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Caps & Capes - October 1971

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Dear Freshmen:

Caps 'n Capes - The communicative profile for the Jefferson Student Nurse - is an appropriate medium in which to express my sincere greetings to you as you enter our School of Nursing.

We are delighted that you selected Jeff for your nursing educational experience and wish for you the greatest success. The School of Nursing continues to serve the interests and the needs of students who have set their goal in attaining a diploma through an educational program such as that centered in a large medical center.

The faculty, housemothers, and administrative staff are here to be of assistance to you. In addition to regularly scheduled conferences with the counselor, you will find that she is also willing at other times to extend "a friendly helping hand."

In addition to the school and residence, we hope that you will use the facilities of the Jefferson Hall and Basic Sciences Building, and the Scott Library. Jefferson Hall includes for your pleasure and convenience a swimming pool, game rooms, a gymnasium, meeting rooms, and a bookstore. The School of Nursing is represented on the Board of Governors.

The Scott Memorial Library offers an extensive collection for students and faculty in the School of Nursing as well as for those throughout the University.

Thomas Jefferson University is on the move - and with it the School of Nursing!

Sincerely yours,
Doris F. Bowman, Director
School of Nursing
TO THE CLASS OF 1974

It is a little late to say "welcome" to the James R. Martin Student Nurse's Residence, for we hope you are feeling that welcome by now.

The Housemothers join me in the hope that you will enjoy your three years here. We would like to have you share your joys with us, and if you need one, we will provide a shoulder to cry on, or an ear to hear your gripes.

We are most happy to have you here and hope that by now you are feeling comfortable and at home, for we want this to be a "home away from home." That is, we want it to be that if you come from the kind of home which is reasonably neat, and from a family which is reasonably well-disciplined and able to live in harmony. This is the kind of home we try to have here.

We are proud of our Residence and of the comfort and security which we enjoy here. Rules may seem a little hard to adjust to at first, but I'm sure you will agree that they are made for your well-being in community living and for your protection in a center city environment.

I am here five days, most of twenty-four hours each day. I am always available and glad to talk with you. Come and visit me.

Most sincerely,
Marian M. Douglas
Residence Supervisor

To the Class of 1974:

Jefferson dorm life can be fun. It is a tan on the roof, making new friends, cram sessions, five minute phone calls, getting ready for T.G.I.F. It is a place to laugh and cry, a time to get involved. It is people living and loving. Welcome to Jeff!

Mary Dalton
House President

Support the Basketball Team—Cheer Them On!
Dear Freshmen (and everyone else too):

Hi and happy reading in this our 1st issue of Caps 'n Capes for the '71-'72 school year. Though this is just a small newspaper, it can take many forms and we hope that it will serve as a mirror of the School of Nursing's activities, feelings, and perhaps creative effects. Our paper is apart from the Medical College's Ariel and Profile, the official newsletter of T.J.U. Therefore, I hope all of you who are interested will join the staff, or submit articles and stories if you would. Any suggestions for improvement, criticisms, and letters to the editor will of course be happily accepted.

Caps 'n Capes will also try to keep you informed of interesting events happening around and in Philadelphia. So you see we have a lot of hopes for the paper - but we need H-E-L-P! Please join us - we'd love to have you!

Genie Goldfarb
Editor

REMINDERS

- Visited the Commons lately? Bet you didn't know that the S.of N. pays for each of us to use the facilities there. Go over and enjoy yourselves!

- Join the S. Of N. chorus under the direction of Mr. Ray Lucente. The group meets every Monday night in the main lounge. They perform at various functions throughout the year and it's lots of fun.

- Every Thursday night at 7:30, the best (and the worst) volleyball players around make their way over to the gym. Come join in - it's great!

- Speaking of Mr. Binik's Fearless Five (plus a few) all were really hurting at the Basketball games, attendance wise, last year. Support our players. (Freshmen - you'll get the first answer on that Nutrition quiz right!)

SAY, EVERYONE

Support your Student Council - that's the only way we know what you're all thinking about out there. While we're at it, why doesn't everyone come out and support class projects? It works both ways, you know!

AT THE SPECTRUM

Sat. Oct. 30 - Ten Years After, J. Giels Band - Dance Concert
Sat. Nov. 13 - Emerson, Like & Palmer, Dance Concert
Sat. Nov. 20 - Jesus Christ
Mon. Nov. 22 - Superstar
HISTORY OF HALLOWE'EN

It won't be long until the holiday of Hallowe'en is once more celebrated which means lots of candy for children and lots of parties for elders. Not many people know how far back Hallowe'en dates and what a solemn, sometimes truly eerie day it once was.

In Europe, All Saints Day was celebrated on November 1st and was a great Christian holiday in memory of all the saints, known and unknown. Hallowe'en was already associated with spirits of the dead since several centuries before Christ. Therefore, the Church's choosing this day around 609 A.D. to celebrate All Saint's Day was quite in line with the church policy of incorporating what was, by then, harmless pagan folk ideas.

However, Hallowe'en may be traced back even further to the Druids, (the people who lived in the land now known as Ireland, Scotland, Wales, and England) in honor of Samhain, Lord of the Dead, which fell on the 1st of November. This was also New Year's Day for the Druids, the first day of winter and the time of year when "the light that loses, the night that wins".

The celebrations of this time date back to the second century B.C. It was believed that Samhain on this night (Hallowe'en) assembled the souls of all those who had died during the previous year whose souls had been confined in the bodies of lower animals. On New Year's day, their sins were expiated and they were released to go to Druid heaven.

Horses and human beings (usually criminal) were rounded up for the occasion and confined in cages of wicker and thatch made in the form of giants or large animals. The cages were set on fire by the priests and the horses and the people were roasted alive. This was outlawed by Roman command and the groves and augery were ordered destroyed in 61 A.D.

The Rites were revived in medieval Europe, where black cats were put into cages and burned alive. Cats were believed to be transformed witches. Horses were still sacrificed at this time as late as 400 A.D.

During the early medieval period, witches were supposed to have had one of their four sabbaths on All Hallow's Eve. This was to have been one of their most sacred celebrations. It was celebrated on this particular day because it was the eve of All Saints Day and the witches intended to do all their celebrating in mockery of the Catholic Church. They held Black Mass during which they recited the Lord's prayer that "thou shalt" became "thou shalt not" and visa versa. From these celebrations people grew frightened of all the demons and spirits which might have been hanging around so in order to appease the evil spirits, apples and sweets were dealt out. This is why there is such a thing as trick or treat. So remember - the only reason you are getting any candy is because people are afraid of your being a demon and put a curse on them! Happy eating!
If you're the least bit squeamish when it comes to tiny, crawling things, then we're warning you - don't see "The Hellstrom Chronicle". But, on the other hand, if you simply adore creepy, multilegged creatures, and would like to see them inhabit the earth, then this is the film for you.

The plot revolved around the research of Dr. Nils Hellstrom, a scientist whose data on insects indicates that these monsters have an as yet unsurpassed ability to adapt to their environment and consequently, will be the last species to inherit the earth. Skeptical? So were we.

Hellstrom supports his theory of the indestructable insect by proving - scientifically, no less - that, from the beginning of time, these terrible tormentors of all living creatures were the sole survivors of prehistoric earth, and are the oldest species in existence today. Why did the mosquito outlive the mighty dinosaur? As he surely didn't die of multiple mosquito bites, the answer lies in the insect's remarkable ability to adapt, no matter what the odds - to his ever changing surroundings.

It is ironic, then, that in our unsuccessful attempts to control the insects' ever-increasing hoards, we humans are actually destroying ourselves, and taking all other forms of life with us. Convinced yet?

Hellstrom is so convincing in demonstrating his theory, that even Martha Mitchell won't dare dispute his arguments. If you're in the mood to sit on the edge of your seat and squirm, scream a little, paw your boyfriend (even if this doesn't come naturally) and beat on every bug within a 10 mile radius, then dig in - this is definitely your meat.

DID YOU EVER-
get up for an 8 A.M. class and not have one 'till 10?
get up for a 10 A.M. class and have one at 8?
use spray starch as deodorant?
wear T.F.D.'s to cover up the runs in your pantyhose?
get your cap the way you want it?
drop a 24 hour urine sample?

TO BE CONTINUED -
(readers are cordially invited to submit their own disasters)
On Sunday, October 10th, the Academy of Music presented one of the first of many fine concerts of the year aimed at those not quite in to the "heavy" music. Jose Feliciano provided the entertainment to the almost sold out house. Those on hand really were treated to an evening of fine singing and guitar wizardry. Besides all that, Feliciano has a marvelous stage presence despite the fact that he is blind. What he lacks by not being able to see, has all been made up for. He is a truly gifted performer.

Playing both the acoustic and electric guitars, and a native Puerto Rican instrument, he played many of his hits, ("Don't Let the Sun Catch you Crying"; "California Dreaming") plus some of today's standards. Included here were "You've got a Friend", "It's Too Late", "No Sunshine When She's gone", etc. Then on to "Malaguena" and other classic guitar solos.

It's interesting to note that Feliciano, by singing everyone else's songs has become one of the leading guitarists of the day. His own songs are quite beautiful and every bit as good as the others he sings. What a shame you all missed him - he's beautiful!

What can you say about Santana that hasn't already been said? The famed group finally arrived in Philadelphia on October 25th and it was certainly about time. Booker T. and Priscilla really put on a show for the capacity audience at the Spectrum.

B.T. and P. were the warm up act for Santana and it was a shame that the crowd wasn't too receptive. They did 4 or 5 numbers and were very entertaining. Santana took over after them. They didn't disappoint the crowd. They played a selection of their very popular songs, but concentrated mostly on their second and newest albums. Their music was excellent, but one criticism that can be made about them is that they weren't in verbal contact with their audience. Their music made up for it. Their encore of "Soul Sacrifice" (duration of 35 minutes) just about brought down the house. How they lasted that long, we don't know, but we're glad they did.

CAPS & CAPES

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