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EDITORIAL

How we celebrate Thanksgiving in the 20th century is essentially the same as it was during the Pilgrim days. Perhaps we eat in a heated, electrical home with glass windows in comparison to the fireplace heated log cabins of that era, but the essential meaning of Thanksgiving Day has not changed.

Even now, as in the early days when the Pilgrims landed in Massachusetts in search of a free land where man could be free to live as he wished, we continue to strive for freedom and the right to live as an individual.

On Thanksgiving Day when you sit down for dinner whether it be at home, in a restaurant, or a cafeteria, think for a few moments of what you have and your Thanksgiving Day will be more meaningful.

FUTURES IN NURSING

What to do after graduation?

“...This is the big question which most of the senior students must face. It is a question which will face each girl as she nears the completion of her training.

There are many fields into which a graduate nurse can go. Some of them include the following: General Duty Nursing, Private Duty, Armed Forces, Public Health Nursing, Industrial Nursing, Operating Room Nursing, and Nursing Education. These are just a few of the fields into which nurses may go. In the coming issues of the paper we will present information concerning the different aspects of Nursing. In this issue we will discuss Private Duty Nursing.

As a private duty nurse you have a wonderful opportunity to teach your patient and his family by clear explanations and demonstrations. The private duty nurse is devoted to good bedside nursing and has the advantage of coming in close contact with not only the patient but his family and friends as well. In this type of nursing you are your own boss and can plan the day to best meet the patient’s needs. When doing private duty nursing you stay with one case until your patient is released. In this way you are able to see the total progress of your patient.

There are two avenues by which you can enter private duty nursing. One is the Local Professional Registries, maintained by the hospitals, cities, and states. The other is by direct calls from physicians or previous contacts.

Private Duty Nursing is a good field for those of you who are interested in doing total bedside nursing as well as nursing education.

THANKSGIVING

“November Turkey-day has come. Make the stuffing, beat the drum, sing the songs of thanks and praise. With food-stuffed bellies and eyes a-blaze.

Dear chief, just a reminder:

Don't forget the nearby masses.
Sleeping with their stomachs aching
Dirty scraps of clothing warm them.
Street fists clinging to them, calling.

"So this paints an ugly picture To think of on a day of daring Thanksgiving could be truly joyous"

If we joined in heartfelt sharing"

"TAKING AN ORDERLY"

Have you ever been to the accident ward? Most likely you have, but did you ever notice the orderly standing by the elevator.

By sheer misfortune his name is unfamiliar to us; however, what he has done and may like him, is not forgotten and never shall be.

Mr. Anonymous has been here with us at Jefferson for thirty years and has set aside, for his own personal use, ten dollars per year, from his hard earned salary. When news was spread about the building of our new residence, he willingly and out of the goodness of his heart, contributed the sum of three hundred dollars toward what you and I know to be a worthy cause.

At this time it is our pleasure to show him our deepest and sincere gratitude and wish to thank all who helped this spectacular dream come true.
CITY GIRLS IN A BIG CITY

Ever since I can remember, I have lived in a big city. When I came to Jefferson I was surprised to find that there weren't as many people in the entire training school as were in my high school graduating class. However, this factor didn't make any less difference. The second thing I noticed was the friendliness of all with whom I came in contact. I can truthfully say that I was made to feel at home in this strange, new, and wonderful world of nursing.

Most of the girls in our class are from small towns. Their different manner of speaking, and general characteristics revealed to me that all nurses are not fused out of one mold. It is also quite amusing to hear them talk of the biggest of our city, since to me it is my "small town".

The large, bustling hospital makes me feel right at home, since Jefferson is a city within a city. Although Jeff is a big hospital, I was a little surprised to find friendliness everywhere. This is usually missing from a well run organization.

Girls of different races, religions, and backgrounds have come to Jefferson for one purpose; to be nurses. Accomplishing this purpose will be a difficult task for some and an easy one for others. Some will fall by the wayside, others will succeed; but to all, their life here will be an experience they shall never forget. These, are the most outstanding impressions that Jefferson has given to me.

MATURITY

Many are the steps up the ladder of life to plateaus of temporary placidity. Some are easily accessible, others present an obstacle which must be overcome. Human reactions to those or difficulties of life vary. It is possible that a person with little ambition or desire to learn may remain stationary on the plateau that requires the least amount of physical effort or mental activity. This is not so with you who have come here to pursue a nursing career. You have many obstacles to overcome and among the first is the panic of feeling of a young girl being pushed from its mother's nest. Frightened and novice at this game of life you face the world. There is one difference, the flailing struggles alone; the human does not. Yes, you have suffered the home ties but you are one of the many girls; now is the time to grow up.

There is an anger to all the kindly voice of a mother to wake you from sleep, only the brassy shrill of the alarm. This is so with life. You have been awakened by maturity to meet the world. Throw away the rose colored glasses and form your pattern of life.

This pattern is formed at the start with the individual, feeling independent. Ah! yes, it's good to be here with no parental nagging. This attitude is short lived. Through the days that pass you realize that your thoughts are often than not referred to home. The city is big, the studies hard, the conditions are and suddenly you are aware of a condition diagnosed as homesickness. Physically you participate in studies but mentally you're yearning for home. Yet ask yourself it is really home or is it something else? Examine your mind extensively and clearly map out your problem. If it is not homesickness that constitutes your depression, speak to your counselor. If you desire for home cooking, familiar surroundings, old friends, maybe a pet dog, your mood of nostalgia is real. In this case also there is much to consider to bring about a mood. Nursing is the career you chose; be happy, the well adjusted nurse is a good one.

TOURS

In these past few weeks we have been very proud to show our beautiful home to all those people connected with the hospital and with the building of the spacious residence.

Those attending the open house were taken on conducted tours and shown the conveniences and modern facilities that compose our home. All visitors seemed pleased and remarked constantly concerning the tremendous improvement in the living conditions as compared with residences in the past.

The whole residence on exhibit - students' rooms, laundries, lavatories, solarium and recreation room stood 'spic and span' illuminating the achievements of all those who built it. Gathered here were all those people who had finally seen the contents of the ultramodern structure at the corner of 11th and Walnut Streets----and they were very, very pleased.
THE LUTHERAN HIGH SCHOOL JOURNAL
THE LUTHERAN HIGH SCHOOL JOURNAL

FEB. '61

Shirley Sutthill

No one could describe that certain feeling each of us had that first Sunday night. Believe me, each had a certain feeling. The "voodoo" music of a certain student gave more than one girl a scare as she lay in bed and heard its weird theme.

Classes were somewhat of a prelude before the storm. In addition to presenting factual material, classes that first week gave us a chance to get used to the grounds, become acquainted with others and catch wide-eyed glimpses of patients. Yes, we stared but didn't realize until later that we were scrutinized even more severely by them.

Nothing short of ten hours confinement on a battlehip could have prepared us for that first day actually spent on the wards! Bless the hearts of those instructors who recognized our general attitude of panic and tactfully oriented us in small doses. These days included—never having the right key for the right door, getting up at 5:30 A.M. (well, maybe that was only the first morning), and searching for answers to questions such as "Nurse, am I crazy?", and "What can I do here?".

What did we gain from our three months? That list could be topped with a better understanding of both ourselves and others. This particularly is so of our previous attitude toward the mentally ill. The basis for this lies in the experiences we had of meeting a boy of 16 years with an I.Q. of 146, the elderly woman of 83 who called you a young snip and cried the day you left, and all those whom you came to know as individual beings. Yes, we gained a lot from our three months. Hope you do!

CLASS NEWS - FEB. '61

On Monday, Nov. 16, we had a long overdue class meeting. At this meeting we chose Joan Saltor to fill the vacancy of alternate Student Council Representative.

Folly Anna names were chosen for Christmas gifts and plans were made on how we are going to celebrate Christmas as a group.

CLASS NEWS - SEPT. '61

Barbara Greenwalt represented our hospital as a delegate to the annual state S.N.A.P convention held in Pittsburgh on November tenth through the thirteenth. This convention is held for the purpose of electing new officers and amending the bylaws of S.N.A.P. It provides a chance for members to meet informally and to really learn and appreciate the functions and usefulness of the S.N.A.P. organization.

The sale of "Candy Cupboard" Christmas candies is now underway. There are nineteen varieties to choose from. Make sure to get your order in before we're all sold out.

CLASS NEWS - SEPT. '62

The class of 1962 held its first election on Monday, November 16. Miss MacLean officiated at the election. The results are as follows:

Class Advisor - Mrs. Walton
President - Janet Huford
Vice President - Shirley Sutthill
Secretary - Marion Choinski
Treasurer - Louise Baxter
Student Council - Ruth Glancy
Judiciary Council - Corrine Kursen
S.N.A.P Representative - Joanne Paul
S.N.A.P Alternate - Joan Campbell

The officers wish to thank the class for their support and they hope to be able to perform their duties to the satisfaction of all.
What student has the pleasure of wearing a nametag all her own? You guessed it. It's Mrs. Loenvood, (more commonly known as Mary Frey).

We have chosen Mary because of the help and support she has given to the student body. She has served as Treasurer of Student Council, President of her class, and was one of the organizers of "Capes and Capes". At the present time she is helping with the yearbook and is a member of Judicial Board. By contributing in these various activities, she has done much to promote interest and further participation of other students.

Mary is known for her versatility and cheerfulness. She is always helping those with problems, as students value her nature advice. She is also known for her ability to do good work and her thoughtfulness. It has been said that if you want something done give it to a busy person. This is so true of Mary. Where she finds the time is a mystery to us.

As a nurse, she has a sincere interest in each of her patients. She is aware of their needs and tries to provide them whenever possible. All in all, Mary is an excellent nurse, a good student, and a sincere friend.

THE NEW UNIFORMS

"Aren't they pretty?" "They make me look fatter than I am," "I wish they had aprons," "I love the color." These are just a few of the varied reactions to the new student uniforms. Many eyes were fixed upon us as, for the first time, we proudly wore our uniform—the symbol of our next three years at Jeff. The comments heard in the hospital from the staff, our personnel, patients, and older students, were for the most part, quite favorable. The new uniform, which consists of only one piece, will relieve the hospital laundry of much extra work. Being made of a drip-dry material, they require no starch and little ironing. This is one factor that we students really appreciate.

The Student Council meetings are held the first and third Wednesday of each month at 7 P.M. in the recreation room. All students are welcome to attend.

Jefferson was host for the monthly meeting of S.N.A.F. representatives. After the meeting in McIellan Hall, refreshments were served in the recreation room of the nurses house, and Christmas packages were wrapped for distribution to various hospitals. All who attended had a very enjoyable time.

All students are busily preparing for the Christmas activities. A basket will be prepared by each floor for a needy family in the neighborhood. Another big event is the semi-formal dance. It has been decided that it will be held about two weeks after Christmas. Representatives of Student Council are planning for the dance, sponsored semi-annually by the hospital.

We had our first mess meeting of this school year, Friday, Nov. 13. A welcome was extended to the September, 1962, class. We hope they, too, will take an active interest in Student Council activities.

CHORUS

What is the reason for the excitement of the pre-clinical students on Monday nights? Could be they've just come from chorus?

Many of the girls have found that a singing session with Miss Rhiele and her accompanist, Mrs. Bartels, is just the thing to subdue the tired, "Blue Monday" feeling and initiates one with a "ready-to-tackle anything" nature.

Our chorus is now preparing for a Christmas program, which will be presented at the Arch St. Methodist Church. The variety of songs to be presented will surely be enjoyed by all.

NEWSPAPER CLUB

Newspaper Club elected Louise Baxter, '62, to be news editor.

The Club has adopted the constitution drawn up by the Activity Fund Committee. This committee will sponsor profit making events in the school. These funds will be used by the various clubs.
Der Ba'npa.

Boy here got sum nooz. Ezra Tinkerhez ask ter meri me but goelligei i gotta finish mi kellin Ezra livin Stina Holler. Mzz Tinker bezal them for sowz what wun ther priz at the far lass yir. Then sowz wuz the mess skrunpulns in al ov Kantuckxee. I kin smel em now. I gutta cut this smart now I guta bow tess al wik. Tarda we hed that tess on cie am Goilly Gee. Har she tell a wik. Har har. We gut a Cooduck Tess bak an igut a 38 I jes kold an put T F I F al ther way down. No thenim at al.

Giv mi luw to Ezra an Mzz Timmers sowz. Garcy Lu

Did You Ever-----

---Completely make a bed and discover you had forgotten to replace the mattress cover.
---Break a clinical thermometer and put the pieces in your pocket, oh.
---Flunk seven exams in one week! Did you really study?
---Pull a thread in the bib of your uniform and discover you were missing a pleat.
---Wake up, feeling rested.
---Take someone else's trench coat from the cafeteria.
---Step off the elevator on the fifth floor in the old building to discover "The Interns Suite".
---Awaken to find the bags had vanished from beneath your eyes.
---Take a blood pressure without connecting the apparatus.

Gossip:

Hey! What about "grandma" Ruthie in blue nylon gathered hat?

Girls! Are we loosing Patience with Patience Sterner who seems to receive every phone call on the third floor. Will she ever get her wares crossed?

What scares Jessie Reck senseless, "vssisters" or "cadavers"?

Who's the lovely student nurse on Men's Red?

After school attire; White plaster masks. Is this a beauty treatment?

How's night duty, Carol Reigel?

This is a watchbird watching a snack snitcher. Are you a snack snitcher?

What about the "hair" endectomys on the third floor.

Kingfish and Sapphire have been seen together again.

What intermediate student nurse is now talking to a nebous instead of a Psychiatrist.

Who "sups out" everyday after class to meet someone. Could it be Kathy Eccles interest in LaSale?

---Questionnaire:

"What would you do if there was a juxtaposition of the obicularis muscle in a state of contraction?"

Answer: Pucker of closed lips

Amico Pies--put Iodine on it and bandage it up.

"Linda Berner--how should I know.

I'm just a probi.

Carole Sufferman--wrap it up.

Carol God--I'd rub it so it wouldn't hurt.

Carole Costello--ask the doctor for a bacrub.

Sue Leeman--sew it up.

Lee Chambers--kiss it and make it better.

Janet Huford--straighten out the arm.

Marion Cheinska--rub it down with alcohol.

Peggy Macquire--massage it.


1. 4

2. 1

3. 3

4.

5.

1. stoppage of a canal or passage

2. to lessen the properties of fluidity

3. callousity on a corn

4. boring of holes in calculi to break crushing

5. toxic condition from urinary constituents in the blood.

6. a neoplasm, unusual enlargement of a part not due to inflammation and no physiologic function.

Answers in next issue.
The S.N.A.P. convention held in Pittsburgh, Penna., November 10-13, was a great success! The wonderful speeches made by Barbara Schutt, editor of the American Journal of Nursing, Miss Kathryn T. Groves, Executive Secretary of P.N.A., The Very Rev. Msgr. John B. Mc Dowell, Superintendent of Parochial Schools in Pittsburgh, and Mr. Earl Wheeler, of Earl Wheeler Finishing School, made the convention very interesting to us.

The air of politics before the convention with the posters, pins, and other propaganda, made the election of officers a lot of fun.

There was a talent show with our own girls of Pennsylvania. Also participating in the entertainment were the Dentones of the University of Pittsburgh Dental School. Adding to the excitement were the Miss S.N.A.P. Contest, a fashion show by Jona-sens, and, best of all, "Uniform Day," when everybody wore the uniform of her school. This was a spectacular sight.

The events of the S.N.A.P. Convention were something I wish all could have shared. Since this was not possible, the enthusiasm and spirit of the girls can be enjoyed by all students when attending the S.N.A.P. Area #1 meetings. Everyone is welcome and the dates and times will be posted on the bulletin board.

The theme of the convention was "Here Two-Hour--You." Sit down and consider just what is the twenty-four hour YOU.

CROSSWORD PUZZLE

Across
1. To thrust or prod
2. A hand firearm
3. Combining form for tenth
4. A greeting
5. A picture or design to be transferred from a specially prepared paper
6. To love in a lacy manner
7. An exclamation
8. A lump which binds the sore it is drawn
9. Of the same kin
10. Ruled by Pluto
11. "All's well that ______ well."
12. Wonders
13. A traditional food for Thanksgiving
14. To turn aside
15. Combination of tones which blend when sounded together

Down
16. Loud noise
17. The supposed soluble principle of starch
18. A high hill
19. Numerus
20. Having digits
21. Watchfulness in respect of danger
22. Abbreviation for and so forth
ATTENTION OUT-OF-TOWNERS!!!

This article has a particular purpose, and that is to acquaint the new students with our historical city, Philadelphia, rather than just the limited campus.

We feel that Philadelphia has so many places of interest that we would like to acquaint you with the best sites.

*** A MUST

**EXCELLENT

* GOOD

*** Academy of Natural Sciences- Daily 10-5; Sunday 1-5. 19th. & Parkway (Admission:50 cents)

See prehistoric monsters, precious gems, and live insects.

*** Pennsylvania Academy of the Fine Arts- Tues.-Sunday 10-5.

Broad and Cherry (FREE ADMISSION)

** Museum of Art- Every day 9-5. 26th. & Parkway (FREE ADMISSION). American Print Show opened September 25, 1959.

* University Museum- Tues.-Sat. 10-5; Sunday 1-5. 33rd. & Spruce (FREE ADMISSION)

Home of T.V.'s "What in the World?" Relics of Ancient Civilization

** Franklin Institute- Tues.-Sunday 12-5. Sat. 10-5, 20th. & Parkway (Student Admission:50 cents)

* Fels Planetarium (Franklin Institute)- Daily, except Mon. 3:00; Sat. 11, 2, & 3, Sunday 2 & 3. 20th. & Parkway

Sky tours- Wed.-Fri. 8:00P.M.

December- "The First Christmas".

** Old Christ Church- 2nd. & Market Daily church services

Birthplace of the first Protestant-Episcopal Church of U.S.

** Betsy Ross' House- Daily-Sunday 10-4:30. 3rd. & Arch (FREE ADMISSION)

*** Zoological Gardens- Every day 10-5. 34th. & Girard (Admission:75 cents)

*** U.S. Mint- Mon.-Fri. 10 & 2, 16th. & Spring Garden (FREE ADMISSION)

See complete coin manufacturing process.

We hope your visits to these places will widen your views of this fair city.

Thank you,

E. Liebel and G. Kropnick

CROSSWORD PUZZLE (Continued)

DOWN

23. Begin, began

24. A small, baked, pastry shell filled with cream

25. To behold

ACROSS

26. To free from danger

27. The gathering of a crop

28. That which is correct

29. Abbreviation of Neurology

30. To combine into one sum

31. Of the same stock

32. Ear, nose, and throat

33. Glad

34. Exclusively, solely

35. Past tense of do

36. A little child

37. A boy's name (like)

38. A time for giving thanks

39. Abbreviation for editor

40. Like a reed

41. A fish-eating, diving bird

42. To pr-y-ke

43. To find buyers for products

44. The highest point

45. The one, particular (occasion)

46. _ King Cole. 47. An insect