

2010

Jefferson Kimmel Cancer Center Support Groups

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Support Groups

Jefferson Kimmel Cancer Center Support Groups

The Kimmel Cancer Center has a range of education and support programs to help patients and families throughout the cancer experience. Oncology Social Workers are also available to meet with cancer patients and their families to help with the psychosocial impact of a cancer diagnosis.

For more detailed information or to speak with a social worker call 215-955-8370.

Current Topics in Cancer

A lecture series relevant to all cancer diagnoses related to cancer detection, treatment, and general health and wellness. Topics this fall include nutrition, financial concerns and stress management.

Facing Breast Cancer with Information and Support

An informational and supportive seminar for women with breast cancer.

Man-to-Man

An educational seminar for men diagnosed with prostate cancer co-sponsored by the American Cancer Society.

Talking to Your Children and Grandchildren About Cancer

A one-time program designed to provide information and support on discussing cancer with the children in your life. This program is open to adults with a cancer diagnosis and/or their caregivers and loved ones.

Look Good...Feel Better

A workshop for women with cancer to learn more about caring for themselves during treatment. This program will provide tips on skin care, wig styling, scarf tying and make-up tips. It is co-sponsored by the American Cancer Society.

Navigating the New Normal

An educational and support program for young adults between the ages of 18 and 45 who are living with cancer or have a history of cancer.

Coffee and Conversation

This group will be held in a casual atmosphere and will give young adults a place to discuss various cancer-related topics including treatment side effects, relationships, employment, etc. It will be led by a licensed social worker.

Back in the Saddle

This program is designed to address the many issues that arise during the completion of treatment, including the fear of recurrence, letting go of the treatment team and transitioning

back into normal life. This group will be lead by oncology social workers and will include a presentation by a cancer survivor.

Time: Wednesday, Nov. 17, 2010
5 – 7 p.m.

Location: Simon Kramer Conference Room
G312 Kimmel Cancer Center –
Bodine Building
111 South 11th Street, Philadelphia

Caregiver Connection

This group offers support and education to caregivers of patients going through cancer treatment. While your loved one is in treatment, caregivers can come to share and/or listen to each other talk about their experience as caregivers. It will be facilitated by licensed Kimmel Cancer Center Social Workers. Participation is voluntary and anything shared will be strictly confidential. Call 215-955-9313 for more information.

Radiation Therapy Information Session

This education and support program is for individuals receiving radiation therapy. It is recommended that people attend this session either prior to starting or in the first few weeks of treatment. Physical and psychosocial effects of radiation therapy are discussed.

Time: Every Thursday
10 – 11 a.m.

Location: Simon Kramer Conference Room
G312 Kimmel Cancer Center –
Bodine Building
111 South 11th Street, Philadelphia

Brain Tumor Support Group

A monthly group for individuals diagnosed with a brain tumor and their families. Call 215-955-4429 for more details.

Jefferson Journaling: A Program for Women Facing Cancer

A workshop providing techniques and tools for journaling to reduce stress. Call 1-800-JEFF-NOW.

SAVE THE DATE

Survivors Conference: Life After a Cancer Diagnosis

Time: Wednesday, November 9, 2010
3:30 – 7 p.m.

Location: Bluemle Life Sciences Building
233 South 10th Street
111 South 11th Street, Philadelphia

To register, call 215-955-8370 or 1-800-JEFFNOW.