

## Editor's Column

At the recent American Psychiatric Association meeting in San Francisco I found myself enjoying the strain of walking the hills. The trolley car lines were too long; I assured myself. . . I didn't have time to wait. This of course served another purpose. It gave me an opportunity to reflect on my thoughts. Enjoying a brisk walk while contemplating various philosophical issues is a luxury which I rarely find time for, my schedule being far too busy. I was reminded of the many aspects of my life which are relatively neglected and also of the endeavors which I choose to pursue. Being chief editor of the Journal is one such endeavor. Supervisors, past and future, advisors and faculty all show their enthusiasm and lend their support. Their pleasure in finding academic interest in a resident is obvious. Their guidance has been essential. In light of this I wonder at the lack of encouragement for extracurricular interests that I find in residents in general. The skills involved in research and writing do not come easily, I know. Hence, it is with admiration for our contributing authors and gratitude for my advisors that I undertake this endeavor, and encourage fellow residents to develop their creativity and to contribute.

Elizabeth Trefzger, M.D.

Chief Editor

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