Fall 1989

Nurses Alumni Association Bulletin, Fall 1989

Alice C. Boehret

Margaret Summers

Julie S. Berkowitz

Grace Bird Petersen

Frances Baker Anderson Crossan

See next page for additional authors

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ALUMNI LUNCHEON DATE

MAY 5, 1990

11:30 A.M.

JEFFERSON ALUMNI HALL

1020 Locust Street
Philadelphia, PA 19107

ANNUAL MEETING—MAY 5, 1990

10:00 A.M.
JEFFERSON NURSES' ALUMNI ASSOCIATION MEETING CALENDAR

Regular meetings of the Alumni Association will be held on the following dates:

- September 12, 1989
- November 14, 1989
- January 9, 1990
- March 13, 1990
- May 5, 1990 (Annual Meeting)

The meetings will be held at Jefferson Alumni Hall, 10th and Locust Streets, Philadelphia, PA. Meetings begin at 4:30 P.M., except the Annual Meeting which will begin at 10:00 A.M. Room number will be posted in the lobby.

OFFICERS 1989-1990

President
ALICE C. BOEHRET, '42

First Vice President
CAROLE ROSE, '56

Second Vice President
JEANETTE PLASTERER, '51

Recording Secretary
NANCY T. POWELL, '51

Treasurer
DOROTHY A. CLOUD, '42

President-ex-officio
FLORENCE ROCHE, '36

BOARD OF DIRECTORS

DORIS E. BOWMAN, '42
PATRICIA DUNN, '71
DOLORES HECKENBERGER, '55
JANET HINDSON, '50
BETTY PIERSOL, '34
MABEL C. PREVOST, '29
DOROTHY RANCK, '39
MARGARET SUMMERS, '41

THE BULLETIN PUBLICATION COMMITTEE 1989

BETTY PIERSOL, '34
NANCY T. POWELL, '51
ELIZABETH K. PRISNOCK, '47
MARGARET SUMMERS, '41, Chairman

Credits

MARIA ELFRETH
Assistant Director of Development and Director of Alumni Programs—C.A.H.S.

GALE DRYDEN
Alumni Events Coordinator—C.A.H.S.

The Bulletin is published annually by

Alumni Association of the School of Nursing
College of Allied Health Sciences
Thomas Jefferson University
Philadelphia, PA 19107

COMMITTEE CHAIRMEN

Bulletin
MARGARET SUMMERS, '41

By-Laws
DOROTHY RANCK, '39

Finance
BETTY PIERSOL, '34

Nominating
PATRICIA DUNN, '71

Relief Fund
(co-chairmen)

MILDRED DEKORTE, '42

LORRAINE MCCALL, '49

Satellite

MABEL C. PREVOST, '29

Scholarship
DORIS E. BOWMAN, '42

Social
RHODA B. WEIZS, '42

The President's Message

Dear Fellow Alumni,

Well, our first year is over and we have had a very busy year. Several changes have been instituted which we hope will be of benefit to the members of the Jefferson Nurses' Alumni Association. These changes are included in the committee reports and the minutes of bi-monthly meetings reported elsewhere in this Bulletin.

There were nineteen added to our Life Membership list this year. This brings our total to 240 living Life Members. A total of 40 graduates joined our ranks as members but 23 members died. So we did gain a few.

The format of the Annual Meeting changed. We tried to include a summary of all of the actions taken during the year. The Melville-Lewis Scholarship Fund regulations were amended and approved by the members in attendance. These regulations are in detail in the Report of the Scholarship Committee.

For the first time, a Budget was presented to the membership and approved. No one is ever really satisfied with a budget, but it is a first step and will improve as the membership directs.

The Meeting was too short for the 72 members attending to grasp all that was being presented. The Board of Directors are considering ways to lengthen the meeting and still give reuniting classes time to socialize to catch up on the intervening years.

One of the major problems we face, is lack of people to carry on the work of the organization. Very few Jeff nurses who live in the Philadelphia area come to the bi-monthly meetings, or serve on the committees essential to the success of activities. The Luncheon Committee (Social) was chaired by Nancy Scott and due to the death of one member and the illness of the husband of another, she had to carry the load alone. She did a really magnificent job and we are grateful.

The Officers and Board of Directors just seem to be shuffled from one job to another in the organization. Many are serving their second term in an office, and two are in their third term which is contrary to the By-Laws. However, the Chairman of the Nominating Committee can find no one to serve, or even run for office. However, the Chairman of the Nominating Committee can find no one to serve, or even run for office. In the same vein, two of the Board serve on five of the six committees. They need a rest and the organization needs new people to carry on the work which is for our membership.

The Satellite group in Harrisburg is moving ahead at a full head of steam. Several of their suggestions have been acted upon and the organization improved. Dorothy Ranck who spearheaded the group with Gladys Keiper is to be complimented on the excellent job. There are other groups who have indicated interest and we wish them well in their endeavors.

It is with regret that we announce the resignation of Caroline Masuda as Treasurer. She is moving to Florida and that is much too far to commute to meetings. The Board has appointed Dorothy Cloud '42 as an interim Treasurer while we seek for someone who can serve for an extended period. Our Treasurers tend to serve for 20 years.

This is a long report; however, much happened this year. Next year will probably be the same. We hope we will see more of you at our meetings, bi-monthly for the Philadelphia area, and the rest of you at the Annual Meeting.

Respectfully submitted,
Alice C. Boehret, RN, EdD
President
**TREASURER'S REPORT May 1, 1988 — April 30, 1989**

**Cash Receipts**
- Dues: $7,220.00
- Annual Giving: $20,187.00
- Luncheon Receipts: $4,990.00
- Bar Receipts: $635.00
- Class Lists: $20.00
- Sale of Caps: $65.00
- Reimbursement from First Pennsylvania Bank (for Christmas checks & floral birthday arrangements): $1,963.50

**Total Receipts**: $35,070.50

**Cash Disbursements**
- Salaries & Honorarium: $8,127.40
- Printing & Office Supplies: $1,421.96
- Society Hill Florists (22 birthday arrangements): $699.48
- Luncheon Expenses: $7,108.25
- Internal Revenue Service: $2,031.60
- Satellite Committee Expenses: $536.43
- United Way Contribution: $150.00
- Christmas Checks (8 @ $150.00 each): $1,200.00
- The Winchell Co. (3000 annual bulletins): $10,918.45
- Thomas Jefferson University (Decade Fund Contribution): $5,000.00
- Miscellaneous Expenses: $675.00

**Total Disbursements**: $38,300.91

**Cash Balance as of May 1, 1989**
- General Fund Checking: $25,120.31

**Relief Fund**
- Total Assets as of March 28, 1989: $25,000.00
- Relief Benefits for Members (10): $2,031.60

**Scholarship Fund**
- Total Assets as of April 1, 1989: $103,364.89
- Scholarships Granted (8)

**TOTAL ASSETS**: $1,156,302

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**Brown, Brouse & Company**

**ALUMNI ASSOCIATION OF THE SCHOOL OF NURSING THOMAS JEFFERSON UNIVERSITY**

**STATEMENT OF ASSETS AND FUND BALANCE**

**December 31, 1988**

**ASSETS**

- Cash—General Fund: $4,580
- Endowment Funds: $988,424
- Scholarship Fund: $105,406
- Marguerite G. Barnett Memorial Student Loan Fund: $57,974

**Other Equipment**

**TOTAL ASSETS**: $1,156,302

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**Nurses’ Alumnae Association Relief Fund**

The following is a reprint of the Relief Fund Agreement established April 1, 1937

**AGREEMENT**

April 1, 1937

The Nurses’ Alumnae Association of the Jefferson Hospital, an unincorporated organization, membership in which is restricted to the nurses who have graduated from the School of Nursing of the Jefferson Hospital, hereby, through its Officers specifically directed to make this request by the Association itself, request the Board of Trustees of the Jefferson Medical College to receive, in trust, the sum of Eleven Thousand Dollars ($11,000), to be established in perpetuity a fund to be known as “The Jefferson Nurses’ Relief Fund”, the same to be maintained as the Alumnae Fund of the above organization and to be invested and re-invested for the benefit of the Association, the income from the principal sum of $11,000, to be used for the benefit of members of the Association who may be ill or otherwise unfortunate, and to be paid to the Treasurer of the Nurses’ Alumnae Association, upon request signed by the President and Secretary of the Association after due authorization given by the Association itself.

The Nurses’ Alumnae Association requests that the Board authorize additions to this principal fund from time to time and that they be received under the same conditions as stated heretofore.

In the event that the Nurses’ Alumnae Association should cease to exist or to function, the Board of Trustees are authorized and requested to utilize the fund for the purposes for which it was established, as stated above.

Heine Weber, President

Fern Nunemaker, Secretary

Berenice L. Freudenberger, Treasurer

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**Decade Fund**

Early in 1984 Thomas Jefferson University started a Decade Fund to raise money for the University. We, the Alumni Association were invited to participate, and we accepted the challenge.

In 1984 the Alumni Association started a Decade Fund, by doing this we would benefit from the accrued interest. The fund was closed December 31, 1988. March 1989 the money including the interest amounting to $50,000.00 was transferred to the University. The Alumni Association requested that $25,000.00 go to the Department of Nursing, to be used for nursing research by the Department of Nursing. $25,000.00 was given to the Department of Baccalaureate Nursing to be used as scholarships for second career students. Second career students are those persons who have had another career i.e., teachers, firemen/women, postal workers, librarians, etc. and now wish to enter the field of nursing. By establishing this scholarship fund, we, the Alumni Association are helping to ease the shortage of nurses.

The name of the scholarship fund is "Nurses’ Alumni Association Scholarship Fund." The first scholarship has been awarded, the recipient is Rosemary Duffy, her first career was a high school teacher. Ms. Duffy received a scholarship in the amount of $1,250.00.

I am happy to report that our decade fund monies have been used by the University as we requested.

Margaret Summers, ’41
Rediscovery of a Rare Antiquity at Jefferson

by John S. Berkowitz, the University Art Historian
Adapted from an article in the Jefferson Medical College Alumni Bulletin, Winter, 1989

Thompson Annear's ground floor elevator lobby is an unlikely site for an archaeological "find," yet recently it hosted such an event. A niche there yielded a full-length, 17th century sculpture revealing the musculature of underlying forms. It was discovered by local students who thought that the statue might be of interest. This suggested probable burial in antiquity and long exposure to the elements.

I was able to recognize the statue's antiquity. An analogous situation is a physician's or nurse's visual observations of a patient before taking a history or conducting a physical examination. When an art historian sees an unfamiliar art work, this is the source of this experience. All experts also agreed that the sculpture originally must have been part of a larger architectural assemblage in or near Rome. Because of shallow carving in the figure's back, it is likely that this figure was made in the 3rd century B.C. to the 3rd century A.D. Since I have not been able to examine yearbooks or other historical records, this is an educated guess because ancient art is outside my area of expertise, I consulted with area scholars who specialize in ancient art and archaeology. All six experts agreed unequivocally that the torso is an analog to the ideal stance-weight on one leg, the other bent at the knee— with softly draped folds of the costume revealing the musculature of underlying forms. I observed that the marble surface of Jefferson's Athena is a tawny color, with pockmarks and irregularly scattered, dark accretions. This suggests probable burial in antiquity and long exposure to the elements.

At first, I felt uneasy about the head and arms which were heavy, angular and free of accretions. They were heavy and stiff compared with the delicately carved drapery folds over the slender, lifelike body. Then I noticed cracks and bondage elements at the neckline and sleeves, and concluded that the head and arms must have been added centuries later. Since this hypothesis was only an educated guess because ancient art is outside my area of expertise, I consulted with area scholars who specialize in ancient art and archaeology. All six experts agreed unequivocally that the torso is an analog to the ideal stance-weight on one leg, the other bent at the knee— with softly draped folds of the costume revealing the musculature of underlying forms. I observed that the marble surface of Jefferson's Athena is a tawny color, with pockmarks and irregularly scattered, dark accretions. This suggests probable burial in antiquity and long exposure to the elements.

I am looking forward to my 50th anniversary after graduating as a registered nurse in 1939, at Jefferson Medical College Hospital School of Nursing. I am sure many of us think back to the day when it all began.

I arrived at the nurse's residence from New Jersey. Philadelphia was the first city I ever had been from home. It was taken to a large front room in 1916. Two large windows faced on Spruce Street. The curtains and walls seemed to be all one dull color, but there were five coats with a little thin mattress, five clothes lockers, three chests of drawers, five straight chairs, and all of things, a rocking chair.

Right next door was a bathroom with one tub, two sinks and two toilets. This was shared with three other girls from a room down the hall. You can imagine the commotion that took place there in the mornings when we were all preparing to go on duty. We rushed in and out at all stages of dress and undress so as not to miss our turn. We were interviewed by no one yet interviewed has documented in-
"Honey" always opened the entrance door promptly at 9 p.m. Girls and their dates would be grouped on the sidewalk. One winter night someone threw a snowball just as she opened the door and it hit her on the chest. You can be sure we were hustled in --- in a hurry that night.

When we were assigned to the Diet Kitchen we went on duty an hour earlier. Three times a day we loaded a large cart with various foods and went to the different floors to provide "special diets". I always felt sorry for the patients at the last place, usually Second Floor Medical. If we ran out of a certain food we had to use something else. Weighing out a portion of a 9% vegetable could mean a whole plate full of something like turnips.

The dietician, Miss Martha Walker, must have branded these two words on my brain --- "substitute" and "improve". I have never forgotten them.

I also remember, Mary the termagnant who ran the second floor kitchen. She put the fear of death into anyone who dared to leave a spot on her new stainless steel sink.

Miss Walker had her office in a corner of the Diet Kitchen. She kept a bright, yellow cane there. Not very sanitary, but it stayed in the cage. One day someone poured a large bowl of peas on high speed. The whole area turned green, including the cane.

The purse was to be part of the galleys and galleons of liquid feeding that we made for patients with stomach feeding tubes. Milk, strained oatmeal, corn syrup, and pureed vegetables. It may have been nourishing, but, it looked like grey, leftover draft in the Jefferson Nurses' Cookbook, published in 1960, are much more appetizing. I use it often.

After we had been in training a year and a half we were moved to a newer building in the rear. It was reached by going through a series of passages and laundry rooms. If you lived on an upper floor you had to walk up if someone forgot to close the elevator door properly. BUT, you had a room to yourself, a whole dresser, desk, large obit and your own rocking chair.

Almost every night we gathered in one room or another to talk, study, eat, and listen to the radio. This was the time of the "Hit Parade". Radio's were not allowed and every once in a while there was a knifed to death in the room and we would hear "now honey I'll take that radio, you can have it back when you leave". We would hand over one that did not work. We kept the good ones.

We finally became seniors and worked our way through all of the various departments of the hospital, Pine Street, and finished our lectures and exams. We were called to the office, one by one, to be told that we had passed and we were given our grades.

Although the discipline seemed harsh, the training and education were the best. You could always sense the respect when it was known that you were a "Jefferson Nurse". Over the years I have often thought of those, the companionship, and many shared experiences both on and off duty. It seems like it was yesterday, but now we are celebrating our 50th anniversary.

When You're the Patient

The following article has been reprinted from Vol 4 #1, 1989 with the permission of AD NURSE Journal, Data Design, Inc., 2901 Oakhurst Ln., Franklinville, WI 53216.

By Nancy S. Brainard, ARNP, C, MSN

It was a "miraculous accident" according to my surgeon's operating report. "Miraculous in that more severe damage was not done. It was my son's 15th birthday and I hurried home from work to prepare his dinner. As I picked up the butcher knife to separate frozen hamburgers, I recall thinking, "This is stupid. I could really hurt myself doing this." Before the thought was complete, I realized I had cut the knife completely through my left index finger.

Automatic thinking takes over, find a neighbor to drive me to the hospital, grab the insurance card and extra paper towels; everything tidy and neat.

Thank goodness the ED is quiet. I am embarrassed, hungry, and my son's birthday is ruined. The nurse puts me in a room and takes a look. I'm shaking. I'm usually the one asking the questions and putting clients at ease. But now someone else is taking the VS and giving the lethal shot. She tells me to relax.

"You have partially severed a tendon," my doctor says. "I will have to call in a plastic surgeon.

People begin to do things to me. Anesthesia arrives, the lab draws blood, papers are signed, the ID bracelet goes on, and jewelry comes off. No time to cry.

After surgery and recovery, I was escorted out of the hospital with my arm securely tucked in a sling and the real worry begins: will I make it through my left ring finger. I was embarrassed (suddenly that word was clear) and worried about the things I couldn't do.

Sleep was difficult — cooking was out. It took me days to get up the courage to face a knife again. I could not clean. Eating was okay until something needed cutting and more than once food ended on the floor. I could not dress myself, put jewelry on, or wash. Fixing my hair was impossible and my daughter even had to shave my legs. The most basic needs became severe problems.

I was especially unprepared emotionally for the impact of being so dependent on others. I doubt anything could adequately prepare someone for this. It was easier to cry than to ask for help.

The biggest positive, however, has been my appreciation for how an injury can turn one's life upside down in so many unexpected ways. I know there is a part of me now that has a much greater understanding and appreciation for the word, "disabled."

Nancy S. Brainard is an Associate Professor of Nursing at Pasco-Hernando Community College in New Port Richey, FL. She is also a Genitc (Advanced RN Practitioner) Practitioner in Florida. Nancy is a 1966 graduate of the School of Nursing, Thomas Jefferson University.

Do's and Don'ts if Your Patient is a Nurse

Do:

- Remember that a nurse will react to what is happening just like any other patient.
- Understand that nurse-patients need reassurance too — maybe more since they have more knowledge of complications and mistakes that can occur.
- Explain what is being done, what is happening, and why because anxiety can erase memory.
- Allow the nurse-patient the opportunity to express feelings at being a patient. Offer leads such as, "I understand you are a nurse, it must be difficult being the patient now."
- Explore what lifestyle changes may result from the injury/illness and do not assume the nurse-patient will automatically know these things.
- Remember that most nurses have focused specialties and may know very little about their own particular injury/illness.

Don't:

- Assume the nurse-patient automatically understands what is going on.
- Treat the nurse-patient differently from other patients. Assess knowledge and intervene accordingly.
- Unload your frustrations on the nurse-patient thinking she or he can relate to your problems.
- Expect your nurse-patient to do everything "right" because she knows these things.
- Worry that you are being evaluated by nurse-patients. Chances are they are most concerned with being a "good patient" and making things as easy for you as possible.
Be Happy

In July of 1965, my husband Reyer and I attended a workshop and lecture titled Beekeeping at an Eastern Apiary Society held at Franklin and Marshall College in Lancaster, Pa. We were challenged and impressed by the great amount of knowledge that exists about beekeeping and because we wanted to eventually understand all that we saw and heard. In the spring of 1966 we enrolled in a Beekeeping course at Delaware Valley College in Doylestown, Pa. This course was then and is today taught by Dr. Robert Berthold Jr. We received our certificates after successfully completing the written, oral, and field requirements. And so, armed with much confidence and a beginning knowledge of the subject, we bought protective suit, head-covering nets and long gloves. Reyer — as a woodworker — made the necessary boxes, hive bodies, brood chambers and honey supers. We bought two small farms in our community. The farmers have the benefit of an opportunity to manage the hives to maximize honey production — to teach people how to extract the honey — to package and to market. We take great pride in knowing that we are contributing to the prosperity of the tribe.

The Mesquale Apache Tribe is a resort for all seasons and has been featured on the TV program “Playgrounds of the Rich and Famous.” Forty minutes from the Inn, is Ski Apache the largest ski area in southern New Mexico, also owned and operated by the tribe. They operate a large sawmill, two campgrounds and have a very successful beef cattle operation which all contribute to the prosperity of the tribe. 

For a few days before and after the Fourth of July many Mescalero families and visiting Indian families pull up their tents, teepees and brush arbors on the hill surrounding the beach grounds and live for a short time as their ancestors did. This is the time they celebrate the Mesquale Apache Maiden Puberty Rites Ceremony. The girls follow all of the traditional customs, drink only through reeds, they must avoid water on their bodies, never lose their temper or use harsh language, talk little and avoid excessive laughter lest their faces become prematurely wrinkled. The Mountain Gods (the tribes sacred dancers) dance every night and it is very impressive. They dance only at night around a huge bonfire, takes you back in time, the public is invited to attend these ceremonies.

Another interesting time is Halloween. The last year I lived on the reservation I had 425 trick or treaters at my door. Everyone was dressed in costume. I would last about 3 hours and then they go to the Halloween party at the Community Center. If you were working that night you took your treats to work with you because they trick or treat at the hospital. You always count how many you had so you know how much candy to buy next year.

The existing hospital was built in 1967 and is a 15 bed facility with a very active Out Patient Department. Our Nursing Staff consists of 14 RN’s, 2 LPN’s and 2 MA’s. Our Nursing Staff consists of 5 physicians and 1 dentist. The hospital also offers a Monte Carlo of Services. Several months ago we had a Medical Student from Jefferson and it was like a visit with someone from home. He was very well liked by both patients and staff. Dr. Eileen Hammar, one of our physicians will be joining the Associate Faculty at Jefferson later this summer.

When I started work here I was assigned to the In Patient Department. It was quite a change after doing nothing but Operating Room Nursing (many years as an O.R. Supervisor) after graduating from Jefferson in 1949. During this time I not only brushed up on my nursing care, I learned a lot about Indian culture. The medicine men are permitted to come into the hospital and practice Indian Medicine. You usually do not know when they have been here so you learn early not to destroy or contaminate medications and find them on the bedside table. In 1979 our Director of Nurses became ill and had to retire. I was appointed Acting Director of Nurses. This lasted 2 years until they found someone to fill the position permanently. I received letters of commendation from our Area Director and the Area Nurse Consultant for my performance during this time.

My next assignment was Nurse Educator and Training Coordinator for the Service Unit. I was in charge of planning in-service and education seminars for the nursing staff and coordinating training for the hospital employees. I worked with the Eastern New Mexico Emergency Services in providing continuing education for our ambulance drivers and other EMT’s on the reservation. In 1984 I received their award for outstanding Nursing-In-Service Director. In 1986 the government cut us hit and I was moved back into the inpatient care as Out Patient Supervisor. This is a very busy area with about 1500 patient visits per month. We have General Clinic everyday plus many Specialty Clinics. For our Specialty Clinics we use physicians in private practice and physicians from William Beaumont Army Medical Center in El Paso, Texas. We are fully staffed and have a very busy hospital. For our Medical Staff we use physicians in private practice and consult with physicians from William Beaumont Army Medical Center in El Paso, Texas. We are fully staffed and have a very busy hospital.

Nursing on an Indian Reservation

On December 19, 1976 I started work at the USPHS Indian Hospital on the Mescalero Apache Reservation.

The Mescalero Apache Indian Reservation was established by treaty in 1873 and is located in the Sacramento and Sierra Mountains. An elevation of 6500 ft. provides us with ideal growing conditions winterers with an average of 2-3 snowfalls a year and a rainfall of about 15 inches. You get so used to seeing the sun every day that it is very depressing when you get a cloudy day. I live on the reservation in government housing for 12 years.

The Inn of the Mountain Gods, owned and operated by the Mesquale Apache Tribe, is a resort for all seasons and has been featured on the TV program “Playgrounds of the Rich and Famous.” Forty minutes from the Inn, is Ski Apache the largest ski area in southern New Mexico, also owned and operated by the tribe. They operate a large sawmill, two campgrounds and have a very successful beef cattle operation which all contribute to the prosperity of the tribe.

The Mesquale Apache Tribe has between 2500 and 3000 enrolled tribal members. They are the descendants of Cochise, Geronimo, Victoria, Mangas Colorados and I am sure many others. I have known the grandchildren of Cochise and it is very interesting when they tell you stories about their grandfather.

For a few days before and after the Fourth of July many Mescalero families and visiting Indian families pull up their tents, teepees and brush arbors on the hill surrounding the beach grounds and live for a short time as their ancestors did. This is the time they celebrate the Mesquale Apache Maiden Puberty Rites Ceremony. The girls follow all of the traditional customs, drink only through reeds, they must avoid water on their bodies, never lose their temper or use harsh language, talk little and avoid excessive laughter lest their faces become prematurely wrinkled. The Mountain Gods (the tribes sacred dancers) dance every night and it is very impressive. They dance only at night around a huge bonfire, takes you back in time, the public is invited to attend these ceremonies.

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Kinship

A little word in kindness spoken,  
A motion, or a tear,  
Has often healed the heart that’s broken  
And made a friend sincere.

A word, a look, has crushed to earth  
Full many a budding flower.  
Who, had a smile but owned its birth,  
Would bless life’s darkest hour.

Then deem it not an idle thing  
A pleasant word to speak.  
The face you wear, the thought you bring,  
A heart may heal or break.

John Greenleaf Whittier

Nursing on an Indian Reservation

Beams of Sunshine

Do an act of kindness,  
Gladden someone’s day.  
Give a smile to someone  
Passing by your way.  
Share a thought with someone.  
It could mean so much . . .  
Little beams of sunshine  
Brightening lives you touch.

Beverly J. Anderson
Supporting Parents With Mental Retardation

Twenty-four hours a day, every day of the year, young children depend upon their parents to make sure their needs are met. This is a pretty incredible responsibility for many parents. Helping these families, in which one or both parents have mental retardation, to meet this challenge is a growing concern for those who work with children and families in the fields of public health, education, child development, developmental disabilities and child welfare.

Like all parents, those with mental retardation have a wide and varied range of parenting capabilities that vary according to their own experiences in a family setting, the kind of knowledge and skills in caring for children, and personal style. However, because of their cognitive limitations, parents with mental retardation may have difficulty understanding their child's needs and how to procure services to help them meet these needs. All too often, these parents do not receive the kinds of community services and support that would enhance their capability as parents. Generally, these parents require more extensive and specialized training to develop parenting skills.

The Positive Parenting Project (PPP) of Brown County, Wisconsin, is an innovative response to the needs of families in which parents have mental retardation. PPP staff provide specialized management services for eligible families, including evaluation, treatment and education in the areas of nutrition, home management, health and child development, and parenting skills. Eligible families are referred to the project by a variety of sources, including public health nurses, social workers or physicians. A registered nurse consists of a registered nurse and project assistant—serves for 10 to 15 families. While the goal of the project is to help each child reach his or her full potential, the focus is the whole family. Teaching the parents to teach the children may be time-consuming and resource-intensive in comparison with other goals, but it is a long-term benefit for parents and children.

The project is operated through the Community Services Center in Green Bay, Wisconsin, a nonprofit organization that offers services to persons with mental retardation. Currently, PPP is part of the Supported Parenting Program, a joint effort of the National Association of Retarded Citizens and the Wisconsin Center on Mental Retardation and Human Development at the University of Wisconsin-Madison.

In addition to personal characteristics that might create difficulties in parenting, the children of parents with mental retardation are not always easy to manage. Children may lack the ability to make use of normal discipline, or the parent may not have the ability to teach her child discipline. For example, one parent had a child who would not listen to her commands, and even when she was told to do something, she would refuse to do it. Another parent had a child who would not sit still or engage in activities, yet she would continue to talk to him even though he was not listening.

Parents with mental retardation may also have difficulty understanding the deluge of often contradictory information and the need to make decisions. For example, one parent had a child who did not understand the consequences of actions, and she would often do things without thinking about the consequences.

Parents with mental retardation may also have difficulty understanding the need to provide adequate nutrition and health care. For example, one parent had a child who did not eat enough food, and she would often refuse to eat or take the prescribed medication.

Among the children, there is a noticeable improvement in their self-confidence in the decision-making process for their lives. They are able to make choices about what they want to do and how they want to live their lives. This is a major step forward in their development.

The project also provides opportunities for children in PPP who do not have cognitive limitations to socialize with other children and adults. Once a week these children attend a 2-hour playgroup at the Community Service Center. The playgroup was developed to help these at-risk children develop healthy social skills.

To date, 56 parents and 47 children have participated in the Positive Parenting Project. The cost of serving each family in the project is estimated at $3,000 per year. While this cost may seem high, it must be remembered that spending $3,000 per year will result in a greater cost later if it prevents placement of the child in foster care or other more expensive living situations.

Parents believe that children in PPP have demonstrated impressive gains in understanding the needs of their children and being able to provide adequate parenting. Generally, project staff have observed that the children of the project many mothers have shown an increased ability to understand the child's behavior. Their children take more pride in their personal appearance, begin to show a sense of humor, become more assertive, and demonstrate increased independence. Some mothers say that they have been able to help their children take more pride in their personal appearance, begin to show a sense of humor, become more assertive, and demonstrate increased independence.

Among the children, there is generally a noticeable improvement in hygiene and physical health, particularly in height and weight. Their clothes fit more appropriately. The mother's difficulty in understanding the child's behavior is improved, and she appears more willing to share information and to encourage the child to participate in activities. The parents have also noted that the children are more cooperative and willing to do what is asked of them.

In the community, staff members have observed a change in attitudes and perceptions of the problems that parents with mental retardation face. Parents have become more cooperative and are better equipped to meet the challenge of raising healthy and happy children.

Artists' written by Susan M. Heegwally, Susan Kidd-Bedell and Polly Snodgrass. Susan M. Heegwally, R.N, is Clinical Assistant Professor, School of Nursing and Waisman Center, University of Wisconsin-Madison; Susan Kidd-Bedell is a Clinical Instructor at the School of Social Work and Waisman Center, and Polly Snod­grass is the Coordinator of the Positive Parenting Project, Community Services Center, Green Bay, Wisconsin. Paisley Zimmerman is a full-time student at the University of Minnesota’s School of Nursing. Adapted from an article in CHILDREN TODAY November-December 1988.
“News About Our Graduates”

Dorothy Dewess LoSasso, '51, received a New Jersey Woman of Achievement Award on March 31, 1989. She is an assistant hospital administrator at Ancora Psychiatric Hospital. The award was presented by Douglass College and the New Jersey State Federation of Women's Clubs.

Dorothy has worked at Ancora since 1956, and has developed guidelines and procedures for an Intensive Treatment Unit designed to work with the most severely disturbed patients who were not responsive to existing programs. This Unit has been highly successful and on occasion has handled patients other institutions could not manage.

Over the years Dorothy has received several letters of commendation. She says: “working with the mentally ill is the most challenging specialty a nurse can choose.”

Dorothy is married, has three children and two grandchildren. Her hobbies include traveling and reading about history.

Maggie Ziegler Smith, '40, and her husband Woodward love to travel, but they also love to share their experiences with others. Maggie shoots roll after roll of colored slides, and takes notes while on their many trips to exotic places.

They usually present one or two shows a week at various senior centers. Maggie spends many hours preparing for each one in her basement where she keeps her slides and research materials, including a collection of National Geographic dating back to 1912.

Norma worked for the Baltimore County Department of Health, both as a nurse at the Ridge School and as a supervisor of nursing services for special schools. She was the first nurse in the County to work in a school setting with mentally limited and physically handicapped children. In 1979 she was named nurse of the year by the National Foundation of the March of Dimes “for professional leadership in the fight against birth defects.” May 17, 1985, was proclaimed Norma Z. Smith Day by County Executive Donald P. Hutchinson, recognizing her outstanding service in the care of handicapped children.

When she retired she and her husband “Red” started attending Eldoradohols, so far they have attended eleven. In the future they would love to see India and Africa and ride on the Siberian Railway.

Pauline Wall Stil, '26, at the age of 15 she made a decision that ultimately charted the course of her life. World War I was in progress and Pauline enrolled in the “Home Nursing” course given by the American Red Cross, which helped her decide to become a nurse.

Now 70 years later Pauline is still actively traveling her course in life. She believes today’s nurses receive an education that is one-sided. “The nurses just don’t get the practical training anymore,” she maintains. “They are booklearned but many don’t know what to do when it comes to the practical side of the job.”

During World War II Pauline set up blood banks at the Olmsted Air Force Base in Middletown, taught classes to officer’s wives, and aided the state nurses in giving meals and polo shots.

The Mother’s Congress free baby clinic has been supervised by Pauline since January 1969. “We’re made up of 12 to 15 members and we’re all old women.” The clinic has been provided to the community the first Wednesday of each month for over 50 years. The monthly service is open to Middletown residents in need of free health services for babies.

Harriet H. Werley, PhD, RN, '41, To add to her list of accomplishments, Harriet presented a paper at the International Council of Nurses 19th Quadrennial Congress in June 1989 in Seoul, Korea. At the June commencement from the University of Illinois at Chicago Harriet received an honorary Doctor of Science degree.

Mary Peck Brit, '44, loves to cook and bake. Recently she won the first prize place for her Concord grape pie at a Festival of Grapes. In addition to her pie, two other desserts were submitted and took second and third place in the annual competition. Her pie recipe is an original, one she came up by making samples and having her friends taste them. Below are the recipes for two of her pie winning desserts.

### MRS. BRILL'S GRAPE PIE FILLING

2 cups Concord grape pulp
1 cup sugar
Grated rind of one-half lemon and orange
3 tablespoons cornstarch
1 teaspoon nutmeg

In saucepan add above, cook grapes (about seven bunches), bring to a boil. Cook until soft, press through sieve or cheesecloth. Some cooked grape skins may be used. After removing seeds, put skins in blender to chop. Add remaining ingredients. Cook on stove until thickened. Allow to cool. Makes a 9-inch pie.

Bake at 350 degrees for 10 minutes and lower oven to 250 degrees for additional 20 minutes. Cover crust with aluminum foil to prevent too much browning.

Mrs. Brit's other prize-winning recipes include:

### GRAPE DESSERT

3 ounces gelatin
2 cups grape pulp
1/4 cup coconut
1 cup grapes (seedless)
1/4 cup marshmallows
1 cup heavy cream (whipped)
Heat 2 cups grape pulp; dissolve gelatin. Soft set. Add 1 cup heavy cream (whipped) to the gelatin mixture. Add coconut, grapes and marshmallows. Chill until set.

Serve with a dab of whipped cream and top with a grape.

Mary R. Godfrey, Class of 1909
Birthday, January 25
22 McColly Street
Ligonier, PA 15658

Clara Gerber Hardy, Class of 1927
Birthsday, January 26
51 Hurley Court
Upper Darby, PA 19082

Martha E. Riland, Class of 1927
Birthday, February 4
Logan Square East #802
2 Franklin Town Blvd.
Philadelphia, PA 19103

Florence (Bonnie) Browning, Class of 1914
Birthday, February 10
2931 S.W. Spring Garden Apt. #17
c/o Singleton
Portland, OR 97219

Katherine Aagaard, Class of 1921
Birthday, February 12
354 Cumnor Avenue
Glen Ellyn, IL 60137

Blanche Metz Henderson, Class of 1929
Birthday, February 14
1810 Rittenhouse Square Apt. #1905
Philadelphia, PA 19103

Pauline Wall Stil, Class of 1926
Birthday, February 27, 1926
39 W. Erma Street
Middletown, PA 17057

Ann Williams Garder, Class of 1929
Birthday, March 1
5114 McKinney, Monticello W. Apt. #335
Dallas, TX 75205

Lillian M. Moris, Class of 1927
Birthday, March 28
4200 5th Avenue
Temple, PA 19500

Anne Lucas, Class of 1931
Birthday, May 24
136 Bryn Mawr Avenue
Hammondton, NJ 08037

Frances Butler Pangburn, Class of 1916
Birthday, May 26
39 South 4th Street
Lewisburg, PA 17837

Frances Baker Crossan, Class of 1927
Birthday, May 30
147 Prospect Avenue
West Grove, PA 19390

Matilda Knoll Peterson, Class of 1923
Birthday, June 1
535 N. Oak Avenue Box 44, Pitman Manor Pitman, NJ 08071

Pauline McElwee Gillen, Class of 1927
Birthday, July 7
Logan Square East #1106
2 Franklin Town Blvd.
Philadelphia, PA 19103

Eliza Engle Kelsh, Class of 1930
Birthday, July 17
Rt. 2, Box 363
9288 Bay Pine Road
Elberta, AL 36530

Frances M. Grove, Class of 1917
Birthday, August 19
R.D. #1, Box J-47
Toneson, PA 18463

Henrietta Fitzgerald Spruance, Class of 1927
Birthday, August 22
Cadbury #409, 2150 Route 38
Cherry Hill, NJ 08002

Ruth Knoll Thompson, Class of 1923
Birthday, August 23
535 N. Oak Avenue Box 44, Pitman Manor Pitman, NJ 08071

HAPPY BIRTHDAY

TO BE 85 OR MORE.

Edna Scott, Class of 1928
Birthday, September 8
444 Old Lancaster Road
Haverford, PA 19041

Claire Brunner, Class of 1923
Birthday, September 15
Ridgeview Estates Apt. 163
800 Maple Avenue
Harleysville, PA 19438

Dorothy Dundore Williams, Class of 1932
Birthday, September 21
4550 Cove Circle #508
St. Petersburg, FL 33708

Myrtle Stocker Clough-Lee, Class of 1927
Birthday, September 24
301 McMeiken Street #804
Baltimore, MD 21217

Celeste Loring Fleming, Class of 1929
Birthday, October 18
Stow-Glen Retirement Village
285 Kirt Road #534
Stow, OH 44224

Claudia Starr Wiedlund, Class of 1922
Birthday, October 20
Vilec Santa Anna
25000 Chagin Blvd.
Beechwood, OH 44122

Josephine Lucas, Class of 1924
Birthday, November 16
136 Bryn Mawr Avenue
Hammondton, NJ 08037

Florence Kaufman, Class of 1923
Birthday, November 22
301 Little Pike
Lancaster, PA 17601

Emma M. Banmer, Class of 1931
Birthday, December 7
Ridgecrest Apartments #617
20 Knolridge Road
Salem, VA 24133
FIFTIETH ANNIVERSARY
CLASS OF 1939

Jessie Bathgate
†Rose Bilancio Bilancio
†Grace E. Bird Petersen
P.O. Box 383
White House Station, NJ 08889
Helen Boder Hvidtas (WH)
†Miriam Brunner Cureton
†Josephine Bushek Shuck
Helen Byerly Cooney
Milred Castakli Waldman
506 Seacrest Road
Ocean City, NJ 08226
Phyllis Cole Makurdsik
Mayfair Manor, RD 2
Sickerville, NJ 08081
Eleanor Conaghan Waiver (WH)
Marjorie Cooper Richter
Box 554
Laredo, TX 78040
Charlotte Davenport
Route 2, Box 606
Troutville, VA 24175
†Olga Dygan Mitchell
Apt. 1220B, Park Drive Manor
Harvey Street & Lincoln Drive
Philadelphia, PA 19144
†Josephine Esmond Iandoli
Mary Fisher Hill
Rt 2, Box 30
Blowing Rock, NC 28605
†Virginia Foer
Thelma Gans Beshgetoorian
62 Claremont Avenue
Orinda, CA 94563
Edna Garretson Eyer
366 N. Fourth Street
Gettysburg, PA 17325
†Lanore Goudie McPherson
*Winnie Greulich Kistler
Route 1
Zpenville, PA 18092
Eleanor Grysewicz Bobrowski
204 Morningside Terrace
Teaneck, NJ 07666
†Florence Gugliotta Stolpe
Barbara Harding CUano
1651 Palm Tree Drive F-2
Kissimmee, FL 32741
Harriette Harrison
Blanche Hill Wilson
Kathleen Hock Merlin
1203 Central Avenue
Sandusky, OH 44870
†Helen B. Houseal Kunkle
†Lois Howard James
Margaret Hudak Buckey
10 Birch Street
Mountainside, PA 19307
*Patricia Keohan Mills
106 Cleveland Avenue
Norwood, PA 19074
†Harriet Kellner O'Connor
Village Green West, Lot #531
8775 20th Street
Vero Beach, FL 32966
†Florence Kelly Gunstner
Box 208
Plumsteadville, PA 18945
Elizabeth Knowles Kain
56 Bradford Way
West Berlin, NJ 08091
†Johanna Laise Wagner
Route #313, R.D.
Doylestown, PA 18901
†Leah Luscaugh Stambaugh
R.D. #4
Spring Grove, PA 17362
†Victoria F. Malinowski
305 West Oak Street
Shenandoah, PA 17976
†Elizabeth Martin Doyle
160 Thacher Street
Milton, MA 02187
†Isabel Martinek Jackson
2717 Gunton Street
Easton, PA 18042
Kathryn May Silver
The Masonic Homes
Elizabethtown, PA 17022
†Anna Minton Regalis (WH)
†Stephanie Musial Taylor
201 Richland Point
Anderson, SC 29624
†Mariam Neil Findley
311 Mack Lane
Martinsburg, PA 16662
†Helen Nissler Richards
Kathryn Nolte Lilley
†Anna Novak Dulko (WH)
†Mildred O'Connell Hassmer (WH)
Elizabeth O'Neill (WH)
†Sarah Patton Saunders
†Lorraine Peninghoff Phillips
1181 Sandswold Street
Hemet, CA 92343
Dorothy Pfeiffer Legley
4129 Greensdale Drive
South Euclid, OH 44121
†Dorothy B. Ranck
3206-D Wakefield Road
Hamersburg, PA 17119
†Ada Smith Ford
203 Arominks Drive, Chapel Hill
Newark, DE 19711
†Charlotte Smith Stacey
Geraldine Smith Baechle
11571 Willow Lane
Elverson, IN 47711
Ruth Smith Stickles
14861 Jeffrey Road #52
Irvine, CA 92714
†Ruth Swanson Penny
Juliet Umbarger Light
128 Fairlawn Avenue
State College, PA 16801
†Angela Veet Toomey
†Mary Wadisitowsky Coll
3063 Old Cedar Grove
Broomall, PA 19008
†Irene Wentzel Anslow
†Eva Werkheiser Shook
†Marion Wessells
†Catherine Williams Stokes
1117 Cedar Avenue
Priman, NJ 08071
Elizabeth Williams Kochel
†Catherine Wilson Campbell
1308 Park Blvd.
Cherry Hill, NJ 08002
†Doris Wineshiek Day
Box 455 Landing Point, Gregg Neck
Galenia, MD 21035
†Judith Winstead Kremer
†Grace A. Roller Castner
12 Bayberry Drive
Bordentown, NJ 08505
Eleanor Sayres Redenbach
428 Greenwood Street
Pittsburgh, PA 15209
Anna Shevchuk Taylor
Ruth Schlemme Green
5624 S. Mentor Avenue
Chicago, IL 60638
Beatrice Schlienger Urtamto
5327 Montgomery Blvd, NE #55
Albuquerque, NM 87109
†Helen Schropp Daniel
25 S. Hunter Avenue
Auburn, NY 13021
†Barbara G. Schutt
†Mary Schwab Gregg
952 Sico Street
Elmira, NY 14901
Eleanor Scott Fetter
Marie Shearer Roche
853 Long Lane
Chambersburg, PA 17201
Mary Shelly Monk
135 N. Strathcona Drive
York, PA 17403
†Julia Smekey Kennedy
12 Maple Street
Jermyn, PA 18433
†Deceased
*Attended luncheon
Resume of Minutes of Alumni Association Meetings

September 13, 1988 — 16 members present.
The minutes of the May meeting were distributed, read and approved as corrected.
The Treasurer's Report was read and approved.
Committee reports were given.
The Satellite committee reported that 32 questionnaires were mailed to graduates living in the Baltimore area. Dorothy Ranck reported for the Harnsburg area. Their first meeting was held August 17, 1988, morning and afternoon, total attendance — 18. This group is very interested in the nursing needs of today.
Since our last meeting, birthday flowers were sent to: Nora Shoeer Parsons, '12, Florence Butler Pangburn, '18, Anne Lucas, '31, Frances M. Grove, '17, Henrietta Fitzpatrick, '21, and Edna Scott, '28.
Jefferson nurses caps are no longer available from Student Profits, Inc., of Conshohocken, PA, due to a lack of demand. We have a few caps available from the Alumni Office. When they are sold, caps will no longer be available unless you wish to make them yourself.
Sister Rose Kershbaumner, '48 has been selected as the recipient of the 1988 Special Achievement Award, given by the College of Health Sciences, to recognize the accomplishments of Allied Health Alumni. The award was established in 1977.
Correspondence was read to the group.

November 8, 1988 — 15 members present.
The minutes of the previous meeting were distributed, read and approved. 
The Treasurer’s report was read and approved. 
Committee reports were given. 
The Satellite committee reported that the Harnsburg group have had a good response, all seem interested. They are planning a Christmas luncheon for December 6, 1988. 
Since our last meeting, birthday flowers were sent to: Clara Brunner, '23, Dorothy Durance Williams, '32, Myrtle Sticker Clough-Les, '27, and birthday greetings (by request) to Margaret Kelly, '27.
It was agreed that the Alumni Association continue to send Christmas checks to our graduates who are chronically ill or confined to nursing homes.

January 10, 1989 — 17 members present.
The minutes of the previous meeting were distributed, read and approved.
The Treasurer’s Report was read and approved. 
Committee reports were given. 
Correspondence was read to the group. 
Satellite committee reported that the Harnsburg group (Central Pennsylvania) going well. Average attendance 18. Dorothy Ranck and Gladys Keiper commenced for their visit.
Since our last meeting, birthday flowers were sent to: Josephine Lustig, '24, Florence Kaufman, '23, and Emma Bahner, '31.

March 14, 1989 — 14 members present.
The minutes of the previous meeting were distributed, read, and approved with the following correction. There were three abstentions to the vote concerning the distribution of the Decade Fund instead of two as recorded. 
The Treasurer's Report was read and approved.
Committee reports were given.

The minutes of the previous meeting were distributed, read, and approved with the following correction. There were three abstentions to the vote concerning the distribution of the Decade Fund instead of two as recorded. 
The Treasurer's Report was read and approved.
Committee reports were given.
Satellite committee reported that Janet Hindson and Nancy Powell are going to Maryland April 22, 1989 to help form a new satellite group in the Baltimore area. Anita Harrison Karpetsky, '65 will be one of the leaders.
The following bylaw was presented by the Nominating committee:
First Vice President — Carolle Rodse, Recording Secretary — Nancy Powell, Board of Directors (four to be elected) — Doris E. Bowman, Janet Hindson, Dorothy Ranck, Betty Keiper, and Dorothy Cloud.
The by-law revisions will be mailed with the ballot, and will be voted on at the annual meeting May 6, 1989 by active and life members who attend the meeting.
Correspondence was read to the group.

The decision was made and accepted to designate one of the Decade fund money be utilized by the Research in Nursing Practice Committee in the Department of Nursing Research, the College of Medicine, Mary Ann McGinley, and the other half be used by Dr. Pamela Watson in the Department of Baccalaureate Nursing for financial aid to students pursuing nursing as a second career.
A motion was made and carried to send 1990 dues notices to all graduates on our mailing list except to life members.

May 6, 1989 — Annual Meeting — 72 members present.
The resumé of the September and November, January, and March 1989 meetings were read and approved. 
The Treasurer’s report from May 1, 1989 — April 30, 1989 was read and approved.

Committee reports were given.
Report of the election as follows.
First Vice President — Carole Rose
Recording Secretary — Nancy Powell
Board of Directors — Doris E. Bowman
Four elected — Janet Hindson
Betty Persol
Dorothy Ranck
Permission was given to destroy the ballots.

Satellite
Mabel Prevost
1. Garden State, N.J. group are inactive at present, but are planning to commence meeting again.
2. Harrisburg group with Doris Ranck as chairperson is quite active.
3. Baltimore area group with Anita Karpetsky as chairman has had one meeting.
4. Wilkes-Barre Scranton area — 200 letters were sent out. Gladys Kitchen has been trying to get a group started.
5. Inquiries have been received from Florida and Boston concerning starting groups there.

Report from Central Pennsylvania (Harrisburg) group was given by Dot Ranck. The word to describe this group is “enthusiastic.”
Three meetings were held in 1988 — August 17, October 19, and December 6, this one being a meeting and Christmas luncheon. President A. Booboom attended. Five meetings are planned for 1989 — the first one was April 6th with 20 members present. Next meeting is June 8th. Alumnae Coordinators will provide us with details. The business meeting will be followed by a luncheon.
Meetings are held at PNA Headquarters in Harrisburg. The meetings are considered an extension, or connection, if you will, of the Alumni meetings in Philadelphia. The concept is one of participation in the workings of the N.A.N.A. for a greater number of its members, therefore there is a flow of information back and forth by written minutes which is the basis for the agenda of the satellite business meeting. Discussions and suggestions have included: Shortage of Nurses and the responsibility of the Alumni Association to use Scholarship monies to assist students to pursue a course in nursing. Suggestion was made that monies be offered to relatives (daughters, granddaughters of members.
Decade money — a portion to be designated to the Department of Baccalaureate Nursing at Jefferson to financially assist students pursuing nursing as a second career. In line with concerns of the shortage, we have had our own Kathy Carson speak on the A.M.A. Registered Care Technologist Program, and the position of A.N.A. and P.N.A., and the position of Professional nursing to maintain quality of care and ease the shortage.

The following resolution was presented by Dorothy Ranck and adopted by the group on May 6, 1989.

The first class of 13 students entered Jefferson Medical College Hospital in 1911; 5 of whom completed a 2 year course and graduated November 23, 1910. This was the first graduation exercise to be held.
Those five nurses were the first of more than 5,000 Jefferson graduates to follow in the ensuing years, the last class of 38 members graduated June 10, 1982. The Jefferson Nurses Alumnae (Alumni) Association was founded in 1895 by Susan Hastei, R.N. and its first president from 1985-1906. The first official Alumni Day of the School of Nursing was held April 21, 1933.

Whereas, 1898 marks the 94th “birthday” of the Alumni Association, and the 56th Alumni Day, therefore be it
Resolved that this assembled body recognize and pay tribute to all Alumni members; and be it further resolved that we recognize and pay tribute to the elected officers comprising the Board of Directors; to the committee chair persons and members; and to the Alumni Coordinators who, over the years, have provided a solid foundation and continuity for this Alumni Association.

Madam President, I move the adoption of this resolution.

Dorothy Ranck seconded the motion.

The Satellite Group, Central Pennsylvania, Harrisburg. 
Alumni Office Coordinators report was given.

Mary Ann McGinley, R.N., M.S.N. Associate Executive Director-Director of Nursing spoke of the group and thanked the Alumni Association for the contribution to the Decade Fund. A portion of our gift was given to the Nursing Department for Nursing Research. Mrs. Mc Ginley also showed slides on the current renovations being done at Jefferson, which is preparing the first floor of the Main, Thompson and Pavilion Buildings for the Emergency Department.

The President requested that a moment of silence be observed in memory of our deceased alumni members.

New Business
The Central Pennsylvania Satellite group made a recommendation, and a contribution for a memorial to Gladys D. Kelp.

By-Laws — The amended by-laws were unanimously accepted at the annual meeting. They will be printed and sent to all graduates.
A motion was made and carried for the officers and board of directors to handle business as necessary prior to the September 1989 meeting.

Respectfully submitted, Nancy Powell
Recording Secretary

Bequests
We have received a number of questions concerning bequests to the Nurses Alumni Association. If you are thinking about such a bequest, we would suggest the following sample paragraph for your consideration:

I give to the Nurses Alumni Association of the School of Nursing, Diploma Program, College of Allied Health Sciences, Thomas Jefferson University, located in Philadelphia, Pennsylvania, or its successors, the sum of $______ (or to the property, such as stock, or indicate a percentage of the estate, if appropri­ate), to be used for its general purposes.

This suggested clause is exclusively for the information of our alumni and heirs. You should, of course, consult your own attorney as to the applicability of any item to your own situation.
Alumni Office News

Every year we seem to write the same message. Although we do the same things over and over, it never becomes boring.

We continue to be amazed at the amount of time we use trying to locate lost graduates (we have no new graduates to increase our numbers,) so we like to pursue all leads for addresses and telephone numbers. Thanks to all who send us addresses and address changes of their classmates.

During 1989 thus far we have had three big mailings, lunches and two annual giving plus the ballots. Many thanks to our faithful volunteers who help us stuff and label the envelopes. We really do appreciate their help. In our "spare" time we work on our project which is to find for Dr. Wagner, who is planning to publish the names and home states of all Jefferson graduates. He is also interested in any special achievements of graduates or world events that happened the year of graduation.

Our working relationship with the CASH office staff continues to be very good, and we do appreciate all the help Maria Elfreth and Gale Dryden provide for us. One big help —when we are not in the office they answer our phone and take messages.

The Satellite Committee

The Satellite Committee has gained momentum during 1989 and we hope to see further progress as the satellites reach out even further to attract more graduates and members of our Association.

The first satellite, located in Southern New Jersey has been inactive due to many problems among its members. It now shows promise of being revived and plans are in progress for a meeting in September. Mildred Greenlee Durham and Nancy Thompson Powell will lead this group.

The second satellite is thriving in Central Pennsylvania. Started under the guidance of Dorothy Rickan and Gladys Keiper, it has shown a steady progress. The members are enthusiastic and, following the untimely death of Gladys Keiper, the members are helping Dorothy carry on with the many details necessary to keep the members interested.

A third group began with a meeting in the Baltimore area which was sponsored by Anita Harbin Karpsky, she made all the arrangements. The meeting was held in April 1989 at the Enoch Pratt Library in Towson, MD. The executive committee in Philadelphia was represented by Nancy Thompson Powell and Janet Hindson. They were very pleased with the enthusiasm of the group who expressed a wish for another meeting as soon as possible.

The fourth group is in its infancy but is progressing well in the Wilkes-Barre-Scranton area. Gladys Wilson Kitchen of Dallas, PA, has agreed to host a first meeting of this group and act as leader. Accordingly, we mailed nearly two hundred letters and questionnaires to those living in the "zip code areas" given to us by Gladys. We have received a number of replies indicating a want to be included in the program.

At the annual meeting in May, several of the Alumni expressed interest in starting satellites in their vicinity. Sally Hindson Wagner of McKeesport, PA offered to host a meeting in the Pittsburgh area. Letters and questionnaires were sent to those members living in and near Pittsburgh. We are receiving replies, all of which so far express interest.

We are looking forward to receiving replies to our letters from others who expressed interest at the annual meeting; from Boca Raton, FL, Boston, MA, Lancaster and Allentown, PA.

We believe that the satellite program is vital to the welfare of our Association if it is to remain active for the lifetime of its members. Since the members are scattered over this country and beyond, it is one way to keep in touch and to promote good fellowship among the graduates of our School. Minutes of the Philadelphia group and those of the satellite groups are exchanged, building a bridge of communication among the members. To date, for even possible, a member of the Philadelphia Satellite Committee will attend a first meeting to assist in the project. Expenses for postage and telephone calls pertaining to the satellite programs will be reimbursed.

We need the assistance of any graduate who may be interested in hosting and guiding new satellite groups. Our experience has shown that few people are interested in attending meetings which are scheduled at a distance of more than 25-30 miles from their home bases. Therefore, anyone who is interested in a satellite in his or her vicinity should obtain from the local postal office a list of "zip" codes in cities and towns in a radius of about 25-30 miles from the proposed sites of the meetings. With these "zip"s we can obtain a list of graduates living in these areas and then send letters describing the program.

We hope that we may look forward to receiving letters in the Alumni Office from those members who will be interested in starting new satellite groups, so that our Association can survive for the benefit of all of its members, so long as they live.

Mabel C. Prevost

Scholarship Committee Report 1988-1989

Applications were sent to six graduates and scholarships were awarded to four who completed their applications. They are:

Loulie (LaFeur) Giese, 1971
Raymond Eckeld, 1981
Carol (Lamori) McFarland, 1963
Susan (Nutric) Bodman, 1976

There is concern about the decreasing number of applications from diploma graduates and the use of the Scholarship Fund as it was intended. In view of this and the current nursing shortage, the committee recommends that consideration be given to the children and grandchildren of graduates of our school providing they are in an accredited program leading to a degree in nursing. The recommendation was presented at the Annual Business Meeting and accepted, with the understanding that applications for scholarships for children, grandchildren, nieces and nephews of our graduates will be available in September.

Doris E. Boyman Chairman

Relief Fund Report

During 1988 the Nurses Relief Fund Trust was able to give financial assistance to 10 of our graduates.

As stated in the 1984 revised By-Laws "Any graduate of the Diploma School of Nursing and the White Haven School of Nursing shall be considered for benefits from the Relief Fund Trust to help meet expenses incurred due to illness of other expenses for graduates." All things being equal first consideration will be given to Life and Active members. However, all applications received will be reviewed and given consideration.

All or a portion of the amount of money distributed to a recipient from the Relief Fund may be applied to the Internal Revenue Service as a charitable contribution. Each recipient will receive a statement at the end of the year showing what portion of the distribution to her/him should be reported.

An application for Relief Fund benefits can be found in the back of the bulletin.

Caroline Mazuda Chairman, Relief Fund Committee

Bulletin Committee

The response for articles and news for this bulletin has been great, thank you. Now that the 1989 bulletin is at the printers we are thinking of the 1990 bulletin, so keep those articles, news items, and anything interesting coming. We love getting them and it makes the job of putting a bulletin together much easier.

Forgive us if we have misspelled your name, at times it is difficult to read your writing, we really do try. Remember if your mail has happened or your job is exciting and different write about it for the 1990 bulletin —don’t be shy.

Margaret Summers Chairman, Bulletin Committee

By-Laws Committee

995 active and life members of the Alumni Association received a copy of the by-laws revisions. As stated in our current By-Laws the revisions were mailed to the voting body with the ballot in April 1989.

At the annual meeting May 6, 1989 the revisions were approved by the eligible votes to place. Later on in the year the revisions will be printed and mailed to all graduates with a current mailing address to be added to your totally revised by-laws book dated April 1989. We wish to thank our committee members for their help in making the necessary revisions.

Margaret Summers Chairman, By-Laws Committee

Social Committee Report

The 56th annual luncheon was held on Saturday, May 6, 1989 at Jefferson Alumni Hall, 1790 Locust Street, Philadelphia, PA 19107. There were 340 members and 5 guests present.

The luncheon was preceded by the annual meeting at 10:00 A.M. in the Solaris-Cohen Auditorium. A slide presentation was given by Mary Ann Gimrey, R.N., M.S.N., Associate Executive Director/Director of Nursing. The meeting was followed by a cocktail hour, this was held in the Eakin's Lounge and West Courtyard.

Mildred Kroupa Okunishi, class of 1925 was the oldest member present. The Alumni Association presented her with a corsage.

The class with the most members attending was the class of 1949, with 39 classmates present. They celebrated their 40th anniversary. The 100th anniversary, the class of 1939 had 20 members attending as guests of the Alumni Association. We had graduates attending from 25 states.

Everyone who attended were given favors which included a tape measure with a key ring that had a picture of our cap and Jefferson Nurses' Alumni Association written on it. They also received seals with the University logo.

I wish to thank everyone who helped make this a memorable day. We all look forward to next year. Please mark your calendars for Saturday May 5, 1990 COME TO THE LUNCHEON AND REMEMBER ALL THE GOOD TIMES WITH YOUR CLASSMATES.

Betty Piersol and Peg Summers Alumni Office Coordinators

E. Nancy Scott, '55 1989 Social Chairman

We Wish

For All Born Before 1940

WE ARE SURVIVORS!!!!!!! Consider the changes we have witnessed:
We were before television, before penicillin, before polio shots, frozen foods, X-rays, contact lenses and THE PILL. Before radar, credit cards, supermarket, shopping malls, split atoms, laser beams and ballpoint pens; before pantries, hosiery, dishwashers, clothes dryers, electric blankets, air conditioners, drip-dry clothes — and before man walked on the moon. We got married first and THEN lived together — how quaint can you be?

In our time, closets were for clothes, not for “coming out” of. Burritos were small rabbits and rabbits were not Volkswagens. Designer Jeans were嫌弃ing gals named Jean or Jeanne, and having a meaningful relationship meant getting along well with our cousins.
We thought fast food was what you ate during Lent, and Outer Space was the back of the Colonial Theatre. We were before television, before penicillin, before polio and before man walked on the moon.

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Wendy A. Reeder Arnold

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Jean Scherer Maxwell
Dorothea Butler Watson
Mildred Smith O’Connor
Elizabeth C. Burns
Elaine Coulburne W.<br>Enna Coup Painter<br>Gladys Arnold Blue

Alma Andrews Johnson
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Lisa Pardee Goodell
Elise Boyd Antal
Dorothy Richter Lewis

Stress Diet

BREAKFAST
t/gooseberries
1 slice whole wheat toast
8 oz skim milk

LUNCH
4 oz, lean broiled chicken breast
1 cup steamed zucchini
1 oreo cookie
Herb tea

MID-AFTERNOON SNACK
Rest of the package of Oreo
1 quart Rocky Road ice cream
1 Jar Hot Fudge

DINNER
2 loaves garlic bread
Large pepperoni and mushroom pizza
Entire frozen cheesecake eaten directly from the freezer.

1. If no one sees you eat it — it has no calories.
2. If you drink a soda with a candy bar they cancel each other out.
3. When eating with someone else, calories don’t count if you both eat the same amount.
4. Food used for medicinal purposes NEVER counts, such as hot chocolate, toast, and Sara Lee Cheesecake.
5. If you eat an entire bag of M&M’s, calories don’t count.
6. Movie related foods don’t count because they are simply part of the entire entertainment experience and not a part of one’s personal fuel, such as HERSHEY Buds, popcorn with butter, Junior Mints, and Red Licorice.
7. Cookie pieces contain no calories. The process of breakage causes caloric leakage.

In the springtime of my senility, I am a misfit. I don’t go in books or magazines. I used to read all the time, but now I just sit around and think about things. I see nothing, hear nothing, and do nothing. I am a misfit.

Like me, I am a misfit. I don’t know how to pump my breast pump. I don’t know how to use a computer. I don’t know how to use a cell phone. I don’t know how to use a microwave. I don’t know how to cook. I don’t know how to... I don’t know how to do anything.

I don’t know how to do anything.”

Submitted by:
Marta Long Garver ’33
Estrid Stang Kindem ’46

FINANCE COMMITTEE REPORT
August 15, 1988 — August 15, 1989

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26
In Memoriam

1921 Verne Keller Roberts
1924 Estelle Steigerworth Taylor
1934 Beatrice H. Bixler
1937 Margaret A. Carey
1927 Isabella Kevel Howery
1928 Doris Phelpscase Wise
1928 Margaret Martin Lauluche
1928 Beatrice Nell Smith
1929 Jane Monzel Eezell
1930 Hazel Oberdorfer
1927 Isabella Russell Lindicamp
1933 Ruth Oiler Amos
1934 Marian Hoffman Mills
1938 Mildred McCulloch Thomas
1939 Lenore Goudie McPherson
1939 Ruth Swanson Penny
1939 Rose Bianco Bianco
1941 Ruth E. Shaner
1941 Mary I. Smith Stryker
1941 Mary Geo Grant Waters
1942 Gladys D. Kelper
1944 Jean McConlan Koukoussouris
1945 Dorothy Everett Novak
1945 Geraldine Halvorsen Wagner
1948 Phyllis Morrow Justus
1947 Carolyn Soudiers
1949 Peggy Lou Reed Pietschenbrock
1967 Dale, Jeanine Perkins
1971 Cynthia Goss Byrd

What A Life!!!

I have become a few years older since I saw you last and a few changes have come into my life since then. Frankly, I've become quite a frivulous old gal. I am seeing five gentlemen on a daily basis. As soon as I wake up, Will Power helps me get out of bed. Then he leaves, and I go to see John. Charlie Horse comes along, and when he is here, he makes a lot of my life less fun. When he leaves, Arthur Ritts shows up and stays the rest of the day. He doesn't like to stay in one place very long, so he takes me from joint to joint. After such a lively day, I really try and glad to go to bed with Ben Gay.

Class Memos

Mary Lou Keirn McGinn '63

Memorial

Isaphine Helen Central

AMI-

Matching Grant Gifts

Arthur Anderson & Company Foundation

Rosemary Exxon Company-

Simple

The thick, grey Rain, dropping from the eaves,
Hides everything from view.

The echo of a horse's hoof,
Beats A quiet hour on the sand,
Than When

Shafts of

Fund . . . That whispers everywhere!

Relief

Relief

is

Corporation molten silver things are

Fund

Fund

Riland

Electric

Ravin

Frankly, I've

It

You

It

You

I'm still up and on the go. I keep active, my interests are in church and school work.

Evelyn Reiser Arnold (Walter M.), 32527 Blue Water Circle, Boca Raton, FL 33433. I'm still proud to say I'm a Jefferson Nurse. We had most of our family together, all 16, for a week in West Virginia, to celebrate our wedding anniversary. I hope to get to Jefferson for our 60th in 1991.

Class of 1932

Thelma Shewers Morris, 1406 Elmira Street, Williamstown, NJ 08094. We belong to all classmates and friends. Anyone visiting in the vicinity please visit a stop.

Adeline Ruth Miller (Benjamin), 6704 Green Avenue, Glen Dale, WV 26550. Let's have a return of "clip wearing R.N.s." A recent hospitalization observation of "no caps" led to this idea of the question of care by numerous personnel, even though I. D. badges were worn they were not always visible by the patient.

Erma Gau Painter, Pine Street, Box 1544, Milton, PA R. D. #3 13874. Kindred regards to all. I live a very quiet life. One of my proudest achievements was being a Jefferson Nurse.

Class of 1933

Vivian Possmore Murray, 3255 Old Freepoint Road, Norwich Heights, PA 15065. Nothing new. I have an aortic abdominal aneurysm repaired October 1988. I had a good recovery. September 1988 I had triple bypass surgery with a plastic "washer" installed. I am slowly recovering. Nancy gave up her position and is now attending college to get a degree in physical therapy. Bill is living with me, neither I or the dog is always in the house. I'm hearing fairly well and hearing Christmas from friends. I'm still wearing my "cap" and am able to see the remainder of my life.

Mary R. Crowe Murtha, 25 Grandview Avenue, Pleasantville, NY 10570. During the summer of 1969 I took a two week tour of Ireland with five friends. It was a delightful experience and I one would like to repeat.

Sandra Scheidel Mcgee, 4114 Voorhees Street, Windmill Village N., Summit, NJ 07901. We were very fortunate at our time of training to work with DS. Chauffer Jackson, Herbert A. Hare, and Thomas Morehouse, in Phila and McCoa made rounds in formal long coats, instead of a stovepipe, and used a small linen top. Big rough. Dr. Rugh, pediatrics, who was so gentle. Dr. DeCosta in a wheelchair being pushed by a white coat doctor. Drs. Ted Fitter, Shallow and Goblens, the old A and B service of business. They were all so wonderful.

Class Notes

Mary R. Taylor Lowery (William B.), Route 1, Box 736, Lacombe, LA 70445. Nothing new. We continue to enjoy our trips. During 1988 we visited Pennsylvania, New Mexico and many points in between. We even got to visit San Antonio's new Sea World.

Virginia Emmett Lea, 1749 Edgewood Hill Circle #101, Hagerstown, MD 21740. I hope to move to the Quadrangle, a Marriott Life Care Community in Havertown, PA. It is scheduled to be ready for occupancy in July. I will be closer to my children and to—my Alumni Association!

Helen Waup Hubbard (Adrian), 126 Montgomery Street, Apt. C, Highland Park, NJ 08960. Greetings to all my classmates, I hope to see you for our 60th Anniversary in 1991.

Blanche Ford, 11109 Pinekelly Drive, Box 13T 13. Pk. Sanibel, FL 33957

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The Annual Luncheon

1990 student nurses uniform donated to archives by Isphine Bowmaster Kasper, Class of 1934
Peggy Summers, '41 holding uniform

Mildred Kroupa Okuni, Class of '25 (oldest graduate attending luncheon)—receives corsage from President Alice C. Boehret, '42
Hooray!

Uniontown, PA, one last wedding for the graduation of two FL 34952.

Guthrie turned from a wedding. Ruth E. Baird Judd, 1 Ellen Baker is in pre-med at Temple University. Esther Patton Weber and I hear from both at Christmas.

February we returned from Florida, we had a lovely time. (Nicholas D.), 408-22nd Street, PA 15219. I am able to help others. That is what keeps me busy.

Hello! In February we returned from Florida, we had a lovely time.

Smith, (Nicholas D.), 408-22nd Street, PA 15219. I am able to help others. That is what keeps me busy.

My activities keep me busier than when I requre three months replacement, or better yet come see us! Tenari Reganis on the phone. It is all. I'm happy and so are the ten grandchildren.

Mildred Cook Cox (J .), 76 Ben Lomond Street, Apt. #1, PA 15219. I'm well and doing fine.

Our family reunion was held in 1983. It was a beautiful job, we all appreciate your devotion. Best wishes to all.

McAlisterville, PA. I'm returned in 1982 after 36 years in the physical therapy field. I'm interested in the field and the country and the view of the beautiful Blue Ridge Mountains. I have a home on the Norfolk railroad and playing lots of golf, not easy at 72 years. I will never forget my days at State College.

Dipper Mitchell, B2120 Park Drive Manor, Philadelphia, PA 19140. My grandfather Linda, age 7 was chosen "Little Miss Quaker" for 1938. I was not out of 25 girls in a beauty contest in Philadelphia. My grandfather Linda, age 9 received the outstanding student of the month award in his 4th grade class at Houston Academy for best all around scholar — academic and overall achievements. Grandson is proud.

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the State of Connecticut. She teaches one class a week at Yale in finance.

Irene Louver Peltier, 118 Upper Orchard Lane, Devens, PA 19056. My son Paul Peltier, D.M.D. is practicing dentistry in Bloomsburg, PA. My daughter Mrs. Patti Hershey is teaching full time, she has her national health nursing certificates.

Nothing much to report. Mother is still recovering from her stroke and is very slow. I have my daughter , Sue , who is a nurse and lives in Evanston.

WV second husband died July 1985. My career in school nursing has given me a lot of patients and also made me very aware of the value of a good nurse. We might greet some of our old friends when we visit. Be well. I'm grateful for my loving caring family.

Emily Harsco, (Robert J.), R.D. #1, Box 212, 165 State Street, P.O. Box 1322-5th Ave, New York, NY 11204.

I'm doing well. I'm out of the hospital now. We have no news this year. I will return to alumni day as long as I can make that reunion in 1993.

Doris E. Gentry (Edward), 92 Ellet Road, Newtown, PA 18940. We are enjoying our retirement, but still keep busy. We took two trips to Florida looking forward to next year's trip. I have no plans for the 40th anniversary at the May luncheon.

Ruth Shuler Godfrey, (P.O. Box 580, Sanford, FL 32772-6000. It is nice to be in touch with " Jeff " again. We live on a boat on the St. John's River in Central Florida. My husband and I plan to do extensive cruising as soon as he retires. I am mother of 10 children, all grown and we have 10 grandchildren. I recently retired after spending 11 years doing medical transcription.

Caroline V. King Polner, (Harold), R. D. #1, Box 1150 N. 16th Street, Apt. 12-C, New York, NY 10021.

I'm very proud of my six grandchildren and great-grandchildren.

Emily L. Polner Peak, 50 Calhoun Road, Wilmington, DE 19899. I wish to thank the Alumni Association for my lifetime membership. I don't think I'll live that long, so am really pleased.

I retired in 1996 from the Brandwyne School District, where I was a staff nurse for 30 years. In my career I have been living in Evanston and in Evensville for 30 years of my life and that was enough. Now it's time for us both to be a widower. I'm afraid it's not a fun job.

Ellen P. Rowen Stephens (Robert W.), 13222 Old Jamstown Road, Pottstown, MD 20654. John, my son who was the manager of the old Lemon Grove Inn for 30 years, is retired. He is married to Dr. Kathleen Dyren in the Department of Pediatrics at the University of Virginia and is doing quite well.

Mary Patrics Long Haupt (George A.), 802 W. 49th E. 73rd Street, Apt. 12-C, New York, NY 10021. Many thanks to the Alumni Association for my lifetime membership.

Barbara Ann Stemple (Ellison) St. Andews, (Leon R.), 345 Cherry Street, Pottstown, PA 18951.

I have a wonderful family. I'm proud of my 10 grandchildren. I'm living in Devon, Pa and enjoying my retirement.

Evelyn L. White Colletti (Milo J.), 269 East 95th Street, South, UT 84070. I had a heart attack in April 1988 from eating that last piece of chicken. I am 56-96% blocked. I am doing well and finally have my cholesterol down to 190 as of February 1999.

Evelyn F. Sherick Sell (Bemis), 251 Ocean Blvd, P.O. Box 44, Atlantic Highlands, NJ 07716. Our daughter Joyce A. Sell graduated this year from Trenton State College with a B.S. in nursing and passed her state boards in July. She works on Oncology at East Orange Veterans Hospital, Red Bank, NJ. She also does private duty for Private Care Service. I am also doing private duty for Private Care Service.

I have been doing voice at Akron University. Next year I will be having cataract surgery, I am doing quite well.

Emily L. Polner Peak, 50 Calhoun Road, Wilmington, DE 19899. I wish to thank the Alumni Association for my lifetime membership. I don't think I'll live that long, so am really pleased. I retired in 1996 from the Brandwyne School District, where I was a staff nurse for 30 years. In my career I have been living in Evanston and in Evensville for 30 years of my life and that was enough. Now it's time for us both to be a widower. I'm afraid it's not a fun job.

Ellen P. Rowen Stephens (Robert W.), 13222 Old Jamstown Road, Pottstown, MD 20654. John, my son who was the manager of the old Lemon Grove Inn for 30 years, is retired. He is married to Dr. Kathleen Dyren in the Department of Pediatrics at the University of Virginia and is doing quite well.

Mary Patrics Long Haupt (George A.), 802 W. 49th E. 73rd Street, Apt. 12-C, New York, NY 10021. Many thanks to the Alumni Association for my lifetime membership.

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Class of 1951

Marian Thor Williams (Arthur R.) 5812 Saul Street, Philadelphia, PA 19149. Last October I spent a very nice weekend in Atlantic City with several classmates at my winter vacation home in Cape May, N.J.

Elizabeth Moll Cherolia (Joseph), H.C. Box 657, Elgin, IL 60120. In July 1981 I have taken a long break from teaching. My parents are planning a 5 week trip to Lichtenstein (to attend a wedding) with my dearest friends Jeannie McCoy Pachelbel and Doris N. Adelaide, NOL 102804. All in all, I decide to take a break from teaching and enjoy my new home in order. Best wishes to all my classmates on our 35th anniversary.

Elizabeth Ann Snyder Collins (Olivia), 3123 Oak Ridge Drive #715, Karl Stevens, FL 33761. I have taken many times in talking and we are planning a 5 week trip to Lichtenstein (to attend a wedding) with my dearest friends Jeannie McCoy Pachelbel and Doris N. Adelaide, NOL 102804. All in all, I decide to take a break from teaching and enjoy my new home in order. Best wishes to all my classmates on our 35th anniversary.

Dolores Pauster Gorham (19008). I am very sorry to learn that my mother has passed away. I am not interested in returning to school. I am looking forward to spending the years with my dearest friends Jeannie McCoy Pachelbel and Doris N. Adelaide, NOL 102804. All in all, I decide to take a break from teaching and enjoy my new home in order. Best wishes to all my classmates on our 35th anniversary.

Class of 1955

Elizabeth J. Panton Watt (Joseph), 85 Hudson Avenue, Gibbstown, NJ 08034. June 23, 1989. My husband John is president of administrative director of Quality Assurance at Kennedy Memorial Hospital University Medical Center, Stratford Division, Stratford, N.J. I have been an em- ployee there for 28 years.

Class of 1956

Gertrude Hong Chan (Philip), 4 Eternall Street, A-Kowloon, Hong Long, China. Our daughter was born in September 1988. We are planning a 5 week trip to Lichtenstein (to attend a wedding) with my dearest friends Jeannie McCoy Pachelbel and Doris N. Adelaide, NOL 102804. All in all, I decide to take a break from teaching and enjoy my new home in order. Best wishes to all my classmates on our 35th anniversary.

Marilyn Robinson Glauber (Kenneth R.), 8329 Burnley Road, Tow- son, MD 21204. Now that our business, Glauber's Fine Candies, has two 4th generation Glaubers, our son and daughter, they are working there as a nurse and a graduate assistant, respectively. That makes our family even more complete.

Theresa A. Prendergast (Robert L.), 885 E. Main Street, Birdsboro, PA 19501. Our son, John 4th, lives in Fairfax, VA and works

Marguerite Johnson Domenick (Jared), 1905 Pinewood Drive, Overbrook, PA 19137. Our daughter, Beth, is in her junior year in high school, and we are planning a 5 week trip to Lichtenstein (to attend a wedding) with my dearest friends Jeannie McCoy Pachelbel and Doris N. Adelaide, NOL 102804. All in all, I decide to take a break from teaching and enjoy my new home in order. Best wishes to all my classmates on our 35th anniversary.

Elinor Wiese Cherolia (Eugene), 115 Howland Court, North Wales, PA 19454. I have been working as LVN supervisor for the last 6 years and am now my home in order. Best wishes to all my classmates on our 35th anniversary.

Barbara Jean Garzan (Ben), 1813 Idylwood Road, York, PA 17402. It was great seeing all my classmates at our 30th alumni function last year and I decided to take a break from teaching and enjoy my new home in order. Best wishes to all my classmates on our 35th anniversary.
Class of 1963
Margaret R. Suska Tassy (Martin), 421 St. David Road, St. Davids, PA 19087. We're grandparents now. Messy presented us with Ryan on December 4th, he is an absolute darling. Martin Jr., and Matt, along with warm welcome for the first time in June.

Theresa Litchfield Lambert (Bly), 2766 Peninsula Avenue, Cono, CA 90210. This year has been far-reaching in the planning form. I had gone blind in my left eye and after CAT scan and MRI, was diagnosed with a clastoma meningioma and a month of awaiting a craniotomy was chronically positive. But all went extremely well. I am discharged from the hospital. Four weeks post-op, the doctor discovered I had a thyroid tumor, biopsy showed a benign hypophysis adenoma. Too much happened in too short a time, which caused me to realize I must get in touch with my doctor from my doctors to return to England. We will be there for three years. This tumor will be my gift to you. We walk 6 to 10 miles daily, past Tower of London, Parliament, old curiously shaped and all along the Thames River. We hope to visit Amsterdam and Holland, visit the tulip fields, and stay at a fairy Tale stilt in North Village. Visit the Black Forest of Germany, Switzerland, and where ever else we choose.

Marla L. Krabill Hammond (Phillip P. Sr.), 896 Forest Road, Chambersburg, PA 17201. We celebrated our 25th wedding anniversary on November 13 and 14. A trip to Europe for us to celebrate. If I'm not nursing now, I will spend time with my Mac computer doing our church newsletter. We have 2 children married, one at home. No grandchildren.

Marie Greshamer Moore, 143 North Rock Brook Street, York, PA 17405. Our son Mark will complete his sophomore year at Bucknell University as a psychology major in 1985. He is a member of the huskies varsity swim team. I enjoyed a trip to Germany in November where I presented a paper at the 1984 American Psychological Society. Dolores J. Moyer Kripp (Dennis), RD #1, Box 104, McClure, PA 17754. I am still working part time at Selligropper Center (31 years), a parent support group for parents of autistic children. Our 2 children graduated from Shipensburg University in June. Dennis and I hope to do some traveling in our newly acquired motor home, so don't be surprised if we should show up on your door step. We will be glad to hear from any BFF who happens to be in the Central Pennsylvania area.

Patricia A. Thomas Goetz (Roger L.), 1257 Worleytown Road, Greenbush, PA 17225. I remanene housewife, helping care for members of our church and community.

Caroline J. Swinmott Mitchell (William), Rf. #4, Box 145, Washington, DC 20053. Bill III is a 1st year student at East Carolina University, music education major. She is a member of East Carolina University piano and recreation major. Mitchell is a sophomore at Washington High School. She is planning to go to Bard College in the fall. Our 4 children graduated from Shipensburg University in June. Dennis and I hope to do some traveling in our newly acquired motor home, so don't be surprised if we show up on your doorstep. We will be glad to hear from any BFF who happens to be in the Central Pennsylvania.

Barbara B. Bower (Aubrey), 900 Chace Court, Vienna, VA 22182. I continue to teach music in my preschool, a fun hobby that's been a recent addition to my life.

Dorothy L. Rankin (Park), 1640 White Post Court, Naperville, IL 60563. Our oldest son Bob now lives and works in St. Louis, MO. He works with Hallmark Cards. Our middle daughter Dianne is in Indiana University and is presently seeking employment. Our youngest son Mark will be a sophomore at Indiana University. He had a great freshman year making the dean's list. My husband Bob is now with Case-Mack International. We still enjoy the Chicago area very much. I've been thinking about taking a refresher course this fall.

Elizabeth A. Beiermeister Birn otherwise) (John), 4 White Water Lane, Maylands, PA 19087. Scrapbook of Professional Care Nursing Registry due to total knee replacement. We have 3 daughters, Perny (23) graduated from U. of PA in 88, Chris (22) graduated from U. of PA in 87, and Emily (20) is a sophomore and is active in cheer leading and band. Hi to all.

Marjorie J. Powell, 443 Arbor Green, Beverly, NJ 08010. Hi to all. This year has shown the beauty and irony of way. I remain committed to nursing in spite of my 65 but as well as maintaining a clinical adjunct position with Borough County College's associate nursing program, which I love. The Masonic Home is planning another 75 bed addition—here we go again.

John will continue to teach music in my 5 preschools, a fun hobby that's been a recent addition to my life.

I had a thyroid tumor, biopsy showed a benign hypophysis adenoma. Too much happened in too short a time, which caused me to realize I must get in touch with my doctors to return to England. We will be there for three years. This tumor will be my gift to you. We walk 6 to 10 miles daily, past Tower of London, Parliament, old curiously shaped and all along the Thames River. We hope to visit Amsterdam and Holland, visit the tulip fields, and stay at a fairy stilt in North Village. Visit the Black Forest of Germany, Switzerland, and where ever else we choose.

Carol Lee Thomas (John W.), 5874 Pheasant Lane, Doylestown, PA 18901. Our oldest daughter, Jennifer is married, 2nd daughter Sarah is an ally of Arts, Philadelphia. Our son John attained the rank of eagle scout and will be a senior in high school. John and I remain healthy and happy.

"No Time To Brag"
Two meegs were about to start on their annual migration when they met a frog who was begging to be taken along. The frog said, "OK, if you can think of a way that we can manage it, I'll come too.

The frog produced a long stalk of grass and suggested that each animal hold it by a mouth. The meegs agreed, separated the stalk, and that would cling to its mouth by the middle.

In this manner, the three were heading southwest when they were met by a man by a mouth. The observer expressed amazement for this clever maneuver and shouted, "who thought of such an unusual mode of transportation?"

The frog was so puzzled over the compliment that he opened his mouth to say, "The idea was mine!" Of course he lost his voice, and he would cling to his mouth by the middle.

The moral of the story is this: When you have a good thing going, don't be so eager to take credit. It's best to keep your mouth shut.

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Class of 1966

Judith Kramer Seltzer (Leound), 317 Severn Road, Wilmington, DE 19803. Our family had a wonderful vacation in England in July 1988. We were hosted by Judy Lawrence Winckles at her lovely home in Surrey.

Judith Lawrence Winckles (Richard), 6432 S. Decatur Blvd., Chicago, IL 60637. Our children are 12 years old and I'm not working now, but I am very actively pursuing courses in complementary health therapies. I am now studying reflexology, aromatherapy, and color therapy and reflexology. I am always grateful for the excellent training I received at Jefferson.

Lucy L. Kennan Tracy (John), Rt. 1, Box 855, Windsor, PA 15695. I obtained my certification as a rehabilitation counselor (C.R.C.) after passing the exam in October 1988.

Judith Hagedorn (Paula), 2155 McKinnley Court, Amx, 50590. I am homemaker and "professional" volunteer. Bill is professor of Clinical Sciences (Orthopedic Surgery) at Iowa State University Veterinary College. Billy, 18, is a freshman at Oklahoma State University, on a golf scholarship.

John Beal Harvey (Thomas), 1489 Vis St. Paul’s, La Verne, CA 91750. I am assistant administrator at a continuing care retirement community. Our oldest granddaughter graduated in June 1989. Our youngest son is a 15 year old roller skater. My husband Tom is mayor-pro tem of the city and aspires to go higher up in politics. I am also president of our church denomination’s national committee on Health and Welfare. I am very concerned about the status of health care in the United States.

Karen Kareid, BSN, MSN, 8610 Archwood Drive, San Antonio, TX 78250. I am a research nurse — Army Nurse Corps. My fourteenth and last assignment is at Brooke Army Medical Center in San Antonio. I am currently enjoying working part time in a busy orthopedic vascular surgery outpatient setting. I have been scheduled to go to Europe this fall and am looking forward to all the interesting people and places. I am sure we will be back in Philadelphia as often as we can.

Hiawatha Wilkins (匏), 1218 Archwood Drive, Philadelphia, PA 19111. I'm working as a school nurse and am currently co-director of Ridge Memorial Health Unit. If you have any family teachers in the Philadelphia area, please tell them to visit anytime.

Nancy Scull Braine, 5927 85th Street North, Seminole, FL 33770. I just recently accepted a position as an instructor at the University of Florida College of Nursing. My husband, Dr. Melody Marshall, is starting a geriatric nurse practitioner program in the graduate school.

Karen Davis Coley-Koski (Martin), 2009 Battery Place N.W., Washington, D.C. 20001. Elizabeth (El) finished her first year at Columbia, Gretchen (Tret) is first year at Duke, John (Paul) is junior at Boston, and Jonathan (Adam) is a freshman at Dartmouth.

Janice L. Oehler (Holles), 33713 County Road, Santa Rosa, CA 95404. I am a family nurse practitioner working part time with a neurologist. I do my master's project on the relationship between olfaction and cognition in the Alzheimer's population. Our children are 11, 10, and 6 years old and we've been in new “turf” again. We visited Philadelphia last fall and was amazed at all the visual changes at the same time.

Java Larsen Rich (Melvin), 811 Windsor Square, Philadelphia, PA 19130. I'm now in my 8th year of continuing education and nursing consulting business called "Professional Nursing Development Program." My current interest is in pain management. I have also become involved in the nursing diagnosis movement.

Linda Goodman, 11 Appletree Lane, Lebanon, PA 17042. I was promoted to senior nurse practitioner in pediatrics with a local hospital. I'm currently a visiting nurse and continue to care for children and their families. It was good to see so many classmates at Sandy Fuller's this year at the annual luncheon.

Semaheolog Kiggit (Christopher), 119 Kumbraam, Humla, LA 70690. Brett 17 graduated from Episcopal High School in Alexandria, VA in June. Todd is a freshman at Dickinson College. Christine 12 continues with classical ballet and dance. We also have a 2 year old son.

Mary Louise Laskey Austin (Monica), 909th 9th Street S.W., Washington, DC 20037. I was a RN Nurse Practitioner at the National Academy of Sciences in September, 1988—her 2nd year in this position. I am currently employed as a surgical care coordinator 10 hours a week for a private orthopedics practice.

Diana Troutman Milano (Marvin), 13747 Campbell Loop, Grass Valley, CA 95704. I love my life in the country. I am not active in nursing right now but have kept our two babysitters and continue to pursue my creative abilities. Hope you had a good reunion.

Marigold Gary Callochs (Jerry), 490 McKinley Drive, West Chester, PA 19380. We have two teenage boys, 16 and 17. We work part time in a 600 recovery room at Ridge Memorial Hospital. Medical PA. I’m planning to work closer to home.

Daven Jones Edmiston, 4223 E. Union Avenue, Bradenton, FL 34205. Happy 20th to everyone.

Kathryn E. Kittleman Kline (Carole), 2009 Reservoir Road, Reading, PA 19604. My husband is still very active at his administrative post for Health Valley Health. I am currently co-director of St. Michael’s Convalescent Center and medical missionary for the Sisters of the Sacred Heart Order. We moved to the above address in April of 1989.

Hope C. Russel Scholnich (Joseph), 19434 Red Oak Drive, Cherry Hill, NJ 08003. Happy 20th! I just can’t believe it’s been 20 years since you left "the hills." I hope to catch up with many of my classmates at our reunion on May 6, 1990. We have been our business world with husband Joe, Jr. for many years, so I will be looking for you at Cherry Hill.

Karen Lake Boyle (David), 915 Mohawk, Burrillville, R.I. 02835. I am a course supervisor of nursing service management (a 2 month military course to educate nurses to charge authority). Because of this I will not be able to attend our 20th reunion. David, the kids (2,3,4) and I, hope all will do well at our reunion.

Annie Eldridge Kahn (Moe), 7616 15th Avenue, Takoma Park, MD 20912. I have been very busy this past year, working as an Extraordinary Minister of Holy Communion. I'm not working as an Extraordinary Minister of Holy Communion.

Verne Poetsell, 2359 S. Broadway Street, Philadelphia, PA 19145. Hello to all my classmates who are still living in Pennsylvania. I have been back at Jeff since April ’88. Cory ’41 is in the Kindergarten.

Anne Smith Hennessy (David H.), 621 Grove Street, Sewickley, PA 15143. Our family is still very happy, as are we. We are still going to University of Pittsburgh for a PhD degree, and still working, though not that much. Our son, Andrew, has been living at his work hard on our class reunion and her obviously giving and loving life.

Kathleen Shanahan Huffman (Gilard), 110 Plymouth Place, Mer­chandise Mart, Chicago, IL 60601. Unfortunately I am not able to get together. I’m still living at home, and trying to be a good real estate agent. I have been selected for a part-time job for her work hard on our class reunion and her obviously giving and loving life.

Dorothyl. Hughes, 20762107 Green West Blvd, Roca, FL 33445. “What a great 20th reunion!” I5 out of 87, we must have broken some record.

Class of 1969

Alise Collin Conge (Dan), 845 Newton Avenue, Williamstown, NJ 08094. I hope to see everyone next year at our 20th reunion.

Sue Lin (Helen) Komatzki (Stephen), 1706 Atkens Creek Drive, Glenview, IL 60025. I am coordinator of Montclair Hospital Cardiac Rehabilitation. Our son Stephen Michael, 4 years old is a true challenge. My husband owns a Chinese take-out, “Wok Out.” Cell or visit anytime.

Gail Keempl, 4234 "A" Street, Philadelphia, PA 19124. I graduated in 1969, married in 1971, and my second article was published this spring in AJN Journal. I’m perspicacious clinical nurse specialist in a local hospital.

Janice Niswanger O’Neil (Jim), 19 Central East Drive, Bay Shore, NY 11706. I am working at home raising our four children. Joyce is 10, Kent is 8, Kevin is 6, and Brian is 3.

Gail C. Janison Gallagher (Fred), 4311 Birkett Lane, Plymouth Meeting, Pa 19462. I am working in a class room and touting every minute of it. Gail will be a sophomore this fall. Kristie will be in 9th grade, and we have 1st and 3rd graders. We are living in West Chester, PA.

Mary Connors Marchant (Bill), 2386 Stratford Street, West Hills, CA 91304. I’m still working on a CIBA for Kaiser here in Los Angeles. My husband owns a sporting goods store and we keep our sanity despite crazy hours and breath-holding moments.

Maria Gratzie Mariello (Fred), 1299 Cardinal Lake Drive, Cherry Hill, NJ 08002. I am still working part time in the operating room at St. Luke’s Hospital. Our son, David, is 6 years old and keeps me busy in my "spare time." We live in Pinebrook with local friends and we are one of a few making money! Mitch is great and is essential part of our life.

John Leonard Winckles (Richard), 7616 15th Avenue, Takoma Park, MD 20912. We moved to the above address in April of this year.

Margaret Marchant (Bill), 1229 Strathern Street, West Hills, CA 91304. I’m still working on a CIBA for Kaiser here in Los Angeles. My husband owns a sporting goods store and we keep our sanity despite crazy hours and breath-holding moments.

Class of 1971

Grace Ann Speca, 2551 S. Sartain Street, Philadelphia, PA 19148. Since May ’86 I have been employed by Saint Agnes Medical Center in South San Francisco. I am the Director of a new RN to BSN program. I plan to work closer to home. Also, I profess as a Secular Franciscan this past August 7th by serving as an Extraordinary Minister of the Eucharistic for my parish and visiting the shut ins of our parish community.
Major Kathryn M. Francis, 76354. Peggy, the instructor, at Philadelphia, PA to be University in May 1989. Katherine Marie Derickson unit.

I am quite busy getting re-acquainted and adjusting to my new position as charge nurse of the psychiatric unit. A new challenge! I'm looking forward to seeing you all in May 1997.

Frances M. Bottkei Kinsellers (Christopher), 501 Jefferson Avenue, Cheltenham, PA. I'm back in the operating room again. This time at Holy Redeemer Hospital. Our daughters are Vicki and Bill. 

Ellen Blum More (James), 515 Franklin Avenue, Cheltenham, PA 19012. Hello and the best in 1989 to all my former classmates. This year's reunion, Saturday, October 14th, Cheltenham, PA. We are enjoying our new home. Our daughter, Elin, will be in second grade in the fall, and Jill is 2 years old. I started a new job working at Flex Chase Cancer Center Oncologic Hospital as a part-time staff development instructor.

Erika F. Vandike (Neil A.), 120 Reflection Way, Sterling, VA 20137. I continue to work on my doctorate in nursing science (D.N.Sc.) at Catholic University in Washington, D.C. Lauren is 10 years old and Stephanie is 2.

Lorinda J. S. Hydes (Charles R.), 3007 Farrahles Street, Philadelphia, PA 19114. Busy! Graduated with MSN from Villanova University in May 1989. Katherine was born July 17, 1989, in Cheltenham, PA. She is 11, Mark 8, and Gina 2 years. We're in our new house and it has 4 bedrooms, 3 bathrooms, and gorgeous, and is 20 years old. We are living in Philadelphia now.

I feel quite busy with being a member of the executive board of Robyn (13) and our children. Carl is attending Cal (Carl), 1024 Willow Blvd., West Chester, PA 19382. This year's theme seems to be getting older by going more quickly. Darker and Amy Harrison, Becky Katia, and Gina 2 years. We are also attending our children's schedule. Carl is now 7 and Megan is 4. We are looking forward to the 6 hours of freedom. Jack is 15 years old, and Gregory was 3 in May of this year. 

Suzanne Sheen (Carroll) Anthony, 804 Punmy Drive, West Chester, PA 19382. This year's theme seems to be getting older by going more quickly. My husband and I are planning to start a school next fall. I'm hopeful. Everything is well.

Cynthia K. Crossen, 204 Alto, N.E. Albuquerque, NM 87108. I received my MSN in 1986 from the college of Saint and my J.D. from the University of Arizona in 1988. I'm a nurse practitioner not far from our home. Our kids are great. Harald is 11, Mark, and Elizabeth. I love to hear from my fellow classmates.

Gene Godfurd Green, 36 Executive Circle, Edmonds, NY 11760. Hello to everyone! Hope you are all well. Unfortunately we've had bad changes for my husband. This year's reunion, Saturday, October 14th, Cheltenham, PA. We are enjoying our new home. Our daughter, Ellen, will be in second grade in the fall, and Jill is 2 years old. I started a new job working at Flex Chase Cancer Center Oncologic Hospital as a part-time staff development instructor.

Jeanne Bommer Green (Robert), 3113 W. 2nd Terrace, Coral Gables, FL 33137. Can you believe she's been out of school almost 15 years? My present job is nursing director of the oncology unit. The hospital has grown from a small base to a large one. I can't believe that Lauren is going to kindergarten this fall and our "baby" is 2.

Joan Davis McGee (Hank), 410 Reflection Way, Sterling, VA 20137. I continue to work on my doctorate in nursing science (D.N.Sc.) at Catholic University in Washington, D.C. Lauren is 10 years old and Stephanie is 2.

Major Kathryn M. Francis, 76354. Peggy, the instructor, at Philadelphia, PA to be University in May 1989. Katherine Marie Derickson unit.

I am quite busy getting re-acquainted and adjusting to my new position as charge nurse of the psychiatric unit. A new challenge! I'm looking forward to seeing you all in May 1997.

Frances M. Bottkei Kinsellers (Christopher), 501 Jefferson Avenue, Cheltenham, PA. I'm back in the operating room again. This time at Holy Redeemer Hospital. Our daughters are Vicki and Bill.

Ellen Blum More (James), 515 Franklin Avenue, Cheltenham, PA 19012. Hello and the best in 1989 to all my former classmates. This year's reunion, Saturday, October 14th, Cheltenham, PA. We are enjoying our new home. Our daughter, Elin, will be in second grade in the fall, and Jill is 2 years old. I started a new job working at Flex Chase Cancer Center Oncologic Hospital as a part-time staff development instructor.

Erika F. Vandike (Neil A.), 120 Reflection Way, Sterling, VA 20137. I continue to work on my doctorate in nursing science (D.N.Sc.) at Catholic University in Washington, D.C. Lauren is 10 years old and Stephanie is 2.

Lorinda J. S. Hydes (Charles R.), 3007 Farrahles Street, Philadelphia, PA 19114. Busy! Graduated with MSN from Villanova University in May 1989. Katherine was born July 17, 1989, in Cheltenham, PA. She is 11, Mark 8, and Gina 2 years. We're in our new house and it has 4 bedrooms, 3 bathrooms, and gorgeous, and is 20 years old. We are living in Philadelphia now.

I feel quite busy with being a member of the executive board of Robyn (13) and our children. Carl is attending Cal (Carl), 1024 Willow Blvd., West Chester, PA 19382. This year's theme seems to be getting older by going more quickly. Darker and Amy Harrison, Becky Katia, and Gina 2 years. We are also attending our children's schedule. Carl is now 7 and Megan is 4. We are looking forward to the 6 hours of freedom. Jack is 15 years old, and Gregory was 3 in May of this year. 

Suzanne Sheen (Carroll) Anthony, 804 Punmy Drive, West Chester, PA 19382. This year's theme seems to be getting older by going more quickly. My husband and I are planning to start a school next fall. I'm hopeful. Everything is well.

Cynthia K. Crossen, 204 Alto, N.E. Albuquerque, NM 87108. I received my MSN in 1986 from the college of Saint and my J.D. from the University of Arizona in 1988. I'm a nurse practitioner not far from our home. Our kids are great. Harald is 11, Mark, and Elizabeth. I love to hear from my fellow classmates.

Gene Godfurd Green, 36 Executive Circle, Edmonds, NY 11760. Hello to everyone! Hope you are all well. Unfortunately we've had bad changes for my husband. This year's reunion, Saturday, October 14th, Cheltenham, PA. We are enjoying our new home. Our daughter, Ellen, will be in second grade in the fall, and Jill is 2 years old. I started a new job working at Flex Chase Cancer Center Oncologic Hospital as a part-time staff development instructor.

Jeanne Bommer Green (Robert), 3113 W. 2nd Terrace, Coral Gables, FL 33137. Can you believe she's been out of school almost 15 years? My present job is nursing director of the oncology unit. The hospital has grown from a small base to a large one. I can't believe that Lauren is going to kindergarten this fall and our "baby" is 2.

Joan Davis McGee (Hank), 410 Reflection Way, Sterling, VA 20137. I continue to work on my doctorate in nursing science (D.N.Sc.) at Catholic University in Washington, D.C. Lauren is 10 years old and Stephanie is 2.
and volunteering for the Red Cross. Joey is 7 and Chris is 3. In 1988, she made some time to spend some time at St. Christopher's Hospital for Children in problem area but did quite fine now. 

Shane I. Scott Ross (Charles), 22 Dropmore Drive, Somers Point, NJ 08203. Shane and I are both working part time as both of us are Charles is 4 and Scott is 2, and a new baby is expected in August. I am working part time in emergency nursing. Robin is coming at the Station in Shore Medical Life. Good luck.

Rhonda Marie Pfeifer (Earl), 321 Virginia Avenue, Phoenixville, PA 19450. Rhonda is 3 and living in the South Dakota, WA area with her three small children. We have a busy autumn planned. We are expecting our first child, and I'm starting my law school.

Joan C. Wolfer Reimer (Chep), Box 440-C, RD 2, Savannah NH, Franklin, MA 02032. Joan is supposed to work full time in labor and delivery at St. Jude Children's Hospital. Our boys are now 7 and 8, and keeping involved in sports. I'm enjoying the country life with our animals, gardening, etc. For fun we ride our horses, vacation together, and do crafts and sports. Recently we added on to our house and are redecorating. We hope to spend some time this year enjoying life.

Lori C. McKinney (Jeff), 546 Parkway Avenue, Penndel, PA 19047. After 8 years I decided to make a change. I became a staff nurse on a part-time basis this winter. Craig and Amy, born 9/1/88, Stephanie is 3 years old and Kristen is 2 years old and Ross is 2. We're very busy with school and family activities. Laura (Richard), 853 Edge Park Drive. Drive, has been quite a change. I'm the active nurse, but I am active at home with our son John 4, and daughter Lindsay 1, and we are expecting our third child in March. I also keep busy managing my husband's dental office in Penndel.

Deborah Jones, 13 Darby Lane, Hudson, NH 03051. All is well here and we are having an unusually warm winter. Our chickens are laying well. Lots of children in my life—though none of my own. Make sure you get to do your twenty. Hope to see everyone at the luncheon. We are finally settled in our new home. We now live in Tabernacle, NJ. The boys are doing well. Euphie is 5 and Christopher is 2. I am still working part time at TJUH in the Intensive Care Unit.

Judy D'Costafre, 3215-A Rod Lion Road, Philadelphia, PA 19114. I enjoy seeing everyone at the luncheon. We are finally settled in our new home. We now live in Tabernacle, NJ. The boys are growing fast. Euphie is 5 and Christopher is 2. I am still working part time at TJUH in the Intensive Care Unit.

Deborah Samuel Timpane (Eugene), 3 Sherrington Way, Tabernacle, NJ 08088. I enjoy seeing everyone at the luncheon. We are finally settled in our new home. We now live in Tabernacle, NJ. The boys are growing fast. Euphie is 5 and Christopher is 2. I am still working part time at TJUH in the Intensive Care Unit.

Marianne K. Maxwell Cohn (Larry), 65015 Parkway Avenue, Penndel, PA 19047. We have two children. Louis is 4 years old and Emy is 2 years old and Ross is 2. Ukraine Satskevich, 261 Richards Avenue, Atlanta, GA 30304. To everyone. The family is doing great. Life is good.

Mary Anne Moulton Ragone (Louis), 23 Dogwood Drive, Turnersville, NJ 08012. I am still working as staff nurse at Jefferson. We have two children. Louis is 4 years old and Emy is 2 years old and Ross is 2. Ukraine Satskevich, 261 Richards Avenue, Atlanta, GA 30304. To everyone. The family is doing great. Life is good.

Marianne K. Maxwell Cohn (Larry), 65015 Parkway Avenue, Penndel, PA 19047. We have two children. Louis is 4 years old and Emy is 2 years old and Ross is 2. Ukraine Satskevich, 261 Richards Avenue, Atlanta, GA 30304. To everyone. The family is doing great. Life is good.

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We'll begin with a box, and then the plusses are.

The plural of ox should be oxen, not oxes. The one flower is house is houses, not house.

Yet the plural of mouse should never be meese. And the plural of cat is cats and not case.

And the plural of house is houses, not hice.

I'm certifiably Nuts. I'm a registered nurse and love being a classmate.

If I speak of a foot and you show me your feet, you may find a tongue or a whole slate of sets, and you may be trying to be a whole slate set on teeth.

Yet should the plural of booth be called booths? Then one may be that, and three would be those.

The plural of cat is cats and not case.

Stop if you are in the neighborhood.

So English, I fancy, you will do.

Sharon Bresnheen Eller (Kevin), 3009 N. Third Street, Scranton, PA 18508. I'm working full-time as nurse to our 3 sons, ages 4, 3, and 2, and part time at work just as busy as I can be. I recently obtained my BSN, and I am getting ready to be a nurse. I'm very busy.

Deborah A. Clevitt (Larry), 76 High Street, Sharon, PA 19940. Bob and I became the proud parents of a little girl, Lauren Marie, on March 31, 1989. I'm still working at Delaware County Community Hospital. I'm professionally grown at Delware County Memorial Hospital. Little Joe (2) and Lauren (3) are growing fast. If any classmates are in the area, please give me a call. We're happily settled into the new home.

Mary Anne Moulton Ragone (Louis), 23 Dogwood Drive, Turnersville, NJ 08012. I am still working as staff nurse at Jefferson. We have two children. Louis is 4 years old and Emy is 2 years old and Ross is 2. Ukraine Satskevich, 261 Richards Avenue, Atlanta, GA 30304. To everyone. The family is doing great. Life is good.

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Take Time

Whether you use most of your energies in homemaking or in a career outside your home, take time to "smell the roses" of life.

TAKE TIME to feel. With your hand feel the soft fur of a cat. Feel a hand in yours and the gnarled hand of an elderly person. Put a cool hand on the fevered brow of a child. These experiences can be immeasurably comforting. Feel also with your heart. Don't let the pressures of the present prevent you from being truly sympathetic, turning away in indifference of being there for someone who needs you. Don't become insensitive, but feel life to the fullest extent.

TAKE TIME to observe. The sight of a lone bird on a high wire or an unusual cloud formation can be a source of serenity in a hurly-burly way of life.

TAKE TIME to listen. Listen to a flock of geese in formation across the sky. Listen to the laughter of a baby, the chatter of children at play, the cooing of a dove.

TAKE TIME to understand. Understand what a child's tears are telling you. Understand the gratitude in the crooked smiles of the aged who are overjoyed to be recognized.

TAKE TIME to smile. Your smile as you met someone this day may have meant the difference between recognition and rejection.

TAKE TIME to love. Love the little life that has just begun and love the life that is fading away with age. Love the person who has strayed away from the fold of the good Shepherd, and the youth who finds it so difficult to be understood in this frenzied world.

TAKE TIME to be alone and enjoy it. Use your thoughts to be content and grateful and to show a kind, caring attitude. Take a walk with your thoughts in meditation and prayer. Sit outdoors and thank God for the beauties of nature.

TAKE TIME to pray. Pray for the person lying in the ambulance as it screams through the city traffic. Pray for the lonely person sitting in the corridor of a nursing home. Pray for the child with twisted arms and legs who is watching healthy children play.

TAKE TIME to live. Time is always precious, not just in an emergency. Regard each day as a special gift from God.

by Dolores Schumann

The First-ever
CAHS Alumni Directory
NOW AVAILABLE!!!

Spiral bound directory includes 2,500 alumni categorized by program, alphabetical order and geographic location. The cost is $6.00 each.

Please detach the coupon below and return it with a check for the full amount to: Ms. Elisa Lang, CAHS Director of Alumni Programs, THOMAS JEFFERSON UNIVERSITY, Room 366, Jefferson Alumni Hall, Philadelphia, PA 19107.

(NOTE: The directory includes CAHS programs from inception through 1986 and the diploma nursing program from 1972 through 1981)

I have enclosed a check in the amount of $_______. (60 per directory).

Please send me _______ copy(ies) of the CAHS Alumni Directory.

NAME _____________________________ PROGRAM-YEAR ______

ADDRESS _________________________

PHONE (home) _____________________ work

Make checks payable to Thomas Jefferson University.

The Jefferson Hospital School of Nursing Roll of Honor

The School of Nursing may be closed but many of its graduates have distinguished themselves and their school by their contributions to the field of nursing. It is a given fact that they were excellent patient bed-side nurses who gave full measure in caring for those committed to their care. We are interested in compiling a record of those who gave and continue to give to the growth and development of nursing.

Our successes, the graduates of the baccalaureate program, have no direct ties with the School of Nursing, so do not know of our contributions to nursing. Indeed, many of our alumnae sisters have no knowledge of the many contributions made by Jeff nurses. So, it is proposed that information be solicited and compiled into a permanent record for the edification of future nurses who will graduate from Thomas Jefferson University and give the graduates of the School of Nursing of Jefferson Hospital a source of pride in their accomplishments.

In order to determine criteria for selection of candidates for the Hall of Fame, Alumni Bulletins were reviewed and a list of criteria was prepared. The number and variety of contributions was gratifying, however, it is believed that this is only the tip of the iceberg. The major problem the committee will face is the identification of those graduates who have made significant contributions to nursing and who have died. The committee, therefore, asks that you, the living graduates, identify those mothers, sisters, aunts, and acquaintances who were and are Jeff graduates. If the maiden name is given, and approximate year of graduation, our records will identify exactly the year of graduation.

The criteria identified are as follows:

Criteria: Meets one or more of the following criteria which are beneficial to the advancement of nursing and nurses.

1. Established a nursing education program
2. Served on state, national, regional or international committees
3. Wrote or edited books on nursing (articles)
4. Received honors or awards (nurse of the year)
5. Service to Government (not military)
6. Missionary in a foreign country
7. Served as officer in Nursing Organization(s) (Local, State, National)
8. Invented, designed or improved equipment

Please use a separate sheet of paper for each nurse you wish to nominate. Please indicate in the space below how you know your candidate meets it. You may nominate any number of graduates. Please use a separate sheet of paper for each nurse you wish to nominate. Remember, we also wish to identify those nurses who are no longer with us. It is not necessary for you to sign your name if you do not wish to.

When complete, please return to:
Dr. Alice B. Buell, RN
Nurses' Alumni Association
Thomas Jefferson University
11th and Walnut Streets
Philadelphia, PA 19107
M-6, J.A.H.

Pack Away Your Troubles

Face your day with a happy heart
And end it with a song—
You'll find the hours in between
Can't go far from wrong.

A smile is more contagious
Than a dreary frown,
And nicer to remember
When the sun goes down.

Don't miss out on happiness
By looking toward the ground—
But keep looking skyward,
That's where the rainbow's found.

Just pack away your troubles
For some other day
And before you know it,
They'll have slipped away.

Catherine Janssen Irwin
PINS
Jefferson pins may be purchased from J.E. Caldwell and Company, Chestnut and Juniper Streets, Philadelphia, PA 19107 (graduates prior to 1969) and from Neff Jewelers, 742 Sansom Street, Philadelphia, PA 19106 (graduates 1969 and after).
Identification may be obtained by directing correspondence to the Director, Student Affairs and Services, College of Allied Health Sciences, Thomas Jefferson University, 11th and Walnut Streets, Philadelphia, PA 19107.

TRANSCRIPTS
All requests for transcripts must be submitted in writing to the Registrar, College of Allied Health Sciences, Thomas Jefferson University, 11th and Walnut Streets, Philadelphia, PA 19107, Telephone (215-928-8894). Requests should be submitted at least a month prior to the date needed, giving the name of the institution to which you want them to be sent. There is a $2.00 fee for each transcript. Checks should be made payable to the College of Allied Health Sciences, Thomas Jefferson University.

CLASS ADDRESS LISTS
Class lists are available from the coordinator of the Alumni Office at a charge of $2.00 per list. Please enclose a long self-addressed envelope. If you have occasion to write to the Alumni Association, please use your first name, maiden name, married name; also, include the year graduated. Make checks payable to Jefferson Nurses’ Alumni Association.
We urge you to notify the coordinators of the Alumni office of any corrections, marriages, deaths or changes of address. Help us keep errors at a minimum and our files accurate. Direct correspondence to: Jefferson Nurses’ Alumni Association, Thomas Jefferson University, 11th and Walnut Streets, Philadelphia, PA 19107, Telephone (215-928-8891).

CHANGE OF ADDRESS FORM

APPLICANT DATA

NAME ____________________________ Maiden Name ____________________________ Year Graduated ____________________________
Address
STREET ____________________________ CITY ____________________________ STATE ____________________________ ZIP ____________________________
Social Security Number ____________________________ Telephone ( ) ____________________________
Have you received Alumni benefits before: [] Yes, Date ____________________________ [] No
List your specific needs ____________________________

Include the reason for this request ____________________________

TYPE MEMBERSHIP
Signature ____________________________ Date ____________________________
LIFE [ ] Relationship to Applicant ____________________________
ACTIVE [ ]
Address
STREET ____________________________ CITY ____________________________ STATE ____________________________ ZIP ____________________________

ATTENDING PHYSICIAN STATEMENT

Patient’s Name ____________________________
Diagnosis (if injury, give date of accident) ____________________________
Date first consulted for this illness ____________________________ Length of illness ____________________________
If patient hospitalized: name of hospital ____________________________
If patient in nursing home or extended care facility:
Name of Facility ____________________________
Address of Facility ____________________________
Physician’s Signature ____________________________ Degree ____________________________
Address ____________________________ Telephone ____________________________

AUTHORIZATION
I hereby authorize the above named physician to release any, and all information requested by the Jefferson Nurses’ Alumni Association with respect to this claim for Relief Fund Benefits.
Signature ____________________________ Date ____________________________
APPLICANT OR REPRESENTATIVE ____________________________
Relationship to Applicant ____________________________

IMPORTANT: READ REVERSE SIDE OF THIS FORM
TO BE ELIGIBLE FOR RELIEF FUND BENEFITS

1. Membership in the Association for one year preferred. However, all requests will be given consideration. All things being equal, members will be given first consideration.

THE FOLLOWING ARE ENTIRELY EXCLUDED:

1. Pregnancy and its complications
2. Cosmetic surgery
3. Dental surgery and/or complications.

HOW TO APPLY FOR RELIEF FUND BENEFITS

1. Complete your part (the top portion) of the Benefit Form and sign the authorization at the bottom.
2. Have your physician complete his or her part of the Benefit Form.
3. If the Alumni member cannot complete the Benefit Form, the person submitting the form must show his or her relationship to the member when signing and give address and telephone number.
4. The completed Benefit Form should be sent to:

   Treasurer, Jefferson Nurses’ Alumni Association
   Thomas Jefferson University
   11th and Walnut Streets
   Philadelphia, PA 19107

NOTE: Refer to your 1984 By-Laws for complete Relief Fund Benefit details.

All Relief Fund requests will be considered by the Board of Directors of the Nurses’ Alumni Association for the amount of monies granted.

THE CLARA MELVILLE-ADELE LEWIS SCHOLARSHIP FUND
of the
NURSES’ ALUMNI ASSOCIATION OF THE SCHOOL OF NURSING
(DIPLOMA PROGRAM)
COLLEGE OF ALLIED HEALTH SCIENCES
THOMAS JEFFERSON UNIVERSITY

Purpose: To assist members of the Alumni Association in the pursuit of college preparation for a degree in nursing.

General Requirements:
Membership in the Alumni Association (Continuous membership from the time of graduation is preferred).
At least one year of professional experience as a registered nurse.
Enrollment full-time, or part-time (for a minimum of six credits per semester), in an accredited program, leading to a degree in nursing.
Two satisfactory references.

Awards: Scholarships may be awarded annually to applicants meeting the general requirements.
All other things being equal, preference will be given to those who have been most active in the Alumni Association, and who have most nearly completed degree requirements.

Application Procedure:
Applications are available from the Chairman, Scholarship Committee, Jefferson Nurses’ Alumni Association
(Thomas Jefferson University, 11th & Walnut Streets, Philadelphia, Pennsylvania 19107).
Submit applications with references at least four weeks prior to the regularly scheduled meetings of the Alumni Association (second Tuesday of September, November, January, March, and the annual meeting in May).
Each application is given careful consideration and considered on a first come, first served basis.

Amended November 1987
March 1984
Spring 1978, 1982
Fall 1977, 1976
The Jefferson Hospital School of Nursing
Roll of Honor Nomination Application

I wish to nominate:

Name: ____________________________
Class: ____________________________

Who meets the criteria in the following ways:

1. Established a nursing education program

2. Served on state, regional, national or international committee

3. Wrote or edited books on nursing (including articles)

4. Received honors or awards (e.g. Nurse of the Year)

5. Service to Government (not military)

6. Missionary in a foreign country

7. Served as officer in Nursing Organization(s) (Local, State, National)

8. Invented, designed or improved equipment

Complete and return to:
Dr. Alice C. Boehret, RN
Nurses' Alumni Association
Thomas Jefferson University
11th and Walnut Streets
Philadelphia, PA 19107
M-8, J.A.H.
Nurses Alumnae Association of Thomas Jefferson University Hospital
11th & Walnut Streets
Philadelphia, PA 19107

JEFFERSON NURSES' ALUMNI MEMBERSHIP
Wife or Present Name __________________________ Husband __________________________
Present Address __________________________
Street and Number __________________________
City and State __________________________
Name When Graduated __________________________ Year __________________________
Employment __________________________
Position __________________________
Area Code _______ Telephone No. __________________________
Social Security Number __________________________
Date Dues Paid __________________________
Treasurer __________________________

YEARD STATEMENT
Please complete the above card and return with Check, Money Order or Postal Note made payable to
JEFFERSON NURSES' ALUMNI ASSOCIATION
Membership — All those actively engaged in the Nursing profession or desiring membership in the association. (See By-Laws)
Dues $10.00 a year Nurses' Alumni Association
Thomas Jefferson University M-6 J.A.H.
11th and Walnut Streets
Philadelphia, PA 19107
(215-928-8981)
Respectfully yours,
DOROTHY A. CLOUD
Treasurer

THE CLARA MELVILLE-ADELE LEWIS SCHOLARSHIP FUND
of the
ALUMNI ASSOCIATION OF THE SCHOOL OF NURSING
(DIPLOMA PROGRAM)
COLLEGE OF ALLIED HEALTH SCIENCES
THOMAS JEFFERSON UNIVERSITY
215-928-8981

NON-GRADUATE SCHOLARSHIP APPLICATION

1. NAME __________________________ __________________________ __________________________
   (LAST NAME) (FIRST NAME) (MIDDLE INITIAL) (MAIDEN NAME)

2. ADDRESS __________________________ __________________________ __________________________
   (NUMBER AND STREET) (CITY AND STATE) (ZIP CODE)
   Social Security Number __________________________ Telephone Number __________________________

3. Please have the following references sent to the Chairman, Scholarship Committee:
   Director or Dean of the School
   High School Counselor/Principal

4. GRADUATE INFORMATION (parent, grandparent, aunt, uncle)
   NAME __________________________ __________________________ __________________________
   (LAST NAME) (FIRST NAME) (MIDDLE INITIAL) (MAIDEN NAME)
   ADDRESS __________________________ __________________________ __________________________
   (NUMBER AND STREET) (CITY AND STATE) (ZIP CODE)
   Date of Graduation __________________________
   Social Security Number __________________________ Telephone Number __________________________
   Member of the Alumni Association □ Yes □ No
   Recipient of Scholarship □ Yes □ No

5. Proposed program of study and plans for your future nursing career:
   School in which you are enrolled __________________________
   Address of School __________________________
   Tuition cost __________________________ Other expenses __________________________
   Amount of scholarship desired __________________________
   Describe Program (Continue on the back, if necessary).

6. Financial assistance available to you: (state amount/s)
   Scholarship __________________________ Loans __________________________
   Work reimbursement __________________________ Other __________________________
   Signature __________________________ Date __________________________

September 1989
Scholarships for Children/Grandchildren/Nieces/Nephews of Graduates

Purpose
To assist young people in the pursuit of a nursing career.
To more fully utilize the fund as it was intended.

General Requirements
Child, grandchild, niece, nephew of a graduate of the school of Nursing (Diploma Program).
Confirmation of enrollment in an accredited program to a degree in nursing.
Transcript of records, if part of nursing program has been completed.
Two satisfactory references (Dean of School, High School Counselor/Principal).
Letter from Jefferson graduate explaining relationship.

Application Procedure
Applications are available from the Chairman, Scholarship Committee, Jefferson Nurses' Alumni Association, Thomas Jefferson University, 11th and Walnut Street, Philadelphia, PA 19107.
Submit applications with references at least four weeks prior to the regularly scheduled meetings of the Alumni Association (second Tuesday of September, November, January, March and May).
Applications are considered in the order received and the level of commitment to a career in nursing.
The History of the Jefferson Cap

Jefferson graduated its first class of nurses in 1893. At that time the cap that was worn had a high crown and a wide brim with ruffle around the brim. It was made of a delicate material called "lawn", similar to material used to make handkerchiefs. The cap resembled the Philadelphia General Cap, which at that time was made of a similar material.

In 1894, Susan Hearle, a graduate of Philadelphia General became Directress of Nurses at Jefferson. When she noticed the similarity between caps, Miss Hearle decided that Jefferson Nurses should have their own distinctive cap.

The crown was lowered, the ruffle was removed and the brim was narrowed, flattened and spread like wing tips, across the front of the cap. The material was changed to organdy which gave the cap more body.

In 1932, the cap was worn with the brim starched and the wings made to stand out—that is the way we wear it today.

Initially, it was traditional to earn the cap by passing the six month probationary period. Now the cap is given to the student to wear as soon as she enters the school. This was a great responsibility for the student, knowing that the Nurse's Cap originated historically from the veil worn by women who traditionally covered their heads in public, and the cap is a symbol of humility and service to mankind. A responsibility because the Jefferson Cap is recognized and respected the world over, being worn by more than 4500 graduates of the school; many of whom earned their cap and consider it an honor to wear it. (With the closing of the School of Nursing in June of 1982—the total number of graduates will be 5,078).

The Plaza is located between the Scott Building and Jefferson Alumni Hall.
NOTICE

ALUMNI LUNCHEON DATE

MAY 5, 1990

11:30 A.M.

JEFFERSON ALUMNI HALL

1020 Locust Street
Philadelphia, PA 19107
ANNUAL MEETING — MAY 5, 1990
10:00 A.M.