

2010

# Jefferson Kimmel Cancer Center Support Groups

Follow this and additional works at: <http://jdc.jefferson.edu/bodinejournal>

 Part of the [Oncology Commons](#)

[Let us know how access to this document benefits you](#)

---

## Recommended Citation

(2010) "Jefferson Kimmel Cancer Center Support Groups," *Bodine Journal*: Vol. 3 : Iss. 1 , Article 49.  
Available at: <http://jdc.jefferson.edu/bodinejournal/vol3/iss1/49>

This Article is brought to you for free and open access by the Jefferson Digital Commons. The Jefferson Digital Commons is a service of Thomas Jefferson University's [Center for Teaching and Learning \(CTL\)](#). The Commons is a showcase for Jefferson books and journals, peer-reviewed scholarly publications, unique historical collections from the University archives, and teaching tools. The Jefferson Digital Commons allows researchers and interested readers anywhere in the world to learn about and keep up to date with Jefferson scholarship. This article has been accepted for inclusion in *Bodine Journal* by an authorized administrator of the Jefferson Digital Commons. For more information, please contact: [JeffersonDigitalCommons@jefferson.edu](mailto:JeffersonDigitalCommons@jefferson.edu).

# Support Groups

## Jefferson Kimmel Cancer Center Support Groups

The Kimmel Cancer Center has a range of education and support programs to help patients and families throughout the cancer experience. Oncology Social Workers are also available to meet with cancer patients and their families to help with the psychosocial impact of a cancer diagnosis.

For more detailed information or to speak with a social worker call 215-955-8370.

### Current Topics in Cancer

A lecture series relevant to all cancer diagnoses related to cancer detection, treatment, and general health and wellness. Topics this fall include nutrition, financial concerns and stress management.

### Facing Breast Cancer with Information and Support

An informational and supportive seminar for women with breast cancer.

### Man-to-Man

An educational seminar for men diagnosed with prostate cancer co-sponsored by the American Cancer Society.

### Talking to Your Children and Grandchildren About Cancer

A one-time program designed to provide information and support on discussing cancer with the children in your life. This program is open to adults with a cancer diagnosis and/or their caregivers and loved ones.

### Look Good...Feel Better

A workshop for women with cancer to learn more about caring for themselves during treatment. This program will provide tips on skin care, wig styling, scarf tying and make-up tips. It is co-sponsored by the American Cancer Society.

### Navigating the New Normal

An educational and support program for young adults between the ages of 18 and 45 who are living with cancer or have a history of cancer.

### Coffee and Conversation

This group will be held in a casual atmosphere and will give young adults a place to discuss various cancer-related topics including treatment side effects, relationships, employment, etc. It will be led by a licensed social worker.

### Back in the Saddle

This program is designed to address the many issues that arise during the completion of treatment, including the fear of recurrence, letting go of the treatment team and transitioning

back into normal life. This group will be lead by oncology social workers and will include a presentation by a cancer survivor.

**Time:** Wednesday, Nov. 17, 2010  
5 – 7 p.m.

**Location:** Simon Kramer Conference Room  
G312 Kimmel Cancer Center –  
Bodine Building  
111 South 11th Street, Philadelphia

### Caregiver Connection

This group offers support and education to caregivers of patients going through cancer treatment. While your loved one is in treatment, caregivers can come to share and/or listen to each other talk about their experience as caregivers. It will be facilitated by licensed Kimmel Cancer Center Social Workers. Participation is voluntary and anything shared will be strictly confidential. Call 215-955-9313 for more information.

### Radiation Therapy Information Session

This education and support program is for individuals receiving radiation therapy. It is recommended that people attend this session either prior to starting or in the first few weeks of treatment. Physical and psychosocial effects of radiation therapy are discussed.

**Time:** Every Thursday  
10 – 11 a.m.

**Location:** Simon Kramer Conference Room  
G312 Kimmel Cancer Center –  
Bodine Building  
111 South 11th Street, Philadelphia

### Brain Tumor Support Group

A monthly group for individuals diagnosed with a brain tumor and their families. Call 215-955-4429 for more details.

### Jefferson Journaling: A Program for Women Facing Cancer

A workshop providing techniques and tools for journaling to reduce stress. Call 1-800-JEFF-NOW.

### SAVE THE DATE

#### *Survivors Conference: Life After a Cancer Diagnosis*

**Time:** Wednesday, November 9, 2010  
3:30 – 7 p.m.

**Location:** Bluemle Life Sciences Building  
233 South 10th Street  
111 South 11th Street, Philadelphia

To register, call 215-955-8370 or 1-800-JEFFNOW.