

NANCY A. HODGSON
Curriculum Vitae
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Home Address

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Thomas Jefferson University
130 S. 9th Street, Suite 512
Philadelphia, PA 19107
215-955-2163

EDUCATION

Johns Hopkins University, Baltimore, MD

Post Doctoral Fellow, Demography of Aging 1999-2001

University of Pennsylvania, Philadelphia, PA

Ph.D., School of Nursing 1994-1999

MS, Nursing 1986-1988

Widener University, Chester, PA

BS, Nursing (Summa cum laude) 1980-1984

RESEARCH EXPERIENCE

Thomas Jefferson University, Philadelphia PA

Center for Applied Research on Aging and Health, Research Scientist 2007-present

School of Nursing, Assistant Professor 2007-present

Polisher Research Institute, Horsham, PA

Abramson Center for Jewish Life (formerly Philadelphia Geriatric Center)

Interim Director of Research 2005-2007

Palliative Care Program, Co-founder/Co-director 2001-2007

Senior Research Scientist 2001-2007

University of Pennsylvania, Philadelphia, PA

Population Studies Center, Research Associate 2002-present

Hartford Center for Geriatric Nursing Excellence, Adjunct Associate Professor 2001-present

Center for Advancing Care in Serious Illness, Pre-doctoral Fellow 1996-1999

Department of Radiology,
Hospital of the University of Pennsylvania, Research Assistant 1997-1999

Johns Hopkins University, Baltimore, MD

Bloomberg School of Public Health, Research Associate 2001-present

Hopkins Center on the Demography of Aging, Postdoctoral Fellow 1999-2001

School of Nursing, Center for Nursing Research, Research Associate 1999-2001

TEACHING EXPERIENCE

Thomas Jefferson University School of Nursing, Philadelphia, PA Assistant Professor	2007 –present
University of Pennsylvania School of Nursing, Philadelphia, PA Adjunct Associate Professor Hartford Center for Geriatric Nursing Excellence	2001-present
Lecturer - Palliative Care Minor	2002-present
Clinical Liaison - Dementia Care Case Study	2004
Teaching Assistant - Nursing in the Community	1994-2000
Clinical Instructor and Lecturer - Psychiatric Nursing	1995-1999
Holy Family College School of Nursing, Philadelphia, PA Clinical Instructor - Community Health Nursing	1994-1997
Clinical Instructor - Psychiatric Nursing	1994-1997
Member, Curriculum Development Committee	1995-1996
Union County College School of Practical Nursing, Elizabeth, NJ Clinical Instructor and Lecturer - Medical-Surgical Nursing Maternal-Child Health Psychiatric Nursing	1992-1994
Co-Chair, Disciplinary Committee	1992-1993
CLINICAL PRACTICE	
Camden County Visiting Nurse Association, Cherry Hill, NJ Psychiatric Clinical Nurse Specialist	1993-1997
Visiting Nurses of Central NJ, Red Bank, NJ Hospice Nurse and Psychiatric Clinical Nurse Specialist	1991-1993
Fair Oaks Hospital, Summit, NJ Clinical Director, Crisis and Brief Treatment Unit	1989-1991
Greystone Park Psychiatric Hospital, Greystone Park, NJ. Psychiatric Clinical Nurse Specialist, Medical Services Building	1988-1989
Marlboro Psychiatric Hospital, Marlboro, NJ Clinician, Forensic Psychiatry	1986-1987
University of Medicine and Dentistry of NJ, Piscataway, NJ Case Manager/Assistant Head Nurse, Adult Psychiatric Unit	1985-1988

Medical Center at Princeton, Princeton, NJ
Charge Nurse/Staff Nurse, Extended and Skilled Nursing Care Unit

1984-1985

PUBLICATIONS

Papers in Refereed Journals

Hodgson, N. Gitlin, L. Winter, L., Dennis, M. (2008). Psychotherapeutic medication and dementia: A letter to the editor. *The Consultant Pharmacist*. 23 (5), 357-8.

Hodgson, N. (2008). Clinical Roundup: How do you treat chronic fatigue syndrome in your practice? *Alternative & Complementary Therapies*. 14(3): 128-131.

Hodgson, N., Lehning, A. (2008). Palliative care in nursing homes: A comparison of high- and low-level providers. *International Journal of Palliative Nursing*. 14(1), 38-44.

Hodgson, N. Andersen, S. (2008). The clinical efficacy of reflexology in nursing home residents with dementia: A randomized controlled trial. *The Journal of Alternative and Complementary Medicine*. 14(3)1-6.

Andersen, S., **Hodgson, N.** (2007). Reflexology in nursing home residents with dementia: A case study. *The Internet Journal of Geriatrics and Gerontology*. Available at ispub.com.

Hodgson N.A. Landsberg, L., Lehning, A., Kleban, M. (2006). Palliative care services in Pennsylvania nursing homes. *Journal of Palliative Medicine*. 9 (5), 1054-1057.

Freedman V., **Hodgson, N.A.**, Lynn, J. Spillman, B., Waidmann, T., Wilkinson, A., Wolf, D. (2006). Promoting decline in late-life disability prevalence: Comparisons of three potentially high-impact interventions. *Milbank Quarterly*, 94 (3), 605-609.

Hodgson N.A. (2006). Personal Commitment: Quilting as a metaphor for palliative care teams in the nursing home setting. *Journal of Hospice and Palliative Care Nursing*, 8 (4), 227-232.

Hodgson, N.A., V.A. Freedman, D.A. Granger, A. Behel. (2004). Biobehavioral correlates of transfer trauma in the frail elderly: salivary cortisol, affect, and cognition. *Journal of the American Geriatrics Society*. 52(11): 1856-1862.

Hodgson, N.A., S. Segal, M. Weidinger, and M.B. Linde. (2004). Being there: Contributions of the nurse, social worker, and chaplain. *Generations*. 28(2): 47-52.

Hodgson, N. Given, W. (2004). Determinants of functional recovery in older adults surgically treated for cancer. *Cancer Nursing*. 12(7), 10-16.

Hodgson, N. (2002). Epidemiological trends of cancer in older adults: Implications for gerontological nursing practice and research. *Journal of Gerontological Nursing*, 24 (7) 34-43.

Hughes, L., **Hodgson, N.**, Muller, P., Robinson, L. & McCorkle, R. (2000). Information needs of elderly post-surgical cancer patients during the transition from hospital to home. *Journal of Nursing Scholarship*. 32 (1), 25-30.

Hodgson, N. (1990). Application of productivity estimates to psychiatric nursing practice. *Archives in Psychiatric Nursing*, 4(6), 366-369.

Published Abstracts

Hodgson, N. (2006). End of Life Care Discourse in Nursing Homes: The Paradox of Barriers. *The Gerontologist*, 45 (SI).

Hodgson, N. Landsberg, L (2005). Perceived Barriers to Palliative Services in Pennsylvania Nursing Homes. *The Gerontologist*, 44(SI).

Hodgson, N. (2002). Developing a palliative care program in a nursing home: an ethnographic study. *Psycho-Oncology*, 12(4), S101.

Hodgson, N., Freedman, V. and Granger, D. (2002). Adrenocortical activity and cognition in response to nursing home relocation. *The Gerontologist*, 42(SI), 214.

Hodgson, N. (2001). Cancer mortality determinants and differentials in the U.S. elderly. *The Gerontologist*, 41, (SI), 286.

Hodgson, N. (2000). Determinants of functional recovery in older adults surgically treated for cancer. *The Gerontologist* .40(SI), 207.

Hodgson, N. (1998). Quality of life in older adults with cancer: A review of the literature. *Oncology Nursing Forum*, 25(2), 356.

Manuscripts In Press

Gitlin, L.N., Hauck, W.W., Dennis, M.P., Winter, L., **Hodgson, N.**, Schinfeld, S. (2008) Long-term Effect on Mortality of a Home Intervention that Reduces Functional Difficulties in Older Adults: Results from a Randomized Trial . *Journal of the American Geriatrics Society*.

Contributions to Books

Vallerand, A., Breckenridge, D. & **Hodgson, N.** (1998). Theories and conceptual models to guide quality of life related research. In C. King & P. Hinds (Eds.) Quality of life: From nursing and patient perspectives (pp. 37-54). Sudbury, Mass: Jones & Bartlett.

Published Reports

Freedman V., **Hodgson, N.A.**, Lynn, J. Spillman, B., Waidmann, T., Wilkinson, A., Wolf, D. (2005). Promoting late life disability decline: A framework for identifying high-impact interventions. Report prepared for the Office of the Assistant Secretary for Planning and Evaluation, August, 2005.

PROFESSIONAL PRESENTATIONS

“Additive Effects of Cognitive and Physical Disability on Mortality in Older Adults with Cancer” paper presented at Sigma Theta Tau 38th Biennial Convention - Vision to Action: Global Health Through Collaboration, November 6, 2007, Baltimore, MD

“The Efficacy of Reflexology as a Palliative Treatment in Nursing Home Residents” paper presented at Sigma Theta Tau 38th Biennial Convention November 5, 2007, Baltimore, MD

“End of Life Care Discourse in Nursing Homes” paper presented at Sigma Theta Tau 38th Biennial Convention, November 4, 2007, Baltimore, MD

“Information needs of family caregivers during end stage dementia” Paper presented at the 60th Annual Scientific Meeting of the Gerontological Society of America, November 23, 2007, San Francisco, CA.

"Palliative care services in Pennsylvania nursing homes: Statewide survey results." Poster presented at the annual meeting of the University of Pennsylvania Institute on Aging Sylvan Cohen Scientific Retreat, May 8, 2007, Philadelphia, PA.

“Palliative care discourse in the nursing home: A paradox of barriers” presented at the Annual Conference of the New Jersey End of Life Nursing Education Consortium, March 23, 2007, Atlantic City, NJ.

“The clinical efficacy of reflexology in nursing home residents” presented at the Annual Conference of the New Jersey End of Life Nursing Education Consortium, March 22, 2007, Atlantic City, NJ.

“A Quality Improvement Process for Pain Management” presented at the Quality Insights of Pennsylvania Regional Conference, February 5, 2007.

PROFESSIONAL PRESENTATIONS (continued)

"End of Life Care Discourse in Nursing Homes: The Paradox of Barriers" presented at the 59th Annual Scientific Meeting of the Gerontological Society of America, November 18, 2006, Dallas, TX.

"Perceived Barriers to Palliative Services in Pennsylvania Nursing Homes" presented at the 59th Annual Scientific Meeting of the Gerontological Society of America, November 18, 2006. Dallas, TX.

"The clinical efficacy of reflexology in nursing home residents with dementia." Paper presented at the 17th International Nursing Research Congress Focusing on Evidence-Based Nursing, July 18, 2006, Montreal, Canada.

"Perceived barriers to palliative services in Pennsylvania nursing homes." Paper presented at the American Academy of Hospice and Palliative Medicine/Hospice and Palliative Care Association Annual Assembly, February 9, 2006, Nashville, TN.

"Palliative care services in Pennsylvania nursing homes: Statewide survey results." Paper presented at the annual meeting of the Gerontological Society of America, November 20, 2005, Orlando, FL.

"Lessons learned: Short-term comparisons of seven potentially high impact interventions." Presented at the annual meeting of the Gerontological Society of America, November 19, 2005, Orlando, FL.

"Dementia: Surviving the realities of caregiving in the end-stages." sponsored by NJ Institute for Successful Aging. Presented at the Alzheimer's Association Annual Caregivers Conference, November 5, 2005, Stratford, NJ.

"Overcoming dataphobia: Strengthening the evidence base for hospice care through outcomes measurement and research." Presented at the Pennsylvania Hospice Network Annual Conference, May 2, 2005, King of Prussia, PA.

"Palliative care services in Pennsylvania nursing homes: preliminary findings." Poster presented at the annual meeting of the Gerontological Society of America, November 22, 2004, Washington, DC.

"Designing palliative care in long term care and Alzheimer's care settings." Presented at the annual meeting of the Gerontology Institute of New Jersey, November 4, 2004, Moorestown, NJ.

PROFESSIONAL PRESENTATIONS (continued)

"The clinical efficacy of passive monitoring technology in identifying the risk of adverse outcomes in Alzheimer's patients." Poster presented at the 9th International Conference on Alzheimer's Disease and Related Disorders, July 19, 2004, Philadelphia, PA.

"Dementia: A case study exemplar in long-term care." Poster presented at the Alzheimer's Association 12th National Alzheimer's Disease Education Conference, July 17, 2004, Philadelphia, PA.

"The clinical efficacy of passive monitoring technology in identifying the risk of adverse outcomes in Alzheimer's patients." Poster presented at the University of Pennsylvania Institute on Aging 25th Anniversary and Sylvan Cohen Scientific Retreat, May 25, 2004, Philadelphia, PA, First Place for Poster in Clinical Research.

"The theme of personal commitment in developing a palliative care program." Paper presented at the Gerontological Society of America's 56th Annual Scientific Meeting, November 23, 2003, San Diego, CA

"Palliative care practice in the nursing home." Presented at the annual Frank Morgan Jones Fund Lecture at Foulkeways, September 29, 2003, Gwynned, PA.

"Developing a palliative care program in the nursing home: An ethnographic study." Paper presented at the 7th Australian Palliative Care Conference, September 11, 2003, Adelaide Australia.

"An ethnographic study of palliative care in the nursing home." Paper presented at the 6th World Congress in PsychoOncology, April 24, 2003, Banff, Canada.

"Collecting salivary cortisol from a physically and cognitively frail elderly population: Problems, pitfalls, and prospects." Paper presented at the 2002 Annual Meeting of the Population Association of America, May 2002, Atlanta, GA.

"Adrenocortical activity in the frail institutionalized elderly: Patterns of diurnal variation are linked to cognitive ability and mood." Poster presented at the Society of Behavioral Medicine 23rd Annual Meeting and Scientific Sessions, April 2002 Washington, DC.

"Diurnal variation in adrenocortical activity in the frail elderly." Hot Poster presented at the Gerontological Society of America's 54th Annual Scientific Meeting, November 2001, Chicago, Ill.

PROFESSIONAL PRESENTATIONS (continued)

“Cancer mortality differentials in the U.S. elderly: The effects of sociodemographic characteristics, comorbid conditions and non-definitive treatment.” Poster presentation at the Gerontological Society of America’s 54th Annual Scientific Meeting, November 2001, Chicago, Illinois.

“Cancer mortality determinants and differentials in the U.S. elderly: Demographic findings.” Paper presented at the International Council of Nurses 22nd Quadrennial Congress, June 2001, Copenhagen, Denmark

“A demographic perspective of chronic diseases in developed countries.” Poster presented at the Sigma Theta Tau International Honor Society of Nursing 12th International Nursing Research Congress, June 2001, Copenhagen, Denmark

“The influence of age, disability and resource utilization on post-operative cancer mortality in US elderly.” Paper presented at the 2001 Annual Meeting of the Population Association of America, March 2001, Washington, DC

“Determinants of functional recovery in older adults surgically treated for cancer.” Poster presented at the Gerontological Society of America’s 53rd Annual Scientific Meeting, November 20, 2000, Washington, DC.

“An explanatory model of variables influencing the quality of life of older adults with cancer.” Paper presented at NCI/ONS Cancer Nursing Short Course, 24th Oncology Nursing Society Congress, April 1999, Atlanta, GA.

“Information needs of cancer patients following surgery.” Paper presented at the 32nd Annual Communicating Nursing Research Conference/Western Institute of Nursing Assembly, April 1999, San Diego, CA.

“Quality of life in older adults: A review of the literature.” Poster presented to the 23rd Oncology Nursing Society Congress, May 1998, San Francisco, CA.

“Epidemiological trends of cancer among older adults.” Poster presented to the 12th Annual Cancer Nursing Conference, April 1998, Dover, DE.

“Psychosocial aspects of AIDS” Moderator for the New Jersey State Nurses Convention, April 1991, Newark, NJ.

“Assessment and management of affective disorders in young adults”. Seminar presented at NJ College Health Association Monmouth County Community College, September 1990, Freehold, NJ.

AWARDS AND HONORS

Archstone Foundation Award for Excellence in Program Innovation, Honorable Mention	2004
National Institute for Aging, Postdoctoral Fellowship, Demography of Aging	1999-2001
RAND Summer Institute on Epidemiology and Aging Scholarship Award	2000
Ethel F. Lord Fellowship, Soroptimist International	1999
Folkways-Frank Morgan Jones Gerontology Research Fellowship	1999
National Research Service Award Predoctoral Fellowship, National Center for Nurse Research, National Institutes of Health	1996-1999
Teaching Assistant Award, University of Pennsylvania School of Nursing	1996-1997
Who's Who in American Nursing, Society of Nursing Professionals	1991
Sigma Theta Tau International Honor Society of Nursing	1988
Vice-president: University of Pennsylvania, Doctoral Student Organization	1997-1998
National Institute of Mental Health Traineeship Award, USPHS	1987-1988

RESEARCH SUPPORT

Current

American Cancer Society, IRG #114958

Principal Investigator: N. Hodgson

Comparison of Palliative Touch Therapies on Biosocial Measures of Stress in Nursing Home Residents with Solid Tumors April 2008- July 2009

This pilot/exploratory study will investigate the efficacy of complementary touch therapies for relief of distress in nursing home residents with solid tumor diagnoses.

NIMH R21MH069425-03

Principal Investigator: L. Gitlin

Role: Co-Investigator

Tailored Activity to Improve Affect in Dementia at Home 2/04-7/08

This pilot study will evaluate the feasibility and derive effect sizes for an innovative intervention that targets community-living persons with dementia and their family caregivers.

NIA R01AG022254-05

Principal Investigator: L. Gitlin

Role: Co-Investigator

Reducing Family Caregiver Upset with Disruptive Behavior 5/03-8/08

This randomized controlled trial will test the effectiveness of a targeted intervention to reduce family caregiver upset with disruptive behaviors and burden, and frequency of behavioral occurrences in persons with Alzheimer's disease and related disorders.

Completed

Farber Family Foundation

Principal Investigator: N. Hodgson

Palliative Dementia Care

The purpose of this project is to disseminate best practice initiatives in palliative dementia care and to conduct pilot research in nonpharmacologic management of pain and depression.

Rubenstein Charitable Foundation

Principal Investigator: N. Hodgson

Hearts and Hands: Palliative Care Curriculum for Nursing Home Staff

The purpose of this project is to evaluate a training guide in palliative dementia care principles designed for front line nursing home staff.

NIA R03 AG2159

Principal Investigator: N. Hodgson

Postoperative cancer mortality in US elderly

The major goal of this project is to examine the sociodemographic and disease specific factors associated with mortality in a nationally representative sample of older adults with cancer.

PA Department of Health, ME-04-164

Principal Investigator: N. Hodgson

Palliative Care Services in Pennsylvania Nursing Homes

The purpose of the study is to identify and describe existing palliative care services within nursing homes in Pennsylvania and classify these programs by models of care delivery.

PA Department of Health, ME-05-164

Principal Investigator: N. Hodgson

Perceived Barriers to Palliative Care in Pennsylvania Nursing Homes

The purpose of this qualitative study is (1) to identify the barriers perceived by nursing home administrators in providing palliative care services in Pennsylvania Nursing Homes, (2) to explore the meaning of the palliative care services for administrators that have been identified as either high-level providers or low level providers of palliative care.

Assistant Secretary for Planning and Evaluation, 100-02-0017

Principal Investigator: V. Freedman

Promoting disability decline: A framework for identifying high impact interventions

Role: Co-Investigator

The purpose of the task order is to develop a new framework for identifying and evaluating high-impact interventions to promote declines in disability rates among older Americans.

North Penn Community Health Foundation

Principal Investigator: N. Hodgson

Palliative Care Outreach

The purpose of this project is to enhance the exportability of the Abramson Center's Palliative Care training curriculum.

NIA R03 AG19896

Principal Investigator: V. Freedman

Physiological stress and health outcomes in a frail elderly population

Role: Project Director

The aims of this project were to 1) obtain physiological measures of stress from a physically and cognitively impaired population; and 2) understand the differences between cognitively impaired and intact subjects with respect to levels of stress hormones produced.

Sigma Theta Tau, International Honor Society of Nursing, Research Award

Principal Investigator: N. Hodgson

The impact of passive nurse call technology on nursing home fall rates

The purpose of this project is to evaluate the clinical efficacy of a passive nurse monitoring and call system in reducing nursing home fall rates in high-risk adults in a nursing home setting.

HRSA via subcontract with the University of Pennsylvania 1-DE53-HP-00520

Principal Investigator: S. Kagan

Geriatric Nursing Knowledge & Experience in Long Term Care Facilities,

Role: Clinical Liaison, Co-Investigator

The purpose of this project is to create an exemplar case study on dementia within the context of the long-term care continuum.

PA Department of Health ME-02-164

Principal Investigator: K. Van Haitsma

The Impact of Nurse Call Technology on Resident Functioning in the Nursing Home Environment

Role: Co-Investigator

The purpose is to determine whether new passive nurse call technology impacts on the quality of care and the quality of life of nursing home residents with dementia over time.

Frank Morgan Jones Fund, Pilot Research Grant

Principal Investigator: N. Hodgson

Developing a palliative care program in the nursing home: An ethnographic study

The aims of the project were to (1) to identify the circumstances and conditions that give rise to the development of a palliative care program in one long-term care facility, (2) to learn how participants' beliefs and attitudes about end-of-life-care affects the development of a palliative care program.

Oncology Nursing Society Foundation

Principal Investigator: N. Hodgson

Forecasting hospitalization needs in the Medicare cancer population

This pilot study estimated a statistical forecasting model and illustrates its use in projecting the characteristics of Medicare cancer patients who are likely to need hospitalization.

NIA T32 AG00237

Principal Investigator: R. Schoen

Demography of Aging

Role: Post Doctoral Fellow

NINR T32 NR07036

Principal Investigator: R. McCorkle

Psychosocial Oncology

Role: Pre Doctoral Fellow

PROFESSIONAL ACTIVITIES

Committees

Chair, Institutional Review Board, Abramson Center for Jewish Life, 2005-present

Grant Reviewer

Israel Ministry of Health, 2006-present

NIH Special Emphasis Panel, Health of the Population Integrated Review Group (HOP1)

Abstract Reviewer

American Public Health Association

Gerontological Society of America

Manuscript Reviewer

Journal of Health and Human Services Research

Journal of American Medical Directors Association

Gerontologist

Journal of Palliative Care

Journal of Palliative Medicine

Biological Psychology

Technical Advisory Panel

Department of Health and Human Services Assistant Secretary of Planning and Evaluation: Effect of Reducing Falls in Long Term Care Expenses: Feasibility and Planning Study (2006-present)

CURRENT PROFESSIONAL ASSOCIATIONS

Member, American Public Health Association: Gerontological Health Section; Public Health Action Network Committee
American Nurses Association: Council of Psychiatric and Mental Health Nursing
The Gerontological Society of America: Behavioral and Social Sciences Section; Hospice, Palliative and End of Life Special Interest Group
Hospice and Palliative Care Nurses Association: NJ Chapter
Oncology Nursing Society: NJ Chapter, Division #5
Sigma Theta Tau International Honor Society of Nursing: Xi Chapter
Institute on Aging, University of Pennsylvania

CERTIFICATION/LICENSES

ANA Certification: Clinical Specialist in Adult Psychiatric and Mental Health Nursing, 1989
NJ State Board of Nursing: Licensed as Registered Nurse , 1984
Pennsylvania State Board of Nursing: Licensed as Registered Nurse, 1984
ENLEC Trainer Certificate, 2006