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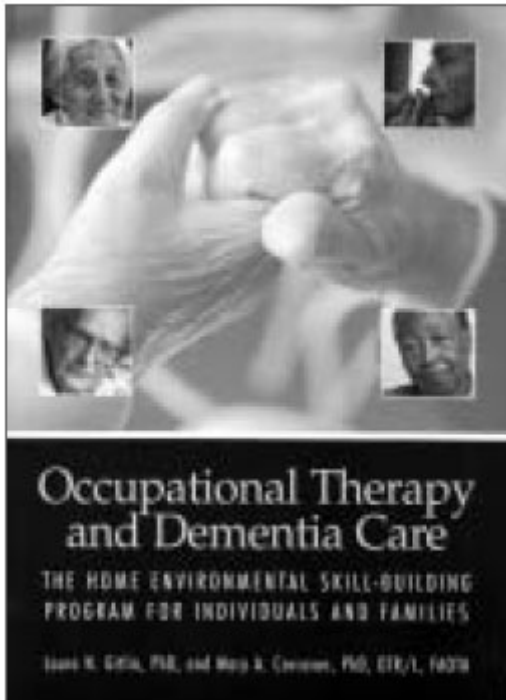
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CARAH's Bookshelf

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## CARAH's Bookshelf

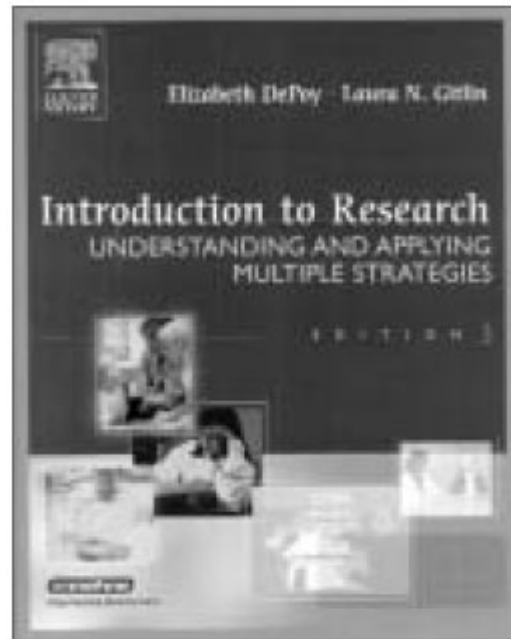


### **Occupational Therapy and Dementia Care: The Home Environmental Skills-Building Program for Individuals and Families**

by Laura N. Gitlin, PhD and Mary Corcoran, PhD, OTR/L with contributors, published by AOTA Press, the American Occupational Therapy Association, Inc.

ISBN: 1569002037

Based on over 15 years of research, the book presents the Home Environmental Skill-building Program (ESP), an evidence-based intervention to support families and persons with dementia and enhance quality of life. The book provides the theoretical and empirical evidence for the program and describes its protocols in depth.

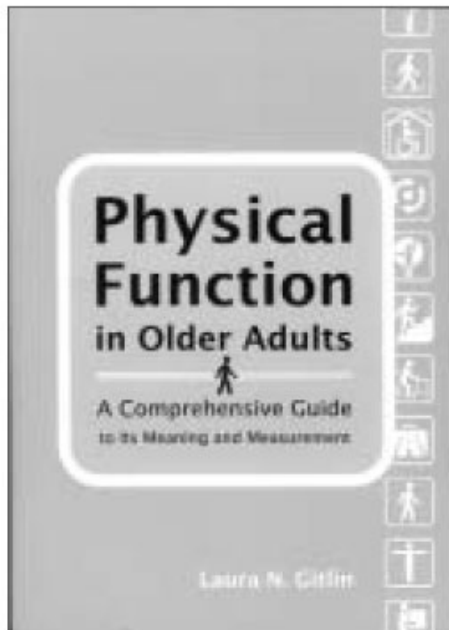


### **Introduction to Research, 3rd Edition, Understanding and Applying Multiple Strategies**

by Elizabeth DePoy, PhD, OTR, MSW and Laura N. Gitlin, PhD, published by Elsevier Mosby.

ISBN: 0323028535

Now in its 3rd edition, this book is used widely in the United States and internationally. It offers a unique framework for understanding both qualitative and quantitative approaches to the research process. Issues related to ethics, informed consent, evidence-based practice, and proposal-writing are highlighted.

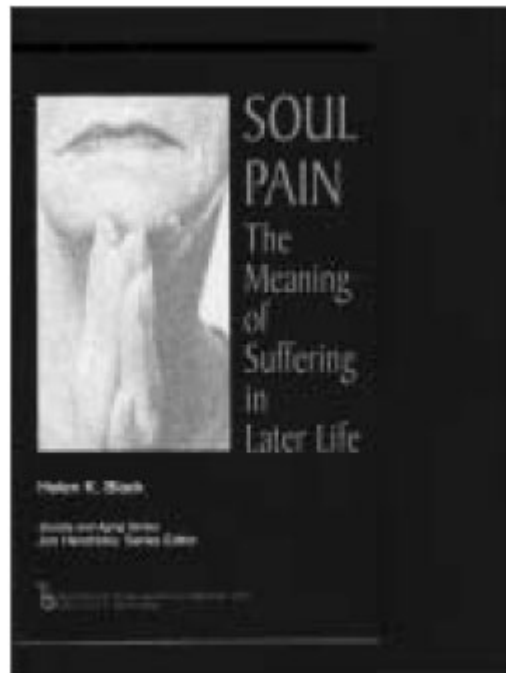


**Physical Function in Older Adults: A Comprehensive Guide to Its Meaning and Measurement**

by Laura N. Gitlin, PhD, published by Pro-ed, Inc.

ISBN: 1416400451

This reference book provides health and human service professionals with a comprehensive understanding of the meaning of physical function, a critical dimension of health and well-being. Researchers, students and practitioners will learn how to select an assessment instrument, the dimensions of different assessments, the historical meanings of this construct and the range of assessment tools available for research and clinical practice.



**Soul Pain: The Meaning of Suffering in Later Life**

by Helen K. Black, PhD, published by Baywood Publishers as part of the Society and Aging Series.

ISBN: 089503346

This book explores the multifaceted experience of suffering in old age due to illness, loss, and life disappointment, as well as experiences related to one's gender, ethnic background, and religion. Through the narratives of community-dwelling elders in each chapter, the book shows how elders assimilate the emotional and spiritual fractiousness of suffering into a life already laboring under the “work” of old age, and at a stage in life when personal resources are lessened and time seems to be running out. Elders’ definitions of suffering as well as their perception of its value emerge from the uniqueness of their lives as well as the profundity of their experiences.