serves on the CHP Alumni Association Board.

Occupational Therapy
Sandy (Capoorera) Former, OT'85 (BS), OT'92 (MS), passed the CHT (Certified Hand Therapist) exam in November 1996. She is working as a hand therapist at Cherry Hill Physical Therapy in New Jersey (Division of Heartland Rehab). Ms. Former lives in Marlton, NJ, with her husband, Andy, and black lab, Pepper.

Adrienne Claudia Laner, OT'93, earned her master of science degree in health service administration. She is a full-time faculty member in the occupational therapy program at Nova Southeastern University in Ft. Lauderdale, FL.

Sharon Beekman, Bio'84, RN, assistant professor of nursing, addresses the awards ceremony audience after receiving the Fried and Sadye Abruins Award for Excellence in Clinical Laboratory Instruction.

Laura (Apt) Capoccia) Feranda, OT'85, is employed at Montgomery College. She received an MS in Occupational Therapy (Certified Hand Therapist) exam in November 1996. She is working as a hand therapist at Cherry Hill Physical Therapy in New Jersey (Division of Heartland Rehab). Ms. Former lives in Marlton, NJ, with her husband, Andy, and black lab, Pepper.

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Physical Therapy
Gretchen Harteis, PT'91, spent two months in South Africa at Medials Hospital in the Homelands providing quality health care to the community.

The Alpha Eta Society at the 1997 Awards Ceremony. Back row, left to right: Keesha Patten, medical technology; Julie Lynn Miller, cytotechnology; Kimberly Anne Fallone, diagnostic imaging; Emily Susan S. Ederen, occupational therapy; Scott Fouquier, occupational therapy; Robin Ratschler-Mosiac, nursing; front row, left to right: Amy N. Spence, occupational therapy; Amanda Joy Staudel, occupational therapy; Michele Ann Wilholt, nursing; Sonya Vargas, cytotechnology.

Photographs are Charles M. Pucke and Judy Scott Zeidler, diagnostic imaging; Leonard Aaron Goldberg, nursing; Amy Bennett, Marina Chonin, and Elena Nirenberg, physical therapy.
The College of Health Professions is pleased to thank alumni and friends who have made gifts to the College between July 1, 1996 and June 30, 1997. You have helped fund scholarships, teaching awards, research, laboratory equipment, academic departments, and student events and activities. Your generous contributions, which totaled $7,998, continue to support our students, educational technology, and important projects.

A special thank you goes out to alumni, friends, and family members who have made generous contributions to establish or continue to support endowments in the College of Health Professions. Interest from these endowments will provide support for our students. Each gift is a lasting tribute to the benefactors’ concern for and commitment to education for our nursing and health professions students.

The College of Health Professions is grateful to all of its contributors who believe in the mission of furthering education, research, and scholarly activity.

President’s Club
$1,000 or more Gift
- Jane S. Smith
- John D. Brown
- Mary L. Anderson
- Robert and Jane G. Johnson

Dean’s Club
$500-999 Gift
- Robert and Linda Johnson
- John and Jane Smith
- Mary and Jack Anderson

Benefactor’s Club
$250-$499 Gift
- Karen and David Johnson
- John and Mary Smith
- Robert and Linda Anderson

Century Club
$100-$249 Gift
- Susan and Michael Johnson
- John and Jane Smith
- Mary and Jack Anderson

Donors

Joy Field, CHP Alumni President (left) and Joanna Ludwik, CHP Alumni President, present a check in support of CHP’s new Center for Student Development to William Thrasyvoulou, MD, the College’s Assistant Dean and Director of Student Affairs and Services. The funds raised were used from the Annual Giving Campaign of alumni donors.

The new center, which has been an immediate hit with students, provides space for student classrooms, and serves as a student lounge, as well as student meeting, study, and break area.

Matching Gifts
The College of Health Professions recognizes the generosity of the following companies and corporate foundations, which have increased the value of employees’ gifts to us through their matching gift programs:
- SmithKline Beecham
- IBM International
- CoreStates Bank
- Citifoundation

Debra Bloom Lembart, BS’83,
Memorial Nursing Scholarship
This scholarship was established by her family in 1991 in memory of Debra Bloom Lembart, a 1983 BSN alumnus. Gifts have been made to the College that continue to support this important educational scholarship. The scholarship is awarded annually to a CHP nursing student who has demonstrated potential excellence in nursing and has financial need. We would like to thank the following friends and family who have donated generously to this scholarship fund during the period July 1, 1996 to June 30, 1997.

Is CHP in Your Plans?
You can create a legacy for CHP and its students with a gift by will or trust. Jefferson offers life income plans that provide you with income, tax deductions, and the ability to leave a lasting legacy.

For more information on life income plans or making bequest provisions, call or write:
- Frederic F. Fritts, Director of Planned Giving, Thomas Jefferson University, Philadelphia, PA 19107
- 215-955-7900

Please Note: Although every effort is made to produce an accurate list of donors, errors do occur. If your name is omitted or misspelled, please help us correct our records by calling the Office of Alumni Relations at 215-955-7700.

Regina, Julie NU’92
Riland, Martha NU’27
Robrecht, Mary NU’65
Roberts, Karen OT’91
Roma, Joseph NU’63
Rosa, Patricia DI’80
Romano, JoAnn MT’70
Rossell, Doris MT’34
Hudolovsky, Nancy DI’87
Schilling, Dorothy NU’83
Schlansky, Rita NU’39
Soloff, Susan NU’75
Scoulour, Karen DI’88
Shultis, Amy OT’95
Silka, Heidi NU’32
Slutz, Sherry NU’76
Smith, Mary NU’86
Snider, Sandra NU’35
Stewart, Grace A’95
Strange, Laura OT’80
Su, Nancy NU’94
Tagliavini, Lynda NU’75
Talbot, Dorothy NU’40
Tantano, Lisa OT’89
Torgus, Eileen NU’35
Trace, Eileen NU’86
Tully, Kathleen NU’81
Tunnard, Margaret NU’35
Underkoffer, Lora OT’96
Wagner, Julia OF’95
Wang, Gene MT’70
Weber, Marie PT’91
Williams, Myra, Dolores, MT’79
Weinstein, Kersteins OT’95
Wentman, Jodi OT’95
White, Scott NU’76
White, Joanne MT’73
Wissing, Jillie OF’96
Wojcik, Roberta OT’87
Wolber, Barbara DI’88
Woodman, Frances NU’74
Woolf, Frances CD’33
White, Joanne MT’73
Whitley, Jean MT’60
Wolber, Barbara DI’88
Woodman, Frances NU’74
Woolf, Frances CD’33
White, Joanne MT’73
Whitley, Jean MT’60
Three blocks from the College of Health Professions one of the nation’s most important public events in recent years took place, the President’s Summit on America’s Future. See The Review’s cover story, to learn how CHP demonstrated its commitment to community service before, as part of, and after the summit.

Board of Directors 1997–1999
Kay Barksdale, NU’92
Leigh Ann Bliss, OT’95
Paula Brodsky Simera, MT’94
Colleen Carey, NU’94
Kathy Cary, PT’93
Louise Clarke, CT’88
Jane Dietrich, DN’59
Timothy Fox, PT’95
Teri Halley O’Connor, DH’86
Michael Hartman, DF’88
Mark Harvey, NU’90
Kate Howdershell Guzzetti, OT’96
David Kernen, GS’96
Regina McCann Hess, NU’92
Dana Morrison, MT’87
Connie Mumper, DN’73
Sharon Rajnic, DN’67
Beatrice Rao, GS’92
Karen Beth Rohrer, OT’91
Margaret Seiler, PT’85
Douglas Stairs, CT/CTG’96
Linda Zaharly, MT’76, NU’81
Beverly Zimmerman, CT/CTG’97

Ex Officio
Mark Donati, NU’86
(Past President)
Rhonda Karp, CT’71
(Board of Trustee Representative)

Alumni Association Members Active with the Board:
Bonnie Lee Dymek Behm, RT’78
Elizabeth (Betty) Pierson, DN’34
Susan Adams Schweizer, PT’85
Margaret (Peggy) Summers, DN’41

Address correction requested