

Winter 1997

## The Review - Winter 1997/1998

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# Review

## The

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Alumni and Friends of the  
College of Health Professions,  
Thomas Jefferson University  
Winter 1997/1998

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## CHP Leads in Community Outreach and Volunteerism

*"Jefferson students have changed the way health care is delivered to Philadelphians who are homeless and marginalized. You have gone to shelters, to the forgotten neighborhoods, and to the streets to make health care accessible."*

— Sister Mary Scullion, a leading advocate for the homeless, speaking at the college's 1997 graduation ceremonies.

Maria Zerr, Esq., Jefferson United Way Cabinet Member and Executive Associate to the Assistant Dean for Development and Health Affairs at CHP, helps a young girl with her homework at St. Elizabeth's After School Program. Zerr was one among a group of more than 20 CHP volunteers who participated in the United Way Day of Caring. The team also conducted an energetic clean up and repair of a community center and community garden. United Way participation is one of the most important annual community services at the college. This year, the university also raised more than \$237,000 in the drive, chaired by CHP's recent past alumni relations and career development director Sue Henrie-Strup, RN, MSN, MEd. The college exceeded its own goal, with a contribution of \$9,410, made possible in part by the highest level of student group participation ever, including contributions from the Student Occupational Therapy Association, Nursing Student Government, Student Ambassadors from CHP, CHP Student Advisory Council, and the Residence Life Staff.

Last year, a College of Health Professions physical therapy (PT) student told a story to Diane Cornman-Levy, MS, PT, educational consultant in CHP's Center for Collaborative Research: The student was walking down the street near the Salvation Army's Gateway Center, a shelter where she and other students volunteer their time. A man from the shelter came up to her and said he wanted her to meet some of his friends. To a group of other men who were out on the street, he simply introduced her as someone who had changed his life. As the student related this incident to Cornman-Levy, the student was crying, moved by the feeling of empowerment that comes from having affected another person's life so profoundly.

These kinds of experiences hold together CHP's long-standing and expanding commitment to community service. Galvanized even further by the Presidents' Summit on America's Future in Philadelphia last April, a spirit of commitment to the city and the region now permeates many programmatic and discretionary activities of CHP as well as Jefferson's other colleges.

A large group of CHP students, including Tracy Reeves and Ann Parsons, both diagnostic imaging seniors, participated in the summit. Reeves and Parsons rode a bus with President Jimmy Carter and General Colin Powell, and worked alongside Carter at a site on Germantown Avenue.

"It was great," Reeves said of her experience. "Carter worked as hard as any of us. He stopped and talked to people for a while, but was quick to tell them that we were there to work for the community and not to socialize. He really showed everyone what the summit was about."

For many in the nation and in the city, the Presidents' Summit marked the first step in a national expansion of volunteerism and community service. But for students in the College of Health Professions, it was one more step along a path that began in earnest years ago.

See pages 10 and 11 for more CHP experiences in community service.

**Don't Miss the Reunion, September 26! See tear-out calendar.**



# profile



**Rekha Sankaran-Kutty, OT'97, displays the Student Life Award with William Thygeson, MEd, the college's Assistant Dean and Director of Student Affairs after commencement in May.**

## An OT Ambassador

### Rekha Sankaran-Kutty, 1997 Student Life Award Winner

This year's winner of the Achievement Award for Student Life, Rekha Sankaran-Kutty, could easily be known as Ambassador Sankaran-Kutty, at least when it comes to building a greater understanding of occupational therapy.

"I'm always working to try to bring OT out into the medical community more, as I tried to do in my volunteer activities at Jefferson," says Sankaran-Kutty, who completed the final rotation for her degree in December. "There is still a lot of confusion about what an OT does, and I think we need to make the field better recognized and understood."

While at Jefferson, Sankaran-Kutty gave her time to provide leadership and outreach in a number of forms. As an elected officer of the student Occupational Therapy Association, she led Occupational Therapy Week programs designed to increase awareness of her profession. She also participated in several in-service seminars for varied student organizations, focusing on how medical professionals benefit from what occupational therapy has to offer.

#### Making a Community Connection

Sankaran-Kutty found that her capacity as a resident assistant at her Jefferson residence hall gave her another way to share information about OT with individuals in many different fields of study. She worked with a diverse international population of students, fellows, patient families, and university guests.

Her successes in all these areas won her the 1997 Achievement Award for Student Life, given annually to a senior

who has made an outstanding contribution to student life in the College of Health Professions. As the only collegewide award given to a student, it is an especially meaningful honor.

"This year's winner made significant contributions at many levels," said Dean Lawrence Abrams, EdD, during the award presentation, "and has shown vigorous leadership."

When it comes to putting her OT skills into practice, Sankaran-Kutty hopes to work in a community setting, inspired by her positive experience with the Salvation Army Gateway Service Center (see cover story). "I had an internship with this homeless shelter and loved it," she says. "There is such a demand for OT services there."

#### Will Present Journal Nationally

A highlight of her work at Gateway was a special journal project she developed with a medical student also working at the center. They teamed up with those who came to the shelter to publish *The Gateway Community Journal*, which features clients' original writings.

"We didn't change any of their work except for correcting spelling," says Sankaran-Kutty. "We wanted them to feel unrestricted and know they could say what they wanted to. It gave them a sense of accomplishment, which many of them need, and which many of them have had limited chance to feel in their lives. To see what they had written in print was a powerful step for them."

Sankaran-Kutty will present the journal project at the next American Occupational Therapy Association National Conference. Two editions of *The Gateway Community Journal* have been published.

#### Enjoying Diverse Opportunities

Her course affiliations have involved a wide range of assignments, including a psychiatric hospital where she worked with the criminally insane. "It was a very demanding population. You had to set limits and always think on your feet. I really enjoyed that challenge," she recalls. "It was another place where I could really see OT having an impact. We worked on anger management and coping skills to deal with aggressive behavior."

Her final affiliation involved working at a rehabilitation hospital. "There is so much diversity in OT, that's what I love about it," adds Sankaran-Kutty. "It is the best field out there. I can't wait to get out in it." ■

# con: Managed Care

## Con: It's Pulling the PT Profession Down

by Donna Pelura, MS, PT'86  
Pool/Registry Therapist, Therapists Unlimited, San Diego, Calif.

Because of managed care, being a therapist now means something very different than when I graduated. The main concern of providers and third-party payers is, increasingly, productivity. Unfortunately, this bottom-line mentality results in little regard for PTs as professionals.

In part because managed care is less interested in maintaining PTs on full-time staff, many in my field are going to part-time or per diem arrangements. I work in a registry pool where, if I want to have work, I have to take nursing-home patients exclusively, most of whom are Medicare, Medicaid, or HMO patients.

We are forced to set tight, specific time allotments for patient visits. These time blocks include paperwork and, if after 30 minutes, you're not done with a difficult evaluation or procedure, you still have to finish the work without any extra pay.

Patients recognize when you're burned out or when you don't have sufficient time for them. More often, we have to pass them off to PT assistants or the unlicensed aides. With managed care's emphasis on the bottom line, providers and payers are realizing that it's cheaper to shift care to assistants. Meanwhile, the pay for PTs, which has never been generous, has leveled off.

My friends and colleagues working in various capacities and environments as PTs, whether on staff or not, have these same experiences. They feel less on par with other professionals, illustrated in just one way by little or no support for their continuing education needs.

Experience (such as my 11 years) and advanced degrees (such as my master's) are not getting us more compensation or opportunities. The PT today has low job security and is lucky to get a true cost-of-living increase each year. The American Physical Therapy Association (which I can't afford to join) should be doing more about all this.

I don't think that these developments are in the long-term interest of my patients. It's a situation where practices and institutions just want you to capture their charge as expeditiously as you can. The flexibility and respect are disappearing from our profession as a result of managed care.



**Donna Pelura, MS, PT'86**



**Kathy D. Cary, MS, PT'93**

## Pro: It's Here and It's an Opportunity

by Kathy D. Cary, MS, PT'93  
Manager, NovaCare in Juniata Park, Philadelphia, Pa.

Managed care is here to stay. The question is no longer "if" managed care but "how" managed care.

No doubt, we've all had some negative experience with it. When Medicare stopped paying for hot and cold packs, it certainly affected care in our clinic. But I believe that PTs must make the best they can of managed care.

Yes, it's based on cost analysis. But is that bad? We all agree that health care cannot have unlimited resources.

Managed care challenges those of us who deliver medical care to look closely at what we do and to be on top of it all the time. It makes us ask whether a given patient could do just as well with less care than he might have been given in the past. And to examine why one patient might get better in her allowed 10 visits and another might not.

And there are choices under managed care. We do have decision-making power. Both are connected with the need to communicate with doctors and patients, because it's our clients and referrers who often don't understand the options and permitted benefits in managed care. Explaining these features gives us another avenue of establishing good rapport.

Many patients will be surprised when you tell them that much of what can be done for their recuperation and wellness is their responsibility, and that as therapists we're just here to help. Managed care keeps us pointed toward getting patients to take charge of their recovery. And I find that most patients are accepting of limits on care and of their own role in rehabilitation and health maintenance.

It's true that small practices will have trouble competing, but when NovaCare, a large managed-care rehabilitation network, bought the free-standing outpatient facility where I work, we gained better job security and access to a huge pool of patients insured by managed plans.

It is probably easier for those of us who have practiced under managed care from the start. But if we all do what needs to be done under it, the PT field will not only retain its strong standing but be put in a favorable light. ■

**The Review welcomes opposing points of view as well as submissions of editorials on other topics. Send to: The Review, College of Health Professions, Thomas Jefferson University, 130 S. 9th Street, Suite 1620, Philadelphia, PA 19107-5233. Fax: 215-503-7241. e-mail: amelia.ezzio@mail.tju.edu**



# expert advice

## Managing Dementia at Home: *Finding Support, Exploring Solutions*

Where do you turn? One day you sit down for a game of bridge with your mother, who's been playing the game for as long as you can remember, and she forgets the rules. The next day, she goes out for her daily visit to a friend's house, and she can't find her way home.

Dementia, a progressive neurologic condition, is a leading cause of disability in our aging population. Whether resulting from Alzheimer's or other causes, it can overwhelm a family when it strikes.

"The most important message is that health professionals can provide support and meaningful intervention to the person with dementia and the caregiver," says Laura Gitlin, PhD, CHP's Director of the Community and Homecare Research Division of the Center for Collaborative Research. "Exactly how the healthcare community can help best is the focus of significant research at the moment."

Gitlin, also a professor in CHP's Department of Occupational Therapy, has developed some key suggestions as a result of her research on dementia:

**When there are signs of decline, get a comprehensive evaluation.** Out of character behavior often tells people that something may be wrong with a loved one. Most will first turn to their primary-care physician, but Gitlin recommends an evaluation as well by a geriatrician, neurologist, or geriatric psychiatrist.

"Physical or mental conditions may cause forms of dementia that are reversible," says Gitlin, "so there must be as clear a diagnosis as possible."

**Plan for the future.** Often most jarring is the initial stage in which the individual can understand what has begun to happen. Ideally, dementia is diagnosed at this stage, though, so that the individual can be involved with family members in making plans for the future.

"This planning should involve a whole range of issues," notes Gitlin, "from estate and financial planning to living arrangements, to deciding who can support the person in decline."

**Find support.** Support groups help caregivers, and people in the early stages of

dementia. "At the point where the individual can still articulate the experience and what it means for the future, it can be extremely frightening," explains Gitlin.

**Explore various strategies.** In her recent research, Gitlin has been working with OTs and the Housing Department of Philadelphia, Corporation for Aging, on using environmental modifications to help minimize the effects of functional decline and behavioral difficulties of dementia patients. For the Philadelphia REACH project, which is examining such approaches, she serves as principal investigator with co-investigator Mary A. Corcoran, PhD, OTR/L, who until last spring was Acting Chairman of OT at CHP. Corcoran is now an associate research professor at George Washington University, in Washington, DC.

REACH (Resources for Enhancing Alzheimer's Caregiver Health) is a five-year research project funded by the National Institutes of Health. Six sites throughout the country are testing different community and home-based intervention strategies designed to improve the well-being of families caring for individuals with dementia.

"The nature of caregiving changes at the moderate stage of dementia, and that's where we're testing our interventions," says Gitlin. "It's a point in the disease process that is very hard for caregivers."

Gitlin and Corcoran are using environmental modifications to help manage problems faced by caregivers, such as bathing, dressing, incontinence, and wandering. These strategies include altering homes (e.g., a roll-in shower), modifying objects (e.g., removal of clutter), simplifying tasks (e.g., setting up a daily routine), and using assistive devices (e.g., safety locks).

"No single strategy works for everyone," stresses Gitlin, "so interventions need to be individualized to address the specific needs of caregivers and their living situation." She notes that environmental modification may work effectively in tandem with pharmacological and behavior-modification techniques, but that this approach requires further testing.

"I encourage a comprehensive approach in working with the family and the affected individual," adds Gitlin. ■

Dr. Gitlin (right) discusses kitchen modifications with the caregiver daughter of a patient with dementia.



# degree profile

## Biotech Degree Sends Grads into Latest Market Opportunity

Whether it's at the Amgens and Genentechs of the industry, the smaller up-start companies, traditional pharmaceutical firms, or the leading academic research labs, the biotechnology field has grown steadily and is in significant need of qualified personnel. And that's an educational need that the College of Health Professions is now answering.

The college's biotechnology program accepted its first students in the fall of 1995, and last spring had its first three graduates: Meghan Hindman (*see sidebar*), Vu Nguyen, and Lyle Rawlings. Hindman and Nguyen received their baccalaureate degrees after two years at other colleges and then junior and senior years in the Jefferson program, whereas Rawlings received a post-baccalaureate certificate.

"We see a need for BS-degreed individuals in biotechnology companies, and we gear the program to those who will be working in such companies," says Lydia McMorrow, PhD, Associate Professor, Laboratory Sciences, and Program Director for Biotechnology and Cytogenetic Technology. "The field has tremendous growth potential that will translate into careers for our graduates. It seems every day new biotech companies are starting up."

### Defining a New Expertise

Biotechnology as a field is so new and quickly expanding that it defies easy definition. Put most simply, biotechnologists use cells from the body to produce new drugs.

"Biotechnology is an umbrella term that encompasses lab techniques in molecular biology and molecular genetics," explains McMorrow.

CHP's program combines classroom and laboratory experience including opportunities in research laboratories at Jefferson and affiliate institutions, such as the Coriell Institute for Research. It prepares technologists to participate in designing, researching, developing, and preclinically testing diagnostic and therapeutic agents, methods, and systems in:

- immunology, immunochemistry, and immunodiagnostics;
- recombinant DNA and related molecular biological techniques;
- cell sorting, flow cytometry, and related digital imaging techniques;
- protein chemistry and molecular imaging techniques;
- and cell and tissue culture.

"The curriculum also incorporates molecular modeling, which is at the cutting edge of technology used in drug design," says Dr. McMorrow.

### Broad Preparation at a Leading Center

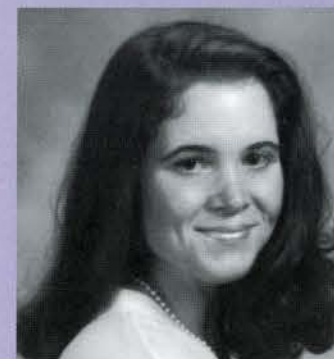
Students can take advantage of Jefferson's facilities and activities as a world-class academic health center, and can benefit from working directly with its renowned faculty, advanced equipment, and teaching and research resources. Some biotechnology courses are also open to nonmatriculating students who may be interested in the field or wish to take courses for continuing education.

Although training at Jefferson prepares students for employment in health-care biotechnology, academic, and industry settings, graduates whose interests lie in agricultural or environmental sectors of the industry are expected to find their skills readily adaptable to those settings. Graduates should also find themselves prepared for graduate-level programs in related fields.

Gaining highly marketable skills, two members of CHP's first class of biotech graduates, Meghan Hindman (right) and Vu Nguyen (center) attend a laboratory class session.



## A biotech student with many choices



Meghan Hindman, BT'97

Meghan Hindman had to decide: Go for the money or continue her education? Like sought-after graduates of other fields that have strong job opportunities, Ms. Hindman had to decide whether to accept well-paying industry job offers directly after graduating from CHP's biotechnology program or further her studies.

Ms. Hindman, who graduated in 1997, decided to pursue the terminal degree in her field first. A Farber Scholar while at Jefferson, she is currently working on her PhD in molecular oncology and immunology under a fellowship at the Sackler Institute for Biomedical Research at New York University.

"I came into Jefferson's biotech program because I wanted a rewarding research-related curriculum in that discipline. I really liked the description of the program," she says. "I was at a four-year college majoring

in biology and didn't feel I was getting the education I wanted. I was interested in research and medicine, and Jefferson's program was a good fit."

The surge in the biotech industry in the early 90s piqued her interest. With aspirations for a research career there, she transferred to the CHP program.

"I was looking for a more hands-on approach to training," she says, "and I got that at Jefferson — along with opportunities to do regular rotations in research labs. I benefited from the intensity of the environment. It was a total science curriculum for two years."

Starting graduate work gave her an even better appreciation of her education at Jefferson. "I definitely had an advantage over other students coming in here, and I still see it."



# alumni updates

## Join the JEFFLINE Alumni Connection!

Visit the JEFFLINE digital office at <http://jeffline.tju.edu> and then click on the alumni diploma. View the alumni home page and learn how to subscribe to the Alumni Connection.

As an Alumni Connection subscriber, you can access electronic information resources on JEFFLINE from your home or office. A subscription entitles you to search seven databases on an unlimited basis: Medline, CINAHL, CancerLit, HealthSTAR, BioethicsLine, AIDSLine, and ERIC (Education Resources Information Center). The Library uses the highly regarded Ovid Technologies interface to search all seven databases. This frees you from learning multiple search rules and techniques. The subscription rate of \$60 (\$10/month) entitles you to unlimited database searching for a six-month period.

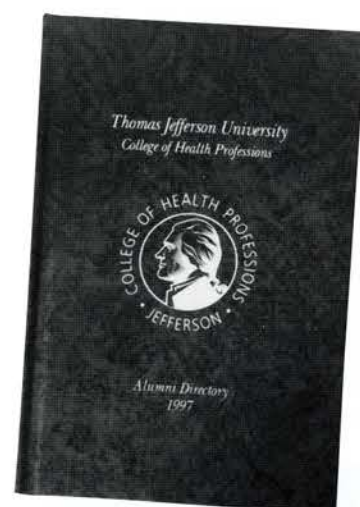
After completing a search, consider taking advantage of the JEFFDocs service. If you need an article from the more than 2,200 journal titles available in the Scott Library, submit an online JEFFDocs request and have the material quickly faxed or mailed to you. Current per-article rates are \$5 for mail delivery and \$10 for fax delivery.

For more information, please contact the JEFFLINE Alumni Connection Liaisons:

Barbara Laynor 215-503-9684 Gail Leone 215-503-9741  
e-mail: [liaisons@jefflin.tju.edu](mailto:liaisons@jefflin.tju.edu)



Cheri Pfafman, Assistant Director of Admissions (center) gets a chuckle out of a fun-filled tour of CHP's alumni services Web pages. At the Center's Open House, its Acting Director, Lisa Cohen (far left), demonstrated these portions of CHP's Website to Ron Nordone, Associate Director of Admissions (second from left), Megan Welliver, second-year PT student (far right), and others. Visit the Center's Web pages at <http://jeffline.tju.edu/CWIS/CHP/cdc/>



**Network! (Hire and get hired!) Reclaim old friends! Discover where your fellow alumni live and work now! Do all this and more with CHP's new alumni directory. For ordering information, see the back of your pull-out alumni calendar in this issue of The Review.**

## Alumni Volunteers Needed for ID Clinical Care Planning

CHP is offering ID 402: Interdisciplinary Clinical Care Planning, the final course in its new interdisciplinary curriculum during the spring 1998 semester. Course faculty members have planned a variety of activities to enhance the students' understanding of interdisciplinary relationships and collaborative care. The college welcomes participation in the course by its alumni. The class is held on Mondays, 4:00-6:00 p.m. If you would like to share your time and expertise with the students for **one two-hour class period** during the semester, please contact Peggy Griffiths, Course Coordinator at 215-503-7557.

Lorie Coole-Foust, PT'85, and Monique Dundore, OT'85, were instrumental in creating CHP's case management program, which reintroduced cross-discipline training and education to the students and eventually led to CHP's ID courses. They, along with Nancy Powell, DN'51, have also assisted in planning ID 402.

## A check from Jefferson to you?

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a new student center on the 18th Edison Building that we would get as our fundraising project. been to the center, you too have immediately important it has students. But we cannot yet ne center complete. For exam- nts need computers located in for their use.

tion, our support for other capi- items in all departments will be along with our support—as or students in need of financial

tember, we are planning a which all CHP alumni from any class may participate. You'll ther details in the upcoming ee and post the pull-out calendar e!) The reunion is a great way to r with friends and former class- le enjoying good food and music. it's never too late to get involved alumni association. We need your leas for maintaining the best nt possible for present and future the college. Remember, it's our and alma mater, so let's show our one of the nation's leading sessions colleges! I'm proud to be graduate and I hope you are too. rward to seeing you at the many ned this year.

incerely,  
ld BS, CT'88, CT(ASCP)  
umni President

s facility on campus, and all de a cardiovascular room, weight se/aerobics studio, gymnasium, mmons, you can also take advan- aerobics, yoga, martial arts, per- much more. Additionally, as a e variety of social and cultural about *The Commons Fitness*

## Please send me information about how I can:

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In 1996-1997 alumni donated  
to 18 areas in the college/university:

- 1) General Scholarship Fund
- 2) Student Scholarships for Nursing
- 3) Student Scholarships for Laboratory Sciences
- 4) Student Scholarships for Occupational Therapy
- 5) Student Scholarships for Physical Therapy
- 6) Student Scholarships for Diagnostic Imaging
- 7) Department of Diagnostic Imaging
- 8) Department of Laboratory Sciences
- 9) Department of Nursing
- 10) Department of Occupational Therapy
- 11) Department of Physical Therapy
- 12) Research Fund for Nursing and Allied Health
- 13) General College Fund
- 14) Laboratory Sciences Equipment Fund
- 15) Student Life Facilities and Programs
- 16) Teaching Equipment and Materials
- 17) Physical Therapy Human Performance Laboratory
- 18) National Center for Dental Hygiene Research

**Let your friends see that you are  
a CHP supporter.**

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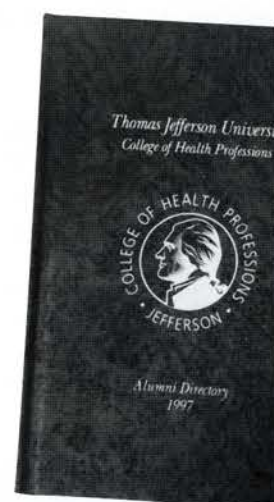


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alumni directory in this issue  
of The Review.**

# board

## alumni

### Greetings from your new Alumni Association Board President!

I'm excited about all the many activities and plans we have for 1998. We have a fantastic group of new board members with a great deal of charisma. Please feel free to contact me or any board member if there is an issue that you would like to address.

Our annual giving campaign this year centers on some very tangible concerns.



Dean Lawrence Abrams hosted officers and members from CHP's Alumni Association Board of Directors, and from the Jefferson Nurses Alumni Association (JNAA), at a luncheon in November. The event marked the first time that the two groups had formally held such a meeting. Front row, left to right are Joann Ludwig, RT'67, CHP Alumni Board Vice President; Alice Boehret, NU'42, President, Ex-Officio, JNAA; Lisa Strohl, DI'93, CHP Alumni Board Secretary/Treasurer; Elizabeth Greenlee, NU'50, Treasurer, JNAA; and Mary Schaal, NU'63. Back row, left to right are Dean Lawrence Abrams; Jay Field, CT'88, CHP Alumni Board President; Sue Henrie-Strup, recent past Director of Alumni Relations; Lorraine McCall, NU'49; Nancy Powell, NU'51; and Jane Dietrich, NU'59.

CHP has a new student center on the 18th floor of the Edison Building that we would like to target as our fundraising project. If you've been to the center, you too have seen how immediately important it has become to students. But we cannot yet consider the center complete. For example, students need computers located in the center for their use.

In addition, our support for other capital budget items in all departments will be a priority, along with our support—as always—for students in need of financial assistance.

For September, we are planning a reunion, in which all CHP alumni from any graduating class may participate. You'll receive further details in the upcoming months. (See and post the pull-out calendar in this issue!) The reunion is a great way to get together with friends and former classmates, while enjoying good food and music.

Finally, it's never too late to get involved with your alumni association. We need your help and ideas for maintaining the best environment possible for present and future students of the college. Remember, it's our university and alma mater, so let's show our support for one of the nation's leading health professions colleges! I'm proud to be a Jefferson graduate and I hope you are too. We look forward to seeing you at the many events planned this year.

Most sincerely,  
Jay Field BS, CT'88, CT(ASCP)  
CHP Alumni President

### Alumni, don't forget: University exercise facilities are available to you.

Reminder: The Commons is the TJU multipurpose fitness facility on campus, and all alumni are eligible to join the Commons. Facilities include a cardiovascular room, weight room, swimming pool, sauna, locker rooms, group-exercise/aerobics studio, gymnasium, and racketball court. In the program available at the Commons, you can also take advantage of massage therapy, intramurals, scuba certification, aerobics, yoga, martial arts, personal fitness training, aquacise, swimming lessons, and much more. Additionally, as a Commons member, you are entitled to discounts on a wide variety of social and cultural programs offered through the year. For more information about The Commons Fitness Center, call 215-503-7743.



Views of the  
cardiovascular  
room at  
the TJU  
Commons.





## Learning While Helping the Needy: An Ideal Match

*"Reaching out to the suffering in our city empowers you to be more than healers. You are agents of transformation. For as you come to know the pain and suffering of another, you are moved to respond. You no longer are able to view health-care as separate from poverty, violence, and disinvestment in neighborhoods and the city."*

— Sister Mary Scullion, a leading advocate for the homeless



Community service is proving to be the right experience for health professionals in training at CHP. Here, Diane Cornman-Levy, MS, PT, (left) and Molly Snyderman, a physical therapy student, work with a client, Mark Draper, at the Gateway shelter, as he demonstrates a universal weight machine at the opening of the new Hands of Hope Health and Wellness Center created by CHP student volunteers.

# community service

"Please be here again."

"I want you to come back."

"God bless you for doing this. I think this is going to be a positive influence on my life."

These are among the comments that College of Health Professions students have heard from the many individuals whom they have helped recently in the community. Such feedback is a reward that helps keep CHP people committed to volunteering, and that has helped to expand and solidify community service as part of the CHP experience for many students and faculty.

A recent inventory revealed more than 40 community-based initiatives sponsored by the college. Students participate in most of these, and CHP has made community service an elective of its curriculum, as well as an extracurricular activity. A select group of students from nursing, occupational therapy, and physical therapy are involved. Two key examples of the initiatives are the Salvation Army Gateway Center in Philadelphia and a program called TAGAdapt.

### Focus on a Needy Shelter

The college's involvement with the Salvation Army shelter evolved from two directions. Several years ago, nursing students began participating in JeffHope, a clinic run at the shelter by Jefferson Medical College students. The students met with homeless people who signed up to see a health professional. Nurses- and physicians-to-be work as a team, learning to provide high-quality health care.

"We want nursing students to develop strong skills in health education and health promotion," says Joan Jenks, RN, PhD, Associate Professor of Nursing. "The shelter gives students experience in working with individuals who are not so ill as to require hospitalization and with individuals who are not ill at all but who can benefit from preventive care."

At the time the nurses became involved, Diane Cornman-Levy, MS, PT, now an educational consultant at CHP's Center for Collaborative Research, had moved to Philadelphia from Chicago, where she had worked with a homeless population. Soon after arriving here and joining the CHP Physical Therapy Department faculty, she met Sister Mary Scullion, Executive Director and Co-Founder of Project HOME, and winner of the 1992 Philadelphia Award. Sister Mary helped confirm Cornman-Levy's percep-

tion of a real need for physical therapy services among the homeless.

Cornman-Levy began consulting at a homeless shelter. "But there was so much to accomplish, I was feeling overwhelmed," she says. "So, I met with physical therapy students and discussed the situation. The meeting turned into a brainstorming session in which the students suggested starting a clinic."

As the idea developed, the PT students chose the Salvation Army Gateway Center, where JeffHope was under way, to create a program of volunteer PT care. At the start of the program, students arranged for donations from the community for virtually every necessity. The program became Hands of Hope (see photo), which is now an integral part of the multi-disciplinary services at Gateway. It led to a three-year grant to develop a program to train Jefferson students to create interventions for homeless individuals residing at four shelters.

"These clinical programs fulfill the academic goals we have established," says Cornman-Levy. "The students learn skills of assessment and intervention and team-based care. Equally important, they provide services to people who would otherwise not receive this level of care."

### OT Helps Shelter and Tenants

Occupational therapy (OT) professor Laura Gitlin, PhD, directs CHP's Community and Homecare Research Division of the Center for Collaborative Research, for which she has secured important grants in collaboration with Kathy Swenson-Miller, MS, OTR/L, instructor and coordinator of the undergraduate OT Program. Student participation includes a project in which OT students work at three Salvation Army centers, including Gateway. One OT student even helped shelter clients publish a journal of their writings (see page 4).

"Through community outreach, we promote service, research, and education all at once," says Gitlin.

*"In a society that often stigmatizes and dehumanizes those who are poor, you have engaged in caring personal relationships . . . You treated not only the physical wounds but you took time to recognize the invisible wounds of racism and classism that divide and diminish us."*

— Sister Mary Scullion



At the Presidents' Summit, President and Mrs. Clinton worked with past Presidents, dignitaries, and thousands of volunteers in an historic clean-up of Germantown Avenue in Philadelphia. CHP and other Jefferson volunteers also worked elbow to elbow with former Presidents Bush and Carter, as well as with General Colin Powell. The event initiated a wide-reaching, long-term effort to expand citizen involvement in volunteerism and community service geared to children and youth.

"And, OTs working in shelters learn skills they could not get elsewhere," adds Swenson-Miller.

Other OT students work with the Tenant Action Group (TAG) in a program called TAGAdapt, which provides bathroom equipment to older renters who are frail. Included among the devices are grab bars, commodes, hand rails around toilets, and equipment that promotes safe bathing.

TAGAdapt asked the CHP students to perform assessments to determine the level of benefit of the program. Students went on site at TAG, got to know the agency, and made some recommendations. A second group of students devised and conducted a follow-up survey of more than 100 adults who have received bathroom equipment. Gitlin and co-workers produced a referral model by which TAG could identify individuals who might need more care than TAG could provide.

OT activities also include home-based programs for people with dementia and their families (see page 6), and client-centered OT at home for persons with spinal cord injury.

### Assisting Women, Children, Seniors

In addition to playing a key role in JeffHope, CHP's Department of Nursing offers many other community service opportunities. For example, nurses-in-training gain clinical experience in settlement houses, helping with pediatric and ob/gyn care. Another nursing student group identified an elementary school in North Philadelphia that had no school nurse and constructed a health-education program there. Still another group went to the Philadelphia Senior Center and provided blood pressure screenings once a week.

According to Jenks, who directs CHP's baccalaureate nursing program, community service fulfills the philosophical goals of her department. "As a program in center city, we feel it's important to be a part of the community around us, and it helps us to instill in our students the value of volunteerism, a value we want them to have their entire professional careers."

### Changing Delivery and Learning

CHP students affect the way care is delivered in the programs where they volunteer. TAG changed internal operations after the assessment by the first group of CHP students. In addition, student volunteers have made a major impact at the shelters, including Gateway, where they have started a health and wellness program featuring exercise, health promotion, and preventive care.

Says Gitlin, "The students developed many of the materials and strategies that Gateway and the other shelters are using to determine what steps individuals in shelters have to take to move toward independence."

What began as an experimental program fueled by the enthusiasm of a small group of students is gaining momentum. "CHP students who volunteer can tell that they are influencing the educational experience here," says Cornman-Levy.

Today, CHP graduates enter an environment in which hospitals are less able to provide care to entire communities. Care is increasingly delivered locally, including at centers serving less-enfranchised populations. Community experience at CHP will help graduates maintain high standards of care in all environments.

## Knocking Down One-to-One Care Barriers

CHP students in community service get the invaluable chance to work with people from backgrounds different than theirs. The interaction between the students and clients at shelters helps break down racial and gender barriers. The Gateway Center shelter, for example, has 70 adult male residents, and as many as 200-300 people who come for day services.

"A primarily white, female group of students is working with a group that is 90 percent African-American men," notes Cornman-Levy. "As they work together, a real trust and respect has developed between them. The most important message we send is that we believe in them. And it works."

"Every week something special happens," says student Molly Snyderman, PT senior who directs the CHP physical therapy program at the Gateway Center. "Someone always makes a connection with a client. A few weeks ago, a man came in and said he wanted to do something good for himself, but he needed someone to motivate him. He had experience with weight training in the past, so we worked with him and he began a regular weight program. The gratitude he has expressed to us for just that is amazing."

Snyderman says that her work at the shelter is about establishing relationships. "A lot of clients are angry at the beginning, but after a couple of weeks they turn to us and say, 'Please be here again. I want to come back and work on this some more'."

"Through their volunteering, students get more than just a great hands-on experience," says the Department of Nursing's Joan Jenks. "They gain skill in interacting with individuals from the same, varied cultural and socio-economic backgrounds that they will encounter when they go out into the workforce as health professionals."

*"Through external forces, including the marketplace, too many of our sisters and brothers are left without basic care. Our health system is in need of healing . . . May you be compelled and inspired by a vision of the health of the entire community in which each one of us and all of us are able to flourish."*

— Sister Mary Scullion



# alumni events



Students discuss career opportunities with an employer at the Nursing and Allied Health Career Day. This annual event, to which all alumni are welcome, is sponsored by the Career Development Center. It brings employers to the campus from all over the United States.

Several alumni and former faculty members from the CHP's Department of Dental Hygiene reunited at the American Dental Hygienists' Association (ADHA) 74th Annual Session, last June 18-25 in Atlanta, Ga., to celebrate their colleagues' awards. Anne Eshenaur Spolarich, PhD, former Clinic Coordinator, received The Warner Lambert Award, national recognition for outstanding achievements in all six roles of the profession of dental hygiene. JoAnn Gurenlian, PhD, former Chair of CHP's Department of Dental Hygiene, was honored for 15 years of significant contributions to the profession, receiving the Irene Newman Professional Achievement Award. Cathy Trevorio, MS, former community health faculty member, received the Distinguished Service Award for contributions to the profession.



Shown here, left to right, are Lillian F. Caperila, MEd, DH'89, Harcum College faculty; Jane L. Forrest, PhD, Chair of the Department of Dental Hygiene and Director, National Center for Dental Hygiene, CHP; Lori Stockert, DH'93, Colgate Sales Representative; Linda G. Kraemer, PhD, Senior Associate Dean, CHP, and former department chair; Diane O'Fee Powers, DH'86, Philadelphia Public School Hygienist; Dr. Gurenlian, who is also President of Gurenlian & Associates; Ms. Trevorio, former faculty member; Dawn Walters, MS, DH'90, Camden County College faculty; Jaclyn M. Gleber, Director of Continuing Professional Education and former faculty member, CHP; Susan Callahan Barnard, MS, DH'82, Bergen County Community College faculty and ADHA District II Trustee. Absent from the photograph were Joan Gluch-Scranton, PhD, Director of Health Promotion, University of Pennsylvania School of Dental Medicine and former clinical coordinator; Kathy McAdoo, DH'91; Linda Matamoros, DH'81; and Dr. Spolarich.

Networking Night coincided with Match Day for the College's Alumni Mentor Program, a program that matches students with alumni who have similar career interests. Introductions were made at the Networking Night for those mentors and students in attendance. Here, two students discuss opportunities.

This year in the Alumni-Mentor Program, 151 alumni have volunteered their services to 142 current students registered for the program. Alumni provide their career information and permit the College's current students and alumni to contact them. If you have interest in serving as an alumni contact, please call the Career Development Center at 215-503-5805.



## events

upcoming

### Alumni Spring Brunch

Sunday, April 5, 1998  
10:30 a.m.-1:30 p.m.  
\$25 per person  
Adams Mark Hotel—  
The Marker Restaurant  
(private room for Jefferson  
Alumni Association)  
City Line and Monument Ave.  
Philadelphia, PA 215-581-5010  
Alumni Spring Brunch Chairperson:  
Margaret Seiler, PT'85  
800-284-2876 ext. 8569

#### Agenda

10:30 a.m. Welcome and social meeting  
11:00 a.m. Buffet Brunch  
12:00 noon  
—12:30 p.m. Guest Speaker,  
Stephanie N. Naidoff,  
President, Regional  
Performing Arts Center,  
Philadelphia, Pa.  
12:30 p.m. Questions and Answers  
1:00 p.m. Wrap up

### Alumni Reunion-Day Excitement

Network, reacquaint, hear the latest. Alumni Reunion Day for the College of Health Professions at Thomas Jefferson University has been scheduled for September 26, 1998. Alumni Reunion Day is being planned by the following members of the Alumni Association: Jay Field, CT'88; Dana Morrison, MT'87; Kathy D. Cary, PT'93; Kay Barksdale, NU'92; and Margaret Seiler, PT'85.

The Alumni Reunion Day will begin with an informal reception and welcome on Saturday. Afternoon activities will include topic workshops for specific alumni groups. Subjects will include: DH Net, Dental Hygiene's Home in Cyberspace; Fieldwork Seminar for Occupational Therapists; and more seminars to be added. Campus tours, historic walking tours, happy hour in the Faculty Club, and shopping will also be available as part of the afternoon activities. The Commons Fitness Center (which has work-out equipment, a pool, sauna, showers, and lockers) will also be available for alumni to use from 3:00-6:00.

The gala celebration begins Saturday evening at 6:30 with cocktails. Dinner will be served at 7:15. Entertainment and dancing will follow.

The reunion is open to all alumni and includes a special invitation to the following classes celebrating their 5th, 10th, 15th, 20th, 25th, and 30th reunions, respectively: 1993, 1988, 1983, 1978,

(continued)

## 1998 alumni calendar of events

### JANUARY 1998

#### January 20, 1998

6:00 p.m.-9:00 p.m.  
Alumni versus Student Volleyball  
Tournament followed by a Pizza Night,  
Jefferson Alumni Hall

#### January 30, 1998

8:30 a.m.-4:30 p.m.  
"Your Next Career Move:  
Planning for Success"  
Sponsored by the Office of Continuing  
Professional Education, College of  
Health Professions, Bluemle Bldg.

### FEBRUARY 1998

#### February 2, 1998

5:30 p.m.-8:00 p.m.  
Career Networking Forum  
An event for alumni and students to  
meet, exchange job openings, discuss  
career options, and have fun!  
Thomas Jefferson University,  
18th Floor Edison Bldg.

#### February 21, 1998

9:00 a.m.-11:30 a.m.  
Alumni Association Board Meeting  
Open to all students and alumni.  
Call 215-503-7709 for more information.  
Thomas Jefferson University,  
18th Floor Edison Bldg.,  
Center for Student Development

### MARCH 1998

#### March 16, 1998

12:00 noon-2:00 p.m.  
Spring Job Fair  
If you're an alum and you are  
interested in job searching and  
networking, come to this job fair.  
Jefferson Alumni Hall

### APRIL 1998

#### April 3, 1998

9:00 p.m.-11:00 p.m.  
CHP Alumni Reception at the  
American Occupational Therapy  
Association Annual Conference  
Renaissance Harbor Place Hotel  
Federal Hill Room, Baltimore, Md.  
Call Rick Weaver at 215-503-8011  
for more information.

#### April 5, 1998

10:30 a.m.-1:30 p.m.  
Alumni Spring Brunch  
Featuring: Guest Speaker  
and networking/socializing  
with fellow alumni.  
Adams Mark Hotel  
City Line and Monument Avenues,  
Philadelphia, Pa.  
\$25/person. Call 215-503-7709 for  
more information or reservations.

(calendar continued)

and more efficient internal gov-  
ernance of the college. Keep your eye on  
the college. Keep your eye on the  
helps to lead the expanding  
for the health professions that  
is bringing!

### Mission Statement

The College of Health Professions of  
Jefferson University provides  
academic programs to a high-  
level, culturally diverse student  
body with the primary goal of  
producing outstanding professionals and  
leaders in health care. The College  
commits to international lead-  
ing healthcare education through  
graduate and graduate programs  
and the concept of lifelong learning.  
An integral component of the College is  
the acquisition of new healthcare knowl-  
edge through scholarship and applied,  
practical and interdisciplinary  
learning. The College also addresses the  
needs of its community through service  
projects. Teaching, learning, scholar-  
ship, practice and community  
are accomplished in a supportive  
environment that recognizes the distinct  
contributions of students, faculty, admin-  
istrative staff, alumni and friends of  
the college.

Year \_\_\_\_\_



# 1998 calendar

(continued)

**April 6, 1998**  
Movie/Pizza Night

**April 28, 1998**  
5:30 p.m.-7:30 p.m.  
Alumni Association Board Meeting  
Open to all students and alumni.  
Light dinner will be served.  
Call 215-503-7709, Office of Alumni Relations for more information.

## MAY 1998

**May 13, 1998**  
11:00 a.m.-2:00 p.m.  
Spirit of Philadelphia Jefferson Student and Alumni Cruise  
Enjoy a great luncheon cruise and an opportunity to catch up with old and new friends.  
Call 215-503-8189 for more information.

**May 14, 1998**  
College Class Night

**May 15, 1998**  
College of Health Professions Commencement

## SEPTEMBER 1998

**September 22, 1998**  
5:30 p.m.-7:30 p.m.  
Alumni Association Board Meeting  
Open to all students and alumni.  
Light dinner will be served.  
Call (215) 503-7709, Office of Alumni Relations for more information.

**September 26, 1998**  
1:00 p.m.-11:30 p.m.  
Alumni Reunion  
Various activities and events will be going on all day including Occupational Therapy Workshop; Financial Planning Seminar; Estate Planning Workshop; The Future of Health Care: The Next Millennium; historic tours of Philadelphia; and more! Also, an evening of dining and dancing.

## OCTOBER 1998

**October 12, 1998**  
Alumni Mentor Mixer  
Jefferson Alumni Hall

## NOVEMBER 1998

**November 2, 1998**  
Nursing and Allied Health Career Day  
12 noon-2:00 p.m.  
Jefferson Alumni Hall

**Call 215-503-7709, Office of Alumni Relations, for more information on all alumni events.**

## Reunion (continued)

1973, and 1968. To coordinate a special, private event for your class or to join the Alumni Reunion Committee, contact the Office of Alumni Relations at 215-503-7709 or amelia.ezzio@mail.tju.edu.

### Tentative Schedule for Reunion:

11:30 a.m.-  
1:00 p.m. Luncheon and Welcome by the Dean  
1:00-2:00 p.m. Keynote Speaker  
2:00-4:00 p.m. Seminars  
Alumni may choose a topic of interest.  
(See below for confirmed topics to date.)  
2:00-4:00 p.m. Campus Tours  
Happy Hour in Faculty Club  
Historic Walking Tours  
Shopping Tours  
3:00-6:00 p.m. Commons Recreation Center  
6:30 p.m. Cocktails and Reception for Gala Dinner  
7:15 p.m. Formal Dinner  
9:00 p.m. Dancing and Entertainment

### Confirmed Topics for Workshops:

1. Alumni on the Internet (2:00-4:00)  
Sharon Renshaw, PhD, RN  
Bluemle Bldg., Room 105
2. DH Net: Dental Hygiene's Home in Cyberspace (2:00-4:00)  
Jane Forrest, EdD, Bluemle Bldg., Room 101
3. Occupational Therapy Fieldwork Seminar (10:00-4:00)  
Caryn Johnson, MS, OTR/L, FAOTA,  
Alumni Hall, Room 207 and several mezzanine rooms
4. Charitable Estate Planning: To Benefit Jefferson and You (2:00-3:00), Frederick Ruccius, Director of Planned Giving and Development

## Get your Alumni Directory! Use your Alumni Directory!

Get names, addresses, and other contact information for your ready-made network of fellow CHP alums! The inaugural edition of the *Alumni Directory* should be in your hands by now. The college has sold more than 1,500 copies of this directory to date. The alumni office has received many positive comments and reviews of the directory, including reports of friendships rekindled and job opportunities found.

If you didn't purchase an *Alumni Directory* and you would like to do so, please call the publishing company directly:

Harris Educational Publishing, Inc., Customer Service Department, (800) 860-9093

If your name (or a classmate's name), address or any information was incorrect or omitted, please call or e-mail us with the updated information:

Office of Alumni Relations,  
College of Health Professions,  
130 South 9th Street, Suite 711,  
Philadelphia, PA 19107-5233  
215-503-7709  
e-mail: amelia.ezzio@mail.tju.edu

## More than a change of name

# moving to 2000

Last year, the Board of Trustees of Thomas Jefferson University approved the college's request to change its name from the College of Allied Health Sciences to the College of Health Professions (CHP). The name change has been a success, as current and prospective students, as well as faculty, administrators, and others at the university have embraced the new CHP identity.

The college has been in a significant period of planning for the 21st century, launching new degree programs in response to the healthcare market, recruiting exceptional faculty members, and expanding research activities. "The name change is symbolic of these larger plans," says Joseph W. Donovan, CHP's Director of Marketing and Public Relations.

Underlying the name change is a new mission statement and set of bylaws for the CHP that emphasize interdisciplinary

learning and more efficient internal governance for the college. Keep your eye on CHP as it helps to lead the expanding prospects for the health professions that the future is bringing!

## Mission Statement

*The College of Health Professions of Thomas Jefferson University provides innovative academic programs to a highly qualified, culturally diverse student population with the primary goal of developing outstanding professionals and future leaders in health care. The College has a commitment to international leadership in healthcare education through undergraduate and graduate programs and to the concept of lifelong learning. An integral component of the College is the generation of new healthcare knowledge through scholarship and applied, collaborative and interdisciplinary research. The College also addresses the needs of its community through service initiatives. Teaching, learning, scholarship, research, practice and community service are accomplished in a supportive environment that recognizes the distinct contributions of students, faculty, administration, staff, alumni and friends of the College.*



this is your life!

and we want to know about it for Alumni Notes!  
(See next page)

Please complete this form and send it to:

Office of Alumni Relations  
College of Health Professions  
Thomas Jefferson University  
130 S. 9th Street, Suite 711  
Philadelphia, PA 19107-5233

Call or fax your information to the alumni office at:  
215-503-7709 Fax: 215-503-9834

Or e-mail you information to:  
amelia.ezzio@mail.tju.edu

You can also fill out this form via our Web site at:  
<http://jeffline.tju.edu/CWIS/CHP/alumni/>

*The Review* also appreciates receiving photos. Please try to include yourself in any photos you send. If you would like your photos returned, please enclose a stamped, self-addressed envelope.

Name \_\_\_\_\_

Name at graduation (if different) \_\_\_\_\_

Program \_\_\_\_\_ Year \_\_\_\_\_

Address \_\_\_\_\_

e-mail address \_\_\_\_\_

Telephone \_\_\_\_\_

Personal news \_\_\_\_\_

Professional news \_\_\_\_\_



### DORIS ELIZABETH BOWMAN 1920-1997

It is with great sadness that the College of Health Professions announces the passing of Doris Elizabeth Bowman. Ms. Bowman is the former Director of Thomas Jefferson University's School of Nursing (Diploma Program). She graduated from Jefferson's School of Nursing in 1942. Upon graduating, she served in the military with the U.S. Army's 38th Hospital Unit. After obtaining her Bachelor's and Master's degrees in education, Ms. Bowman returned to Jefferson as an Instructor in Pediatrics in 1954. In 1958, she became Director of the School of Nursing, a post she retained until 1982. The book *Commitment to Excellence*, a history of the School of Nursing, was dedicated to Bowman in 1982. She was designated Emeritus Professor of Nursing in 1982, the first member of the College of Health Professions faculty and the first woman in Thomas Jefferson University history so honored. Ms. Bowman's portrait was presented to the University in 1980 and remains on display in McClellan Hall.

A service of memory and love was offered in Palermo, NJ. There was a private burial in Arlington National Cemetery in Arlington, Virginia. The family suggests contributions be sent to either: Thomas Jefferson University Development Office, c/o the Doris Elizabeth Bowman Fund, 834 Chestnut Street, Suite 314, Philadelphia, Pa. 19107 or the Women in Military Service Memorial, c/o The Women's Memorial Department 60, Washington, DC 20042-0560.



Ms. Bowman as pictured in the 1977 yearbook.

### FRANCINE T. CRANE 1958-1997

The College of Health Professions sadly announces the tragic death of Francine T. Crane, MD, RN, BSN. Dr. Crane graduated from Thomas Jefferson University's School of Nursing (Diploma Program) in 1981, completed her baccalaureate degree in nursing in 1985 and then went on to complete her medical degree in 1995 from Jefferson Medical College. At the time of her passing, she was finishing a three-year residency in Internal Medicine at the Greenville Hospital System in Greenville, SC.

Upon graduating from nursing school, Dr. Crane worked as a staff nurse at Thomas Jefferson University Hospital for many years while continuing her education. Dr. Crane remained an active nursing alumna. She had participated for the past seven years in the College's Alumni Network Contact program. Dr. Crane volunteered her time and expertise to other nursing students and alumni who were considering pursuing a career in medicine.

A mass and burial were held on December 30, 1997, at the Church of St. Cyril in Lansdowne, Pa. In her memory, the family suggests contributions to: Archbishop Prendergast High School, 401 N. Lansdowne Avenue, Drexel Hill, PA 19026. Condolence cards may be sent to her family: Mr. and Mrs. Francis R. Crane, 6839 Clover Lane, Upper Darby, Pa. 19082.

**Joanne K. Stroud, MT'84**, has relocated to Summerville, SC. She is the hospital services supervisor for the Charleston area of the Southeast Region of the American Red Cross and is also working on a master's degree in business administration.

**Christy Barham, CT'95**, moved back to New Jersey from Boston, where she worked in a cytogenetics lab. Ms. Barham now sells laboratory products for Nalge Nunc International.

**Douglas Stairs, CT'96**, is pursuing a career in cancer genetics research and is attending the University of Pennsylvania for his PhD in biomedical studies. Mr. Stairs also serves on the editorial board of *The Review* and is a CHP Alumni Association Board Member.

#### Nursing

**Florence M. (Servello) McAlpin, NU'49**, is moving to California to be with her son, Bruce, his wife, Elizabeth, and new granddaughter, Shannon Rose. Ms. McAlpin retired in 1995.

**Joan (Morrison) Carlin, NU'51**, lives in Cape May, NJ. She is raising her 13-year-old grandson.

**Sharon J. (Rood) Rajnic, NU'67**, is the administrator of Shriners Hospital for Children in Philadelphia, where she has been closely involved in the hospital's \$60 million replacement building. Ms. Rajnic's daughter is a sophomore at Beaver College and her son is a junior in high school.

**Annette B. (Brownstein) Shuma, NU'71**, retired from the Air Force and has traveled extensively. She now works for Northrop Grumman Data Systems as a data management integrator on Department of Defense clinical information systems.

**Melanie Pirollo, NU'75**, was appointed Director of the South Jersey Regional Cancer Center. Previously, Ms. Pirollo was a clinical nurse specialist in oncology services at Newcomb Medical Center. She holds a master's degree from the University of Delaware and is an oncology-certified nurse.

**Ami Marie (Ingram) Pagana, NU'80**, graduated with a master of science degree in business administration from Bucknell University. Ms. Pagana is a clinical instructor of obstetrical nursing at Lycoming College in Williamsport, Pa. She will be teaching management courses at Bucknell University.



**JACQUELINE LITTLE, MT'86**, has been appointed to the Regulatory Affairs Group as a regulatory specialist, Drug Registration, at Zeneca Pharmaceuticals, where she has been working since 1990. She joined Zeneca as a pharmacologist working in the area of asthma and also served as a molecular biologist working in the areas of pulmonary hypertension and pulmonary inflammation. She resides in Wilmington, Del., where she is a member of the First State Symphonic Band.



AMY (HOTTENSTEIN) DEMICHAEL, DH'89, and her husband, Anthony, moved to Doylestown, Pa., in 1996. They have two daughters, Nicole Marie, born November 24, 1994, and Danielle Renee, born October 26, 1996.

**Patricia Nasuti, NU'81**, is a certified school nurse in Philadelphia and a graduate student at St. Joseph's University in the health education program. She has traveled to Europe, Russia, Africa, and China in the last seven years.

**Mary Elizabeth Cooley, DN'79, NU'82**, is a doctoral student at the University of Pennsylvania, where she was a recipient of a \$3,000 Oncology Nursing Foundation Doctoral

Scholarship. Ms. Cooley previously served as an oncology clinical nurse specialist at the University of Pennsylvania.

**Bonnie L. Laube, NU'84**, has been an attorney with the firm of Jay H. Greenblatt and Associates in Vineland, NJ, since 1990. She was recently certified by the NJ Supreme Court as a Certified Civil Trial Attorney and was admitted to practice before the United States Supreme Court.



**HOWARD BUTCHER, NU'79**, is an assistant professor of nursing at Pacific Lutheran University in Tacoma, Wash., where he earned the 1995-96 University Faculty Excellence Award for his inspirational and artful teaching of nursing science. In 1996, Mr. Butcher published three journal articles and nine book chapters, and presented papers at four national nursing research conferences. He also presented the keynote address at the 1996 Sigma Theta Tau International Conference. He is a certified clinical specialist in adult psychiatric and mental health nursing. Mr. Butcher earned a master of science in nursing in 1986 from the University of Toronto and a PhD in nursing science in 1994 from the University of South Carolina.



**DIANE M. (SNOW) ORZEHOSKI, NU'84**, shown here with her grandmother, Anna Blasko, and her daughter, Andrea Nicole Orzechoski, earned the "Editor's Choice Award" for poetic excellence by the National Library of Poetry. She was also nominated for "Poet of the Year" by the International Society of Poets. In addition, Diane is returning to graduate school to earn an MS degree in health administration.

#### Dental Hygiene

**Caren Sopin-Hartka, DH'85**, has moved to Richboro, Pa.

#### Diagnostic Imaging

**Linda (Hecker) Gray, RT'79**, works at the South Jersey Regional Cancer Center in Millville, NJ.

**Wendy M. (Lazar) Stewart, RT'82**, resides in Durham, NC, and is a biochemist at Eli Lilly, Inc., Sphinx Pharmaceuticals Division.

**Dan Merton, DI'88**, and his wife celebrated the birth of their second son, Henry Thomas in May 1996. Mr. Merton co-edited the textbook, *An Atlas of Ultrasound Color Flow Imaging*, and received the "CIVCO Innovation in Ultrasound" award in 1996.

**Traci B. Fox, DI'93**, has been a staff sonographer at Frankford Hospital since July 1995. She passed her vascular boards (RVT) in 1996. Ms. Fox also obtained her private pilot certificate in 1996.

#### Laboratory Sciences

**Wanda Ellen Anderson, CY'65**, is a nursing and health sciences librarian at

O'Neill Library in Chestnut Hill, Mass. After more than 14 years in cytology, she earned an MS in library and information services and an MEd in health education.

**Helen Claire (MacDonald Charles) Ogden-Grable, MT'81**, moved to Naples, FL, in 1990. She is employed by Naples Community Hospital as a shift supervisor and phlebotomy instructor. She is the ASCP Associate Member Section Regional Advisor for the Southeast Region and serves as a legislative liaison. She is also doing professional writing.

**Susan E. (Segal) Holland, CT'81**, is president of BioQuest, a marketing and business development company that is targeted to biomedical and biotechnology industries. She resides in Saxapahaw, NC, with her husband, Michael, and their two dogs and three cats.

**Theresa Lynn (Giampa) Gerhart, MT'84**, is a full-time, research data, laboratory specialist at Wyeth-Ayerst Research, St. David's, Pa. She and her husband, Charles, announce the birth of their third child, John Francis. The couple has two other children, Jennifer Lynn and Michael Wesley.





**TAMARAH (BORKENHAGEN) KENT, NU'93**, married restaurateur Fletcher Kent (right) in August 1996 and is working at Thomas Jefferson University Hospital as an apheresis nurse in the Blood Donor Center. Ms. Kent is also an outpatient dialysis nurse at the Hospital of the University of Pennsylvania.



**JOANY (SUSSMAN) SMITH, NU'79**, is shown here receiving the 1997 "Excellence in Nursing Award" from the Illinois Nurses Association. Ms. Smith is a perinatal outreach coordinator in the maternal-fetal medicine department at Rockford Memorial Hospital. She has started working on her MSN.



**GRACE ANN SPENA, NU'71**, lives in Blue Bell, Pa., and is employed at Montgomery County Community College as the Director of Health Services. She was recently certified in college health nursing and as a first responder for the Montgomery County EMS.

**Mindy (Winitz) Wagner, NU'84**, works at Pennsylvania Hospital, in Philadelphia, in the neonatal nursery. She and her husband, Robert, celebrated the birth of their daughter, Rachel, on July 17, 1995.

**Antonia Mangold, NU'86**, was featured in a career profile column in *The Philadelphia Inquirer* in her role as nursing care coordinator for dialysis at Thomas Jefferson University Hospital.

**Jeffrey DeFrehn, NU'91**, is customer service supervisor for the Community Awareness Department of the Visiting Nurse Service System, which serves Southeastern Pennsylvania and New Jersey.



**SUSAN J. HARPER, NU'85**, graduated from The Pennsylvania State University College of Medicine with a Doctor of Medicine degree in 1997. She is doing a psychiatry residency at the Menninger Clinic in Topeka, Kan.

**Ingrid (Pentz) Moore, NU'92**, works at Thomas Jefferson University Hospital in the transitional nursery. She is pursuing a school nurse certificate at Rowan University. Ms. Moore celebrated her second wedding anniversary in September, 1997.

**Kimberly (Teffeau) Brower, NU'93**, and her husband, Chris, announce the births of daughter, Grace, on July 25, 1995, and son, Hamilton, on January 10, 1997. Ms. Brower worked as a neonatal ICU nurse and is now staying at home with her children in Mt. Pleasant, SC.

**Megan Bushnell, NU'93**, received an MSN in nurse midwifery from the University of New Mexico, where she earned a full scholarship from the National Health Service Corps. She will provide midwifery care for underserved populations.

**Pam Henderson, NU'93**, has begun a post-baccalaureate program at the University of Pennsylvania. She expects to complete the program in two years and then apply to medical school.

**Elaine G. Lange, NU'94**, graduated in May 1997 from the University of Medicine and Dentistry of New Jersey School of Nursing with an MSN degree from the adult nurse practitioner program.

**Dave DeMarco, NU'94**, spoke at the Pinning Ceremony for the College's Department of Nursing in May 1997.

**Kimberly Pfeifer, NU'95**, is employed by The Women's Group of the Columbia Health System as an RN clinical coordinator. She lives in Littleton, Colo.

#### Occupational Therapy

**Sandy (Capoccia) Feranda, OT'85 (BS), OT'92 (MS)**, passed the CHT (Certified Hand Therapist) exam in November 1996. She is working as a hand therapist at Cherry Hill Physical Therapy in New Jersey (Division of Heartland Rehab). Ms. Feranda lives in Marlton, NJ, with her husband, Andy, and black lab, Pepper.

**Adrienne Claudia Lauer, OT'88**, earned her master of science degree in health service administration. She is a full-time faculty member in the occupational therapy program at Nova Southeastern University in Ft. Lauderdale, FL.

**Laura Kay Freeman, OT'93**, is a staff OT at American Transitional Care Rehab in Atlanta, Ga. Her daughter, Abigail Faith, was born in September 1997.

**Kate Howdershell Guzzetti, OT'96**, presented an alumni perspective speech at the 1997 Occupational Therapy Class Night in May. She serves on the CHP Alumni Association Board.

#### Physical Therapy

**Gretchen Harteis, PT'94**, spent two months in South Africa at Medford Hospital in the Homelands providing quality health care to the community.

## notes

## college



Jefferson alumna **Mary G. Schaal, EdD, RN**, now serves as Vice Chair and Director of the Master's Program in the Department of Nursing. Dr. Schaal is a graduate of both the Jefferson School of Nursing's diploma program and the BSN program.



**Sharon Renshaw, PhD, RN**, Assistant Professor of Nursing, addresses the Awards Ceremony audience after receiving the Fred and Sadye Abrams Award for Excellence in Clinical Laboratory Instruction.



At the 1997 Awards Ceremony, **Dean Abrams, EdD**, recognizes **Joan M. Jenks, PhD, RN, CHP** Associate Professor of Nursing, with the Dean's Faculty Achievement Award.



**The Alpha Eta Society at the 1997 Awards Ceremony.** Back row, left to right: **Keven Patten**, medical technology; **Julie Lynn Miller**, cytotechnology; **Kimberly Anne Fallon**, diagnostic imaging; **Emily Susan van Eeden**, occupational therapy; **Scott Foelker**, occupational therapy; **Robin Reteneller-Mennie**, nursing. Front row, left to right: **Amy N. Spence**, occupational therapy; **Amanda Joy Shadel**, occupational therapy; **Michele Ann Willoth**, nursing; **Sonya Vargas**, cytotechnology. Not pictured are **Kathleen M. Pickup** and **Judy Scott Zeisloft**, diagnostic imaging; **Leonard Aaron Goldberg**, nursing; **Amy Bennett**, **Marina Chanin**, and **Elena Nirenberg**, physical therapy.

### Registrar and Financial Aid Make the Move

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Submit requests for **transcripts** in writing to:

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You can reach the registrar's office at 215-503-8734. Submit requests at least one month prior to the date needed, giving the name and address of the institution to which you want them sent. There is a \$5 fee for each transcript. Checks should be made payable to Thomas Jefferson University.



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A special thank you goes out to alumni, friends, and family members who have made generous contributions to establish or continue to support endowments in the College of Health Professions. Interest from these endowments will provide support for our students. Each gift is a lasting tribute to the benefactors' concern for and commitment to education for nursing and health professions students.

The College of Health Professions is grateful to all of its contributors who believe in the mission of furthering education, research, and scholarly activity.



**Jay Field, CHP Alumni President (left) and Joann Ludwig, CHP Alumni Vice President, present a check in support of CHP's new Center for Student Development to William Thygeson, MEd, the College's Assistant Dean and Director of Student Affairs and Services. The funds raised were from the Annual Giving Campaign of alumni donors. The new center, which has been an immediate hit with students, provides space for student classrooms, and serves as a student lounge, as well as student meeting, study, and lunch area.**

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This scholarship was established by her family in 1991 in memory of Debra Bloom Lenhart, a 1983 BSN alumna. Gifts have been made to the college that continue to support this important scholarship. The scholarship is awarded annually to a CHP nursing student who has demonstrated potential excellence in nursing and has financial need. We would like to thank the following friends and family who have donated generously to this scholarship fund during the period July 1, 1996 to June 30, 1997.

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