

## AHEOR Fellows Reflect

As the first year of our experience as Applied Health Economics and Outcomes Research (AHEOR) Fellows quickly approaches its end, it is a perfect time to reflect on our experience at Jefferson College of Population Health (JCPH). Here we have learned more than either of us could have imagined. We have grown both personally and professionally, and we thank our mentors for their guidance and all those who contributed to our development during our time here.

As AHEOR Fellows, conducting research is one of our primary responsibilities. As researchers in training, this is important because it allows us to gain a better understanding of what it means to be a researcher and to contribute to the field. This year we had the opportunity to pursue a wide variety of projects and work with an equally wide variety of collaborators in the process. We have participated in research describing disparities in breast cancer, examining refugee health, and evaluating aspects of the Italian healthcare system. Highlights included a project led by David analyzing opioid utilization patterns using claims data from partners outside the JCPH with hopes of painting a clearer picture of opioid use in a working age population; while Laurence worked on a cost-effectiveness analysis to evaluate the clinical and economic consequences of patients' non-adherence to aspirin.

Much of the fellowship involves conducting research, but there is a lot more to what we do as fellows at JCPH. One of our first experiences was attending the Population Health Academy, a week-long, intensive course which provides attendees with a foundation in population health. This was an amazing primer to the challenges we will face in an evolving healthcare system and to the problems that our research would seek to address over the course of our first year. Some of the most exciting experiences involved attending conferences including the Academy of Managed Care Pharmacy (AMCP) Annual Meeting and Expo, AMCP Nexus, and Real World Evidence and Market Access USA. Each provided unique educational content and great networking opportunities. Additionally, we both presented our research at each AMCP conference and will be presenting our research at the

International Society for Pharmacoeconomics and Outcomes Research (ISPOR) 22nd Annual International Meeting. We also served as judges for the local AMCP Foundation Pharmacy & Therapeutics (P&T) Competition held by Jefferson College of Pharmacy and Sigma Xi Research Day.

With Year 1 coming to a close, we look forward to another exciting year of learning and growth at our sponsor companies and we thank all those who have made this year such a great experience!



*Laurence and David*

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