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## Caps & Capes - Volume I Issue I

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## "MORALE & SPIRIT"

School spirit. What is it, and why is it good? Cheerleaders, brass bands, and hoarse throats. Are these what constitutes school spirit? These are the externals; the most obvious and dramatic. As we know, they do not occur very often.

School spirit pounds at a typewriter before night duty for a school publication. It attends outside meetings to show others the worth of what it represents. It participates in councils and conferences within its own walls.

This spirit coincides with morale and they depend on each individual for their existence. Legitimate complaints crop up more than once, but daily gripe sessions only add to discontent; they accomplish nothing. But forgetting these values in moments of stress is the easy way, and the one most readily taken. There are the times in which personal whims stand in the way of any progress, and all responsibility is left to leaders. Leaders are valuable in what they can do for the individual. They should not be exploited in order to do the work of these individuals. The activities which they govern exist only to serve as outlets for individual ability or energy. This is good, but every good thing has a price, requires sacrifice.

The student who sees in each school activity a double opportunity to use her own skills and to bolster the morale of those around her, will add another step in her road to maturity.

## GLEE CLUB

The Jefferson Hospital Student Nurses' Glee Club has been launched into a full schedule of activities.

The choral group will make a number of personal appearances including the students' Baccalaureate

services and engagements at several Churches throughout Philadelphia; the first such appearance being December 14th. at the Arch Street Methodist Church. Highlighting the season, however, is the engagement at Jefferson Hospital when the chorus will sing Christmas carols throughout the Hospital during the latter part of December.

The Glee Club, consisting of approximately eighty-five Freshmen students, is under the able direction of Miss Richle, accompanied by Mrs. Bartels.

## "SPOTLIGHT"

For this, our first issue, we are presenting in the spotlight a girl who has done much for this student body. She, with her friendly smile, is popular with both the students and faculty alike. She has served as the Treasurer of her class, and is currently President of the Student Council. Her name? Jane Hudson, of course. Jane can be seen at all the basketball games, all the different club meetings, and all the functions concerning the students. Boosting school morale and organizing the student body seem to come natural to her. This is due to her sincere interest in everyone and her ability in leadership.

Even with all her outside interests she has found time to maintain a high scholastic standing. She also has the ability of applying her knowledge into practical use. She is an excellent nurse. Not only does she carry out procedures well, but administers individual care to her patients. She treats them as individual people instead of "that gall bladder down the hall"

This girl, with her radiant personality, and intelligence, deserves a big "Thanks" from all

(Continued on page 3)



(Continued from page 2)  
of us for all the work she has  
done and for the support she has  
given us.

Thanks, Jane.

### "THROUGH THE STETHOSCOPE"

Do you realize that some girls are  
so in love that they just can't  
seem to remember their suitcase  
and books upon returning after  
weekends! Sad isn't it?

\* \* \*

Judy, whose pin is that you've been  
sporting recently?

\* \* \*

What is it Brusjoels?

\* \* \*

Nell, what's this about possibly  
peeling onions in the front row of  
Pharmy class? Trying to make the  
teacher cry?

\* \* \*

Hey Carol! Aren't you ever going  
to spend time in the dorm? He must  
be really great.

\* \* \*

Yo Nancestill dating that Interne?

\* \* \*

Barb, is that a blown-glass bottle  
collection that you have on your  
bureau?

\* \* \*

It's rumored that an ugly little  
man is scaring the girls at the  
Whittier. What about it Ann?

\* \* \*

Bernie, how did you like OB? I  
hear you even had someone follow  
in your footsteps.

\* \* \*

Pat and Sally are going deep into  
the heart of Texas.

\* \* \*

Hey, Miller, I hear you like monkeys,  
but are they worth a late pass?

\* \* \*

Seems to me like Boyer is trying to  
make a start in show business.

\* \* \*

Those week-ends at the shore were  
pretty nice, weren't they Heisey?

\* \* \*

Mar, I didn't realize you weren't  
18 yet-

\* \* \*

### "ANNUAL RITUAL"

Every year there is a tradi-  
tional ritual when the poor, confused  
probes try desperately to don their  
uniforms for the first time. It's  
a most amusing, hectic, and yet  
terribly exciting experience when  
these Freshmen can finally make  
their appearance in the same attire  
worn by all the upper-classmen. In  
her room, each girl tries her utmost  
to go through the procedure of dress-  
ing with the least amount of strain  
and difficulty, but generally man-  
ages to bungle up the whole opera-  
tion several times before the fin-  
ished product stands gazing into the  
mirror. It just seems like there  
isn't enough time to put every part  
of this complicated garment in its  
proper place. Buttons and studs  
lose themselves under the bed just  
when you need them most. After a  
frantic ten minute search and a few  
indiscreet remarks, the studs are  
found and another vain effort is  
made to stick them in their correct  
spots.

All sorts of contortions are  
manifested when the absent-minded  
girl forgets to attach the collar  
on her dress before putting it on.  
It is also at this moment that she  
remembers her stockings and the cap  
she left sitting on the bathroom  
lightbulb for a last minute shaping.

Tearing wildly past the mirror,  
she catches a sidelong glance at  
herself and realizes she still has  
to put her "much too long" hair in  
a twist (which requires at least  
five minutes of her fading time, and  
about 25 bobby-pins.) Next comes  
the bib and apron which she manages  
to get on only by the aid of her  
patient and sympathetic roommate.

By now, there is only a few  
minutes left and she still hasn't  
made her bed, put on her face, shoes,  
or cap. Needless to say, that bed  
never before received such a rush  
job. And why is it that her room-  
mate has managed to do everything  
so efficiently and quickly?

(Continued on page 4)



(Continued from page 3)

Pushing her feet into her shoes, throwing her compact into the pocketbook, and grabbing her coat, cap, and books she flies out of the room. It is just after she shuts the door that she remembers the key still sitting on the bureau. A few minutes later finds the discouraged lass on the bus applying lipstick with someone else's mirror. Reaching the hospital she spends at least a half hour pulling herself together in the ladies room. It is where a major part of the day is spent manipulating their caps to various angles and positions on their heads. At the end of the day the weary group of girls come home with aching feet, red scratched necks, several pricked fingers and broken rubber bands.

#### "THROUGH THE STETHOSCOPE"

Was it a Tango or a Mombo, Helen?

\* \* \*

Do you always wear togas, Pat?

\* \* \*

Barb, will it be the I.F. Ball again this year?

\* \* \*

We guess you know Sue that your imitations are causing a riot on the twelfth floor. Can you give us a schedule for the coming events?

\* \* \*

It seems a lot of Probees were "In the "Dark on Mischief night.

\* \* \*

I hear you girls are playing Pinochle for five cents a point now. Any truth to it?

\* \* \*

Did you lose your bet, Bulkley?

\* \* \*

Does that pin belong to a red-head, Janet?

\* \* \*

How's the Cape May Coast Guard Station these days, Ginnie? I see you finally made it back.

\* \* \*

Who did you get the leotards from Judy?

#### DRAMATIC CLUB

Dramatic club met Monday evening, November 3, at 5:30 o'clock for the purpose of holding play tryouts. Plans are underway in preparation for the first enterprise, a play, entitled "She Laughs Last", directed by Neldra Ackermann and Ann Runyan. Monday, November 10, 8:00 o'clock, is the first rehearsal for the December program. Qualified personnel may Ann or Neldra for positions as stage hands, costume-makeup and prop committees. Those starring in the production are: KAY- Martina Mockaitis, BETH- Barbara Heaps, MRS. CORNELL- VirginiaChristine, AUNT CLARABELLE- Beverly Skidmore, AUNT AGATHA- Catherine Bulkley, AUNT ELLA- Arlene Boyer, SUE- Phyllis Parry, CAROL- Evonne Farris, NORA and MISS SIMPSON- Nancy Washburn. The plot centers around an adorable bride, her attendants, relatives and gifts. She receives a "worthless vase", later, discovering that the antique vase contains a sizable check.

FEBRUARY '61 WELCOMES SEPTEMBER '61

The Harvest Hop, and informal dance sponsored by the February class of '61, is being held in the auditorium of the Whittier Residence between the hours of 8:30 and 12 P.M. A donation of 35 cents is requested. The date? November 21, 1958.

The committees and chairmen include: Refreshments, Barbara Fullerton and Carolyn Doorly; Decorations, Noel Newton Rosanne Tumolo, and Elaine Kunzman; Name tags, Beatrice Rhoda, Mary Parrish, Joan Salter, Joan Pepper and Loretta Davis; Juke Box, Neldra Ackermann.

#### "CHRISTMAS SEMI-FORMAL"

Can you believe it, its less than 50 days until Christmas! To help celebrate this happy occasion, the classes of February '60 and

(Continued on page 5)



(Continued from page 4 )

September '60 are sponsoring the Christmas Semi-Formal to be given in honor of the senior classes.

Acting as Co-chairman for this event are Sally Lipan and Grace Coleman. Heading other committees are; Jody Guthrey, Decorations; Beverly Skidmore, Programs; Sandy Mathie, Refreshments; and Ann Hill, Entertainment.

Watch for further notice as to when and where as it sounds like fun for all!!

THE WORKLORN

Dear Sairey,

What can I do? Everytime a medical student takes blood from a patient, he gets more on my clean bed than in his test tube!

Flustered

Dear Flustered,

What are you complaining about? Now is your time to become acquainted.

\* \* \*

Dear Sairey,

What do you do when giving a P.S.S. enema and the tube breaks?

Messey

Dear Messey,

Improvise child, Improvise!

\* \* \*

Dear Sairey,

A certain surgeon I know keeps chasing me around in the operating room. What does this mean?

Trotter

Dear Trotter,

He sounds like quite a "cut-up". Tell him to watch that technique.

\* \* \*

Dear Sairey,

How can I keep my patient from biting his nails?

Fed Up

Dear Fed Up,

Knock his teeth out.

\* \* \*

Dear Sairey,

A lady surgeon I know won't

let anyone assist her when she operates on her husband. Is this right?

Worried

Dear Worried,

It's alright, she just doesn't want anyone else "opening her male".

ATTENTION GIRLS!

If there are any questions you would like to ask, please address them to:

Sairey V. Gamp

c/o "CAPS and CAPES"

and give them to any of the housemothers on duty. We will be glad to answer all questions in our next issue.

If there are any suggestions or contributions you would like to give for our newspaper, they should also be addressed as follows:

"CAPS and CAPES"

c/o The Newspaper Staff

and given to the housemother on duty. All suggestions and articles will be appreciated.

"PING PONG"

A cold windy evening at Spruce Street doesn't have much appeal from the outside, but looking in on a fast moving ping pong game can dry off many a damp spirit. Equipment is available and free, all we need are the players. The game offers relaxation and active enjoyment at a minimum amount of time. For our more enterprizing students an organized tournament will offer competition and interest.

Going a step further, it is not hard to picture bowling and ice-skating facilities for our students. These winter sports are available in the city, we have only to look for them.



## HAIL ALUMNAE!

## "DID YOU EVER?"

Alumnae Meeting November 4th  
 The meeting was called to order by Miss Ramp, the president. There were thirty-eight members present. The delegates from the P.N.A. Convention presented their reports. Mrs. Curran gave her report from The Institutional Nursing Section; Miss Skvir, the Educational Section and Mrs. Smeck, the Private Duty. Mrs. Gertrude Rechtman from Identical Form discussed the breast prosthesis and the mastectomy patient. The Alumnae plans to have an auction December 9, 1958. Each member is to bring a small gift to be auctioned.

## Marriages:

Inga Smith "58"-Nov. 1, 1958  
 Living in New York State.  
 Sylvia Tanner "58"-Oct. 4, 1958  
 Living in Danville, Pa.  
 Lois Boeckel "58"-Oct. 26, 1958

## New Arrivals:

A girl to Sydney Applebaum  
 Cassel "55"  
 A boy to Betty Depo Miller "55"

## Hard at Work:

Arlene Steinmetz "58" Delaware County Hospital, general duty.  
 Pat West "58" Chester County Hospital, operating room.  
 Geraldine Rouston "58" Pennsylvania Hospital  
 Mary Kistner Gilchrist "58" Our Lady of Lourdes Hospital.  
 Jean Petrock "58" Pennsylvania Hospital, studying Anesthesia.  
 Mary Jane Keelins "58" Delaware Hospital, Wilmington, Del. Emergency.

## Full Time Coeds:

Kay Corman - Bucknell University  
 Doris Gademan - Wilkes College

- Think a day off would never come?
- Drop your cap in a sitz bath the day after you'd vowed you'd never "do up" another?
- Have the job of securing a stat order of meconium sulfate from pharmacy? Next time try the nursery!
- Hold a long conversation with a patient before you knew he was deaf?
- Clamp off a catheter with your scissors by mistake and then try to put it together with adhesive tape. Doesn't work too well does it?
- Try to get lubritine out of the tube, and discover you pushed too hard and squirted the patient in the face?
- Feed the doctors on Men's Surg. chocolate candy (injected with methylene blue)?
- Go unknowingly to C.S.S. for a pair of fallopian tubes? Have any luck?
- Threaten to quit?
- Once have the wonderful but mistaken idea that the aides emptied all the bed pans?
- Loose your balance while standing on a stool observing T.L.M. do an abdominal hysterectomy and almost become part of it? It's a good thing that supply table was there even though you did step a little too heavily on the syringes.
- Administer a high (and was it ever high!!) colonic irrigation by standing on a chair?
- Say, "I wish I had more night duty." If so, I'll gladly give you my share.
- Slave 3 hours in an isolation unit following sterile technique to the T to later find visitors in the room (unmasked and ungowned, of course)?
- Throw the scalpel over your shoulder in a hectic moment and contaminate the entire O.R.
- Hear of the 3H Jeff. enema; High, Hot, and a H--- of a lot?
- Take a rectal temp. on a patient with a Miles' resection?

## C L A S S N E W

SEPTEMBER 1959

October 10th was the date of our open house at Spruce St. Many of us got to know the members of other classes which was the main purpose of the dance.

Things are really "flashing" around Jeff. these days. Many of the girls are busily working on our yearbook and doing a tremendous job as well as having fun.

Judy Wright and Helen McQuown were elected as Senior SNAP representatives. They will attend the meetings which are held at a different hospital each month. Congratulations girls!

We are very proud of Carol Cottringer who was elected to represent us at the "Miss SNAP" Contest which was held on October 14th at the Womens' Medical College Hospital.

Best of luck to Arlene Boyer who is chairman of the Luncheon Committee for the National Student Nurses Association Convention which is being held in Philadelphia in May. Let's all get behind Arlene and help to make this a great success.

Don't forget Dutch Kitchen which is held on Tuesday and Thursday nights. Members of the senior class make hoagies, hamburgers, etc. to be sold on these nights at Spruce St. and the Whittier.

FEBRUARY 1960

August and September were very happy months for the February '60 class. Mary Frey and Carol Scull announced their engagements in August. Betty Ann Smith announced hers in September. No dates have been set for the weddings. Best of luck is in order for all three.

### THE FLORENCE NIGHTINGALE PLEDGE

I solemnly pledge myself before God and in the presence of this assembly, to pass my life in purity and to practice my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standards of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.



## "SNAP CONVENTION"

"Nurse: Patient: Spirit: Mind" stood as the theme for the Sixth Annual SNAP Convention which was held on October 28th. to 31st, 1958, here in Philadelphia at the Bellevue Stratford Hotel.

Representing Jefferson Medical College Hospital as delegates to this Convention were Arlene Boyer, Ann Runyan and Nancy Maddams.

The program started on Tuesday evening with the Keynote Program being held at Presbyterian Hospital. Mrs. Mary Lou Steinke Vivier speaking on "Patient Reaches Out" gave the opening address which was followed by Presbyterian Hospital's choir and a Tea.

The second day of convention offered a business session in the morning and in the afternoon a panel discussion on "How to Make SNAP Live." Following this were two guest speakers, Dr. James Harvey Ewing and Dr. C. Nelson Davis, both instructors at the University of Pennsylvania. A movie on psychiatric nursing was then shown. After dinner a talent show and the state "Miss SNAP" Contest was held with Miss Mary Kuntz S.N., an import from Ohio, acting as M.C.

On Thursday further business was discussed and elections for next year's officers were held. From Area #1 Joan Hipszer was elected President and Lois Eckhart, Corresponding Secretary. The annual SNAP Luncheon followed with Mrs. Helen Heydrick speaking on "The Art of Living Together."

The closing session was on October 31st and was combined with Uniform Day with all students wearing the uniform of their respective schools and giving a short talk on their uniform and school.

To bring the convention to a close Smith, Kline and French Industries gave a luncheon, followed by a tour of their factory. How nurses play an important role in industry was discussed. The functions of the plant were also explained.

All in all, the Convention proved successful.

## WHAT DOES JEFFERSON MEAN TO YOU?

"It means many things--a home with friends my own age who share a common interest; a place which will provide me with a good education, and a skill that I may apply in the future."

Janet Coppersmith "9/61"

"It means a future; a new way of life."

Dorothy Wolters "2/60"

"It means a chance to grow as a person, and to gain knowledge and skill in treating the ills of the human race."

Florence Swartz "9/60"

"It means an opportunity for a future education, and a chance to help others."

Nancy Maddams "2/59"

## "BAKE SALE"

To help pay for new basketball uniforms, a bake sale is to be given with each class contributing its share. A date will be posted so don't forget to turn your baked goods to either Noel Newton, Virginia Christine or Nancy Davis, who are in charge of the sale.

## "LETTER FROM THE EDITOR"

If the readers of our publication have taken time to look over some of the other articles, they may have noticed that a certain train of thought has been introduced. It is a pleasure to state that this theme has already seen a response, and "Caps and Capes" is the beneficiary. This, our first newspaper, would not have been possible without the planning and cooperation of the entire staff.

In order to insure future publications of this paper, we invite every one interested to attend our next meeting. All meetings of this newspaper will be posted on the bulletin board for your information.

To all of the present staff is extended a sincere "Thanks" and a hearty "Come, again."