Exploring the Role of Life Review Videos with Patients Diagnosed with Advanced Cancer

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Background/Rationale

- Life Review Videos can provide patients with hope, help them find meaning and value of life.
- Patients with cancer have limited opportunities to discuss their life before cancer.
- Insufficient research related to how patients would want their video to be used by family/friends and who they would choose to share their video with.
- Limited research regarding whether the relationship with the interviewer matters to participants of life review.

Goals/Objectives:

- To evaluate the impact of a life review video on terminally ill cancer patients' perceptions of quality of life.
- To determine if the relationship with the interviewer matters to participants.
- To evaluate if participants discuss common themes during the recording of their life review video.

Strategy/Methodology

- Identify appropriate patient
- If patient agrees, sign consent to participate. Given list of questions to choose from
- Complete FACIT-PAL & Demographic survey
- Schedule a time to do recording
- Record video
- FACIT-PAL immediately after video & satisfaction survey
- Videographer edits video (does not take out content—just makes flow better)
- Schedule a time to watch video with patient
- After watching video complete FACIT-PAL, for last time
- If patient wants edits, refer to videographer for changes
- If no edits and after video complete give copy to patient

Outcomes:

- 100% of patients felt that creating a life review video was helpful to them.
  - "No one in my family will talk about the possibility of death, participating in this video gave me a chance to talk about some of those fears and that was really helpful." ~57 year old male

- Most patients felt creating a life review video was easier than they thought it would be.
  - "I was afraid my video would be sad, but you know what? I am an entertaining guy. I could watch this video over and over again. This is how I want my family to remember me." ~61 year old male

- FACIT-PAL scores take into consideration physical, emotional, social, and functional well being using standardized reliable and valid tool.

Outcomes:

- All participants wanted to share their video with at least someone.
- One participant had no children, but would have shared with children if he had children.
- 40% of patients were concerned their family would find the video too hard to watch.
  - "I can't bring myself to watch the video right now. I'm glad he made the video as he talks about it often, but I'm just not ready to watch it" ~wife of patient

- "It is my wish that my family will watch this video when they feel sad and need to be remembered how much I love them...how much I have always loved them." ~58 year old female

- FACIT-PAL likely not the best choice to monitor quality of life for this project because of variability in patients functional status, emotional well being and physical well being could fluctuate for a myriad of ways through cancer trajectory.

- Participating in life review videos was very rewarding for oncology social worker.

- Cost to create video ($525) seemed reasonable to leave legacy behind for patients and their family.

- Small sample size, however participants generally pleased with results and enjoyed watching their video.

- Good opportunity for cancer centers to provide opportunities for patients to reflect on their life and create a legacy in a meaningful way.

Conclusions:

- All participants reported they found creating a life review video to be helpful to them.
- FACIT-PAL likely not the best choice to monitor quality of life for this project because of variability in patients functional status, emotional well being and physical well being could fluctuate for a myriad of ways through cancer trajectory.
- Participating in life review videos was very rewarding for oncology social worker.
- Cost to create video ($525) seemed reasonable to leave legacy behind for patients and their family.
- Small sample size, however participants generally pleased with results and enjoyed watching their video.
- Good opportunity for cancer centers to provide opportunities for patients to reflect on their life and create a legacy in a meaningful way.