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TO THE SENIORS

As September draws upon us we realize that another year has come to an end and another graduation will take place. Graduation, though is not an end but the beginning of your chosen profession. You are ready to 'try your wings' that you grew through the periods of strain and struggle.

Buddha once said, "If a man speaks or acts with a pure thought, happiness will follow him, like a shadow that never leaves him." So be it with you. Continue to be as proud of the nursing profession as you are now. In giving compassion and aid to your patients, continue to give it with the simplicity and goodness that you possessed as a student. Then and only then will your goal of becoming a nurse be truly complete.

We bid you a fond farewell and along with it the best of everything life has to offer.

The Staff of "Caps and Capes"

THE FLORENCE NIGHTINGALE PLEDGE

I solemnly pledge myself before God and in the presence of this assembly to pass my life in purity and to practice my profession faithfully.

I will abstain from whatever is deleterious or mischievous, and will not take or knowingly administer any harmful drug.

I will do all in my power to elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping, and all family affairs coming to my knowledge in the practice of my calling.

With loyalty will I endeavor to aid the physician in his work and devote myself to the welfare of those committed to my care.

Salutamus tibi, Magnum Scriptum - Sybil Goldman.

Those are just a few fancy words to express a simple thank you. Today and this year the staff of "Cape and Capes" would like to tip their caps to you for devoting your time and pen as editor. We also would like to wish you a most successful future at J.F.K. Memorial Hospital. We know your work will be as prosperous for them as it was for us.

Thank you, Sybil Goldman.

SENIORS SAY:

Happiness is:
- a husband
- graduation day
- permanent days with weekends off
- a date for Friday and Saturday night
- a phone call when you're depressed
- passing your Peds. final
- Rush Week
- one dozen long stemmed red roses
- a day off without classes
- getting off duty on time
- a TV with some kind of a picture
- a white uniform

Misery is:
- working relief on Saturday nights
- night duty
- bedpans
- 6 o'clock in the morning
- an empty mailbox
- an empty wallet
- another NLN
- one more chicken dinner
- going to the movies on Saturday night with your roommate
- taking rectal temps on an incontinent patient
- classes on your day off
- class 'til 5 on Friday
- making up time after graduation
LAST WILL

S. Rood: care packages to hungry freshman
M. Kurtz: her Charleston ability to any who's got the nerve
A. Gottshall: blue wool sox to anyone with cold feet
P. Frain: wills her letters and phone calls to anyone who
doesn't get many
J. Heaton: her arches to anyone with sore feet
E. Shacter: varicosities to the instructors
S. Goldman: hard kaiser rolls to Mrs. Chaimpi
K. Neubeck: her mailbox complete with moths to anyone
C. Gallihue: her pinchmate's mustache to A. Coghlan
B. Ortlip: her back to Dr. Gartland
S. Reeves: her scars and riding ability to anyone who's willing
to run the risk

DID YOU EVER -- --

--- make an occupied bed with two bottom sheets?
--- start an IV upside down?
--- clamp a Wangensteen with scissors?
--- pass a Nutrition test?
--- chew gum in Chemistry class and get away with it?
--- work relief on Christmas?
--- have enough money!?

DEAR SAIRY

Dear Sairy,
Is it true blondes have more fun?  A Muddy Brunette

Dear Nuddy,
I don't know, I'm bald myself.

Dear Sairy,
What is the best way to do a care study?  S.N.

Dear S.N.,
The night before.

Dear Sairy,
I have trouble staying awake in class. What should I do?

Sleepy

Dear Sleepy,
Go lie down, it's better for your back.

Dear Sairy,
Why is it that three ladies always deliver at the same time?

D.R.

Dear D.R.,
Misery likes company.

Dear Sairy,
How can I manage to get some sleep when I work nights and my
roommate works relief?

Tired

Dear Tired,
Find another roommate.

Dear Sairy,
Why do we have to wear our uniforms below our knees?

Mini

Dear Mini,
So you can see your ankles.

Best Wishes

to the "Class of 67"

from the "Class of 68"

and the "Class of 69"
FACULTY FACTS

A well-known figure in JMCH SON is a petite instructor who is always impeccably groomed in her white uniform. She has a friendly manner with everyone she comes in contact with, including students. She enjoys discussions on current thinking and talks to students about their ideas and thoughts.

She comes from Shamokin in northern Pennsylvania. After graduation from high school there, she attended Polyclinic Hospital in Harrisburg. Upon graduation from the three years of intense training, she furthered her education by successfully completing two and one-half years at Temple University. She now has her BS degree in education.

From there she became an obstetrical clinical instructor at JMCH SON. She remained in this position for two years then transferred to the position of gynecological instructor a year and a half ago.

Outside of her capacities as instructor to junior and senior students, her social interests include concerts, plays, spectator sports, swimming, and in the winter, ice skating. On a rainy evening you might find her intent upon a current novel or knitting a sweater for someone special.

By now I'm sure you know of whom I speak - Miss Judith Lynch, Gynce Clinical Instructor, located on 10th Annex. Her most current position is one of the two faculty advisers to Student Council. It is to her that many problems will come that need to be ironed out between faculty and students.

Miss Lynch had this to say about her newly appointed position. "I'm looking forward to a very enthusiastic year with Student Council which we hope will be filled with fun and accomplishment for the student body."

GOOD LUCK, MISS LYNCH!!

THE DELIGHTFUL CREATURE

Author Unknown

Between the innocency of an entrance exam and the dignity of R.N. there comes the delightful creature - the student nurse.

They come in assorted sizes, weights, and shapes, and they all have the very same creed - to enjoy every second of every hour of every day, off and on, and to protest with gripping (their only weapon) when their forty hours are over and the supervisors are in the snack bar!

Student nurses are found everywhere - underneath everything or jumping through, swimming from or running over. Patients love them, doctors tolerate them, and nothing protects them.

A student nurse is truth with blood on her uniform, beauty with gloves on her hands, wisdom with B.A.L in her hair, and the future with scissors in her pocket.

To the doctors a student nurse is an inconsiderate, questioning, and intrusic jangle of noise. When you want her to make an impression, she becomes a sadistic, giggling creature, bent on wasting as much time as possible and sleeping through classes.

A student nurse is a composite - she has the appetite of a horse, the digestion of an ulcer patient, the energy of an s.s. enema, the lungs of a telephone operator, the imagination of a Vanderbilt grad, the enthusiasm of central supply, the sharpness of a scalpel, the audacity of a nurses' aide, and when she gives injections, she has five thumbs on either hand.

She likes food (few potatoes), vacations, Christmas, money from home, love stories, officers, water in its natural habitat, doctors, working elevators, off duty and fire alarms - not to mention handsome lads with Jaguars.

She's not much for books without pictures, ward clothes, hair nets, study hours, metric system and campuses.

Nobody is so early to rise and so late to bed; no body gets so much out of doctors and medical conferences; nobody else can cram into one day, 3 enemas, 12 complete baths, 3 trips to the morgue, 2 trips to the school office, set her meds up, press her uniform, polish her shoes, do her nails, stay out 'til 11:30 and still get along with her roommate.
The staff of "Caps and Capes" would like to thank all the girls who helped us with this issue, and wishes to extend a welcome to all the students interested in being members of the staff. All suggestions and criticisms are welcomed and any student should feel free to attend our meetings.

If you enjoy writing, please contribute to the paper. Typists, artists, poets and saleswomen are needed as well as girls who can help with the preparation of the paper. Please remember, it is your paper and the amount of your interest will determine its success or failure.

The Editor

Shirley Dubis

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