Winter 1997


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C.H.P. Leads in Community Outreach and Volunteerism

"Jefferson students have changed the way health care is delivered to Philadelphians who are homeless and marginalized. You have gone to shelters, to the forgotten neighborhoods, and to the streets to make health care accessible."

—Sister Mary Scullion, a leading advocate for the homeless, speaking at the college’s 1997 graduation ceremonies.

Last year, a College of Health Professions physical therapy (PT) student told a story to Diane Comman-Levy, MS, PT, educational consultant in C.H.P.’s Center for Collaborative Research: The student was walking down the street near the Salvation Army’s Gateway Center, a shelter where she and other students volunteer their time. A man from the shelter came up to her and said he wanted her to meet some of his friends. To a group of other men who were out on the street, he simply introduced her as someone who had changed his life. As the student related this incident to Comman-Levy, the student was crying, moved by the feeling of empowerment that comes from having affected another person’s life so profoundly.

These kinds of experiences hold together C.H.P.’s long-standing and expanding commitment to community service. Galvanized even further by the Presidents’ Summit on America’s Future in Philadelphia last April, a spirit of commitment to the city and the region now permeates many programmatic and discretionary activities of C.H.P. as well as Jefferson’s other colleges.

A large group of C.H.P. students, including Tracy Reeves and Ann Parsons, both diagnostic imaging seniors, participated in the summit. Reeves and Parsons rode a bus with President Jimmy Carter and General Colin Powell, and worked alongside Carter at a site on Germantown Avenue.

“It was great,” Reeves said of her experience. “Carter worked as hard as any of us. He stopped and talked to people for a while, but was quick to tell them that we were there to work for the community and not to socialize. He really showed everyone what the summit was about.”

For many in the nation and in the city, the Presidents’ Summit marked the first step in a national expansion of volunteerism and community service. But for students in the College of Health Professions, it was one more step along a path that began in earnest years ago.

See pages 10 and 11 for more C.H.P. experiences in community service.
An OT Ambassador

Rekha Sankaran-Kutty, 1997 Student Life Award Winner

This year’s winner of the Achievement Award for Student Life, Rekha Sankaran-Kutty, could easily be known as Ambassador Sankaran-Kutty, at least when it comes to building a greater understanding of occupational therapy. “I’m always working to try to bring OT out into the medical community more, as I tried to do in my volunteer activities at Jefferson,” says Sankaran-Kutty, who completed the final rotation for her degree in December. “There is still a lot of confusion about what an OT does, and I think we need to make the field better recognized and understood.”

While at Jefferson, Sankaran-Kutty gave her time to provide leadership and outreach in a number of forms. As an elected officer of the student Occupational Therapy Association, she led Occupational Therapy Week programs designed to increase awareness of her profession. She also participated in several in-service seminars for varied student organizations, focusing on how medical professionals benefit from what occupational therapy has to offer.

Making a Community Connection

Sankaran-Kutty found that her capacity as a resident assistant at her Jefferson residence hall gave her another way to share information about OT with individuals in many different fields of study. She worked with a diverse international population of students, including patients, patient families, and university guests.

Her successes in all these areas won her the 1997 Achievement Award for Student Life, given annually to a senior who has made an outstanding contribution to student life in the College of Health Professions. As the only collegewide award given to a student, it is an especially meaningful honor.

“This year’s winner made significant contributions at many levels,” said Dean Laurence Abrams, EdD, during the award presentation, “and has shown rigorous leadership.”

When it comes to putting her OT skills into practice, Sankaran-Kutty hopes to work in a community setting, inspired by her positive experience with the Salvation Army Gateway Service Center (see cover story). “I had an internship with this homeless shelter and loved it,” she says. “There is such a demand for OT services there.”

Will Present Journal Nationally

A highlight of her work at Gateway was a special journal project she developed with a medical student also working at the center. They teamed up with those who came to the shelter to publish The Gateway Community Journal, which features clients’ original writings.

“We didn’t change any of their work except for correcting spelling,” says Sankaran-Kutty. “We wanted them to feel unrestricted and know what they wanted to do. It gave them a sense of accomplishment, which many of them need, and which many of them have had limited chance to feel in their lives. To see what they had written in print was a powerful step for them.”

Sankaran-Kutty will present the journal project at the next American Occupational Therapy Association National Conference. Two editions of The Gateway Community Journal have been published.

Enjoying Diverse Opportunities

Her course affiliations have involved a wide range of assignments, including a psychiatric hospital where she worked with the criminally insane. “It was a very demanding population. You had to set limits and always think on your feet. I really enjoyed that challenge,” she recalls. “It was another place where I could really see OT having an impact. We worked on anger management and coping skills to deal with aggressive behavior.”

Her final affiliation involved working at a rehabilitation hospital in San Diego, Calif., with much diversity in OT. “That’s what I love about it,” adds Sankaran-Kutty. “It is the best field out there. I can’t wait to get out in it.”

Con: It’s Pulling the PT Profession Down

by Donna Peluso, MS, PT’86
Pool/Registry Therapist, Therapists Unlimited, San Diego, Calif.

Because of managed care, being a therapist now means something very different than when I graduated. The main concern of providers and third-party payers is, increasingly, productivity. Unfortunately, this bottom-line mentality results in little regard for PTs as professionals.

In part because managed care is less interested in maintaining PTs on full-time staff, many in my field are going part-time or per diem arrangements.

We are forced to set tight, specific time allotments for patient visits. These time blocks include paperwork and, if after 30 minutes, you’re not done with a difficult evaluation or procedure, you still have to finish the work without any extra pay.

Patients recognize when you’re burned out or when you don’t have sufficient time for them. More often, we have to pass them off to PT assistants or the unlicensed aide. With managed care’s emphasis on the bottom line, providers and payers are realizing that it’s cheaper to shift care to assistants. Meanwhile, the pay for PTs, which has never been generous, has leveled off.

Many friends and colleagues working in various capacities and environments as PTs, whether on staff or not, have these same experiences. They feel less on par with other professionals, illustrated in just one way by little or no support for their continuing education needs.

Experience (such as my 11 years) and advanced degrees (such as my master’s) are not getting us more compensation or opportunities. The PT today has low job security and is lucky to get a true cost-of-living increase each year. The American Physical Therapy Association (which I can’t afford to join) should be doing more about all this.

I don’t think that these developments are in the long-term interest of my patients. It’s a situation where practices and institutions just want you to capture their charge as expeditiously as you can. The flexibility and respect are disappearing from our profession as a result of managed care.

Pro: It’s Here and It’s an Opportunity

by Kathy D. Cary, MS, PT’93
Manager, NovaCare in Juniata Park, Philadelphia, Pa.

Managed care is here to stay. The question is no longer “if” managed care but “how” managed care.

No doubt, we’ve all had some negative experience with it. When Medicare stopped paying for hot and cold packs, it certainly affected care in our clinic. But I believe that PTs must make the best they can of managed care.

Yes, it’s based on cost analysis. But is that bad? We all agree that health care cannot have unlimited resources.

Managed care challenges those of us who deliver medical care to look closely at what we do and to be on top of it all the time. It makes us ask whether a given patient could do just as well with less care than he might have been given in the past.

And to examine why one patient might get better in her allowed 80 visits and another not.

And there are choices under managed care. We do have decision-making power. Both are connected with the need to communicate with doctors and patients, because it’s our clients and referees who often don’t understand the options and permitted benefits in managed care.

Explaining these features gives us another avenue of establishing good rapport.

Many patients will be surprised when you tell them that much of what can be done for their recuperation and wellness is their responsibility, and that as therapists we’re just here to help. Managed care keeps us pointed toward getting patients to take charge of their recovery. And I find that most patients are accepting of limits on care and of their own role in rehabilitation and health maintenance.

It’s true that small practices will have trouble competing, but when NovaCare, a large managed-care rehabilitation network, bought the free-standing outpatient facility where I work, we got better job security and access to a huge pool of patients insured by managed plans.

It is probably easier for those of us who have practiced long-term at NovaCare than for those who came from the start. But if we all do what needs to be done under it, the PT field will not only retain its strong standing but be put in a favorable light.

The Review welcomes opposing points of view as well as submissions of editorials on other topics. Send to: The Review, College of Health Professions, Thomas Jefferson University, 130 S. 10th Street, Suite 1620, Philadelphia, PA 19107-5253. Fax: 215-503-7241, e-mail: amelia.ezio@jtu.edu

Kathy D. Cary, MS, PT’93
Donna Peluso, MS, PT’86
Managing Dementia at Home: Finding Support, Exploring Solutions

Where do you turn? One day you sit down for a game of bridge with your mother, who’s been playing the game for as long as you can remember, and she forgets the rules. The next day, she goes out for her daily visit to a friend’s house, and she can’t find her way home.

Dementia, a progressive neurologic condition, is a leading cause of disability in our aging population. Whether resulting from Alzheimer’s or other causes, it can overwhelm a family when it strikes.

“The most important message is that health professionals can provide support and meaningful intervention to the person with dementia and the caregiver,” says Laura Gitlin, PhD, CHP’s Director of the Community and Homecare Research Division of the Center for Collaborative Research. “Exactly how the healthcare community can help best is the focus of significant research at the moment.”

Gitlin, also a professor in CHP’s Department of Occupational Therapy, has developed some key suggestions as a result of her research on dementia:

When there are signs of decline, get a comprehensive evaluation. Out of character behavior often tells people that something may be wrong with a loved one. Most will first turn to their primary-care physician, but Gitlin recommends an evaluation as well by a geriatrician, neu­rologist, or geriatric psychiatrist.

“Physical changes may cause forms of dementia that are reversible,” says Gitlin, “so there must be as clear a diagnosis as possible.”

Plan for the future. Often most jarring is the initial stage in which the individual can understand what has begun to happen. Ideally, dementia is diagnosed at this stage, though, so that the individual can be involved with family members in making plans for the future.

“This planning should involve a whole range of issues,” notes Gitlin, “from estate and financial planning to living arrangements, to deciding who can support the person in decline.”

Find support. Support groups help caregivers, and people in the early stages of dementia. “At the point where the individual can still articulate the experience and what it means for the future, it can be extremely frightening,” explains Gitlin.

Explore various strategies. In her recent research, Gitlin has been working with OTs and the Housing Department of Philadelphia, Corporation for Aging, on using environmental modifications to help minimize the effects of functional decline and behavioral difficulties of dementia patients. For the Philadelphia REACH project, which is examining such approaches, she serves as principal investigator with co-investigators Mary A. Corcoran, PhD, OTU, and until last spring was Acting Chairman of OT at CHP. Corcoran is now an associate research professor at George Washington University, in Washington, DC.

REACH (Resources for Enhancing Alzheimer’s Caregiver Health) is a five-year research project funded by the National Institutes of Health. Six sites throughout the country are testing different community and home-based intervention strategies designed to improve the well-being of families caring for individuals with dementia.

“The nature of caregiving changes at the moderate stage of dementia, and that’s where we’re testing our interventions,” says Gitlin. “It’s a point in the disease process that is very hard for caregivers.”

Gitlin and Corcoran are using environmental modifications to help manage problems faced by caregivers, such as bathing, dressing, incontinence, and wandering. These strategies include altering homes (e.g., a roll-in shower), modifying objects (e.g., removal of clutter), simplifying tasks (e.g., setting up a daily routine), and using assistive devices (e.g., safety locks).

“No single strategy works for everyone,” stresses Gitlin, “so interventions need to be individualized to address the specific needs of caregivers and their living situations.” She notes that environmental modification may work effectively in tandem with pharmacologic and behavior-modification techniques, but that this approach requires further testing.

“I encourage a comprehensive approach in working with the family and the affected individual,” adds Gitlin.

Biotech Degree Sends Grads into Latest Market Opportunity

Whether it’s at the Angenia and Genentech of the industry, the smaller upstart companies, traditional pharmaceutical firms, or the leading academic research labs, the biotechnology field has grown steadily and is in significant need of qualified personnel. And that’s an educational need that the College of Health Professions is now addressing.

The college’s biotechnology program accepted its first students in the fall of 1995, and last spring had its first three graduates: Meghan Hindman (see sidebar), Vu Nguyen, and Lyle Rawlings. Hindman and Nguyen received their baccalaureate degrees after two years at other colleges and then junior and senior years in the Jefferson program, whereas Rawlings received a post-baccalaureate certificate.

“We see a need for BS-degreed individuals in biotechnology companies, and we gear the program to those who will be working in such companies,” says Lydia Morrow, PhD, Associate Professor, Laboratory Sciences, and Program Director for Biotechnology and Cytogenetic Technology. “The field has tremendous growth potential that will translate into careers for our graduates. It seems every day new biotech companies are starting up.”

Defining a New Expertise

Biotechnology as a field is so new and quickly expanding that it defines easy definition. Put most simply, biotechnologists use cells from the body to produce new drugs.

“Biotechnology is an umbrella term that encompasses lab techniques in molecular biology and molecular genetics,” explains Morrow.

CHP’s program combines classroom and laboratory experience including opportunities in research laboratories at Jefferson and affiliated institutions, such as the Correll Institute for Research. It prepares technologies to participate in designing, researching, developing, and preclinically testing diagnostic and therapeutic agents, methods, and systems in:

- immunology, immunohistochemistry, and immunodiagnostic;
- recombinant DNA and related molecular biological techniques;
- well sorting, flow cytometry, and related digital imaging techniques;
- protein chemistry and molecular imaging techniques;
- and cell and tissue culture.

“The curriculum also incorporates molecular modeling, which is at the cutting edge of technology used in drug design,” says Dr. Morrow.

Broad Preparation at a Leading Center

Students can take advantage of Jefferson’s facilities and activities as a world-class academic health center, and can benefit from working directly with its renowned faculty, advanced equipment, and teaching and research resources. Some biotechnology courses are also open to non-enrolled students who may be interested in the field or wish to take courses for continuing education.

Although training at Jefferson prepares students for employment in health-care biotechnology, academic, and industry settings, graduates whose interests lie in agricultural or environmental sectors of the industry are expected to find their skills readily adaptable to those settings. Graduates should also find themselves prepared for graduate-level programs in related fields.

A biotech student with many choices

Meghan Hindman had to decide: Go for the money or continue her education? Like sought-after graduates of other fields that have strong job opportunities, Ms. Hindman had to decide whether to accept well-paying industry job offers directly after graduating from CHP’s biotechnology program or further her studies.

Ms. Hindman, who graduated in 1997, decided to pursue the terminal degree in her field first. A Foster Scholar while at Jefferson, she is currently working on her PhD in molecular oncology and immunology under a fellowship at the Sackler Institute for Biomedical Research at New York University.

“I came into Jefferson’s biotech program because I wanted a rewarding research-related curriculum in that discipline. I really liked the description of the program,” she says. “I was at a four-year college majoring in history and didn’t feel like I was getting the education I wanted. I was interested in research and medicine, and Jefferson’s program was a good fit.”

The surge in the biotech industry in the early ‘90s piqued her interest. “With opportunities for a research career there, I transferred to the CHP program.”

“I was looking for a more hands-on approach to training,” she says, “and I got that at Jefferson—along with opportunities to do research in laboratories that I enjoyed. I was satisfied by the intensity of the environment. It was a whole science curriculum for two years.”

Starting graduate work gave her an even better appreciation of her education at Jefferson. “I definitely had an advantage over other students coming in here, and I still see it.”

Meghan Hindman, BT’97

Gaining highly marketable skills, two members of CHP’s first class of biotech graduates, Meghan Hindman (right) and Vu Nguyen (center) attend a laboratory class session.

Dr. Gitlin (right) discusses kitchen modifications with the caregiver daughter of a patient with dementia.
updates

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After completing a search, consider taking advantage of the JEFFDocs service. If you need an article from the more than 2,800 journal titles available in the Scott Library, submit an online JEFFDocs request and have the material quickly faxed or mailed to you. Current prepayment rates are $5 for mail delivery and $10 for fax delivery.

For more information, please contact the JEFFLINE Alumni Connection Liaisons:

Barbara Laynor 215-503-9064  
Guil Leone 215-503-9741  
e-mail: liaisons@jeffline.tju.edu

Cheri Pijifman, Assistant Director of Admissions (center) gets a chuckle out of a fun-filled tour of CHP's alumni services Web pages. at the Center's Open House, its Acting Director, Lisa Cohen (far left), demonstrated these portions of CHP's Website to Ron Nordman, Associate Director of Admissions (second from left), Megan Welliver, second-year PT student (far right), and others. Visit the Center's Web pages at http://jeffline.tju.edu/CRIS/CHP/cde/

A check from Jefferson to you?

That's right. When you make a gift to one of Jefferson's life income plans, you and/or your spouse can receive a generous lifetime income. And if you give low-yielding securities, your income will likely increase.

Most important, your gift can provide you with the opportunity to name a permanently endowed fund for the College of Health Professions. You receive more than simply four checks a year when you make a life income gift. You become part of Jefferson's future. Return this postcard for more information about how you can receive quarterly income from Jefferson.

Please send me information about how I can:

☐ Make a gift by will to Jefferson  
☐ Make a gift and receive life income  
☐ Make a gift of stock or mutual fund  
☐ Make an annual contribution to the College to help support scholarships/student programs, and/or research

Name  
Address  
Phone (day)  
E-mail  
Program  
Year of Graduation

Alumni Volunteers Needed for ID Clinical Care Planning

CHP is offering ID 402: Interdisciplinary Clinical Care Planning, the final course in its new interdisciplinary curriculum during the spring 1998 semester. Course faculty members have planned a variety of activities to enhance the students' understanding of interdisciplinary relationships and collaborative care. The course welcomes participation in the course by its alumni. The class is held on Mondays, 4:00-6:00 p.m. If you would like to share your time and expertise with the students for one two-hour class period during the semester, please contact Pegge Griffis, Course Coordinator at 215-503-7557.

Locie Cool-Foos, PT85, and Monique Dandore, OT85, were instrumental in creating CHP's case management program, which reintroduced cross-discipline training and education to the students and eventually led to CHP's ID courses. They, along with Nancy Powell, DNS, have also assisted in planning ID 402.

Network! (Hire and get hired!) Reclaim old friends! Discover where your fellow alumni live and work now! Do all this and more with CHP's new alumni directory. For ordering information, see the back of your pull-out alumni calendar in this issue of The Review.

Please send me information about how I can:

☐ Make a gift by will to Jefferson  
☐ Make a gift and receive life income  
☐ Make a gift of stock or mutual fund  
☐ Make an annual contribution to the College to help support scholarships/student programs, and/or research

Name  
Address  
Phone (day)  
E-mail  
Program  
Year of Graduation

New student center on the 18th floor: Edison Building that we would put as our fundraising project. We are seeing the center; you too have immediately important it has to students. But we cannot yet see center complete. For example, we need computers located in the center for their use. You, our support for other capitol items in all departments will be along with our support—as and students in need of financial help, we are planning a gift which all CHP alumni from any class may participate. You'll hear details in the upcoming newsletter and post the pull-out calendar. The reunion is a great way to enjoy good food and music. It's never too late to get involved in alumni association. We need your help in maintaining the best possible for present and future. The college, remember, it's our alma mater, so let's show our appreciation and make college great. I'm proud to be graduate and I hope you are too, and I hope you are next to seeing you at the many and this year.

Sincerely,

Id BS, CT80, CT(ASCP)
Alumni President

A new student center on the 18th floor: Edison Building that we would put as our fundraising project. We are seeing the center; you too have immediately important it has to students. But we cannot yet see center complete. For example, we need computers located in the center for their use. You, our support for other capitol items in all departments will be along with our support—as and students in need of financial help, we are planning a gift which all CHP alumni from any class may participate. You'll hear details in the upcoming newsletter and post the pull-out calendar. The reunion is a great way to enjoy good food and music. It's never too late to get involved in alumni association. We need your help in maintaining the best possible for present and future. The college, remember, it's our alma mater, so let's show our appreciation and make college great. I'm proud to be graduate and I hope you are too, and I hope you are next to seeing you at the many and this year.

Sincerely,

Id BS, CT80, CT(ASCP)
Alumni President
In 1996–1997 alumni donated to 16 areas in the college/university:

1) General Scholarship Fund
2) Student Scholarships for Nursing
3) Student Scholarships for Laboratory Sciences
4) Student Scholarships for Occupational Therapy
5) Student Scholarships for Physical Therapy
6) Student Scholarships for Diagnostic Imaging
7) Department of Diagnostic Imaging
8) Department of Laboratory Sciences
9) Department of Nursing
10) Department of Occupational Therapy
11) Department of Physical Therapy
12) Research Fund for Nursing and Allied Health
13) General College Fund
14) Laboratory Sciences Equipment Fund
15) Student Life Facilities and Programs
16) Teaching Equipment and Materials
17) Physical Therapy Human Performance Laboratory
18) National Center for Dental Hygiene Research

Let your friends see that you are a CHP supporter!

(Please remove, fill out, and return the card below.)

CHP has a new student center on the 18th floor of the Edison Building that we would like to target as our fundraising project. If you’ve been to the center, you too have seen how immediately important it has become to students. But we cannot yet consider the center complete. For example, students need computers located in the center for their use.

In addition, our support for other capital budget items in all departments will be a priority, along with our support—always—for students in need of financial assistance.

For September, we are planning a reunion, in which all CHP alumni from any graduating class may participate. You’ll receive further details in the upcoming months. (See and put the pull-out calendar in this issue!) The reunion is a great way to get together with friends and former classmates, while enjoying good food and music.

Finally, it’s never too late to get involved with your alumni association. We need your help and ideas for maintaining the best environment possible for present and future students of the college. Remember, it’s our university and alma mater, so let’s show our support for one of the nation’s leading health professions colleges! I’m proud to be a Jefferson graduate and I hope you are too.

We look forward to seeing you at the many events planned this year.

Most sincerely,
Jay Field BS, CT’88, CHP Alumni Board President; Sue Herrie-Stup, recent past Director of Alumni Relations; Lorraine McCull, NU’49; Nancy Powell, NU’51; and Jane Dietrich, NU’50.

Alumni don’t forget: University exercise facilities are available to you.

Reminder: The Commons is the TJU multipurpose fitness facility on campus, and all alumni are eligible to join the Commons. Facilities include a cardiovascular room, weight room, swimming pool, sauna, locker rooms, group-exercise/aerobics studio, gymnasium, and racquetball court. In the program available at the Commons, you can also take advantage of massage therapy, intramurals, scuba certification, aerobics, yoga, martial arts, personal fitness training, aquarter, swimming lessons, and much more. Additionally, as a Commons member, you are entitled to discounts on a wide variety of social and cultural programs offered through the year. For more information about The Commons Fitness Center, call 215-503-7711.
Learning While Helping the Needy: An Ideal Match

"Reaching out to the suffering in our city empowers you to be more than healers. You are agents of transformation. For as you come to know the suffering, you are moved to respond. You no longer are able to view health-care as separate from poverty, violence, and disinvestment in neighborhoods and the city."

— Sister Mary Scullion, a leading advocate for the homeless

"Sister" is written three times in the document, which seems to be a typographical error. The correct version should be "Sisters".

Community service is proving to be the right experience for health professionals in training at CHP. Here, Diane Corman-Ley, MS, PT, (left) and Molly Snydeman, a physical therapy student, work with a client, Mark Draper, at the Gateway shelter, as he demonstrates a universal weight machine at the opening of the new Hands of Hope and Wellness Center created by CHP student volunteers.

According to Jenks, who directs CHP's baccalaureate nursing program, community service fulfills the philosophical goals of her department. "A program in center city, we feel it's important to be a part of the community around us, and it helps us to instill in our students the value of volunteerism, a virtue we want them to have in their professional careers."

Changing Delivery and Learning CHP students affect the way care is delivered in the programs where they volunteer. TAG changed internal operations after the assessment by the first group of CHP students. In addition, student volunteers have made a major impact at the shelters, including Gateway, where they have started a health and wellness program featuring exercise, health promotion, and preventive care.

"The gratitude he has expressed to us for just that is amazing," Snydeman says that her work at the shelter is about establishing relationships. "A lot of clients are angry at the beginning, after a couple of weeks they turn to us and say, 'Please be here again. I want to come back and work on this some more.'"

"Through their volunteering, students get more than just a great hands-on experience," says CHP's Director of Nursing Joan Jenks. "They gain skill in interacting with individuals from the same, varied cultural backgrounds that they will encounter when they get out into the workforce as health professionals."

Knocking Down One-to-One Barriers

CHP students in community service get the invaluable chance to work with people from different socioeconomic status than theirs. The interaction between the students and clients at shelters helps break down racial and gender barriers. The Gateway Center shelters, for example, have 70 adult male residents, and as many as 200-300 people who come in for day services.

"A primarily white, female group of students is working with a group that is 90 percent African Americans," notes Corman-Ley. "As they work together, a real trust and respect has developed between them. The most important message we send is that we believe in them. And it works."

"Every work something special happens," says student Molly Snydeman, PT senior who directs the CHP physical therapy program at the Gateway Center. "Someone always makes a connection with a client. A few weeks ago, a man came in and said he wanted to do something good for himself, but he needed someone to motivate him. He had experience with weight training in the past, so we worked with him and he began a regular weight program. The gratitude he has expressed to us is just that is amazing,"

Snydeman says that her work at the shelter is about establishing relationships. "A lot of clients are angry at the beginning, after a couple of weeks they turn to us and say, 'Please be here again. I want to come back and work on this some more.'"

"Through their volunteering, students get more than just a great hands-on experience," says CHP's Director of Nursing Joan Jenks. "They gain skill in interacting with individuals from the same, varied cultural backgrounds that they will encounter when they get out into the workforce as health professionals."

"Through external forces, including the marketplace, too many of our students have been brought into the workplace, too many of our students have been brought into the workplace, too much of the health system is in need of healing. — May you be compassed and inspired by a vision of the health system and the total care; our health system is in need of healing. — May you be compassed and inspired by a vision of the health system and the total care; our health system is in need of healing. —...
Several alumni and former faculty members from the CHP’s Department of Dental Hygiene reunited at the American Dental Hygienists’ Association (ADHA) 74th Annual Session, last June 18-25 in Atlanta, Ga., to celebrate their colleagues’ awards. Anne Eshenrore Spodich, PhD, former Clinic Coordinator, received The Werner Lambert Award, national recognition for outstanding achievements in all six roles of the profession of dental hygiene. Joan Gurenlian, PhD, former Chair of CHP’s Department of Dental Hygiene, was honored for 15 years of significant contributions to the profession, receiving the Irene Newman Professional Achievement Award, Cathy Trevisano, MS, former community health faculty member, received the Distinguished Service Award for contributions to the profession.

Shown here, left to right, are Ellison F. Capezzoli, MEd, DH’79, Horsem College faculty; June L. Forrest, PhD, Chair of the Department of Dental Hygiene and Director, National Center for Dental Hygiene, CHP; Lori Stockert, DH’93, Colgate Sales Representative; Lindie G. Keasen, PhD, Senior Associate Dean, CHP, and former department chair, Diane O’Ferr Pournier, DH’26, Philadelphia Public School Board; Dr. Gurenlian, who is also President of Gurenlian & Associates; Ms. Trevisano, former faculty member; Dana Walters, MS, DH’90, Camden County College faculty; Jaclyn M. Grolea, Director of Continuing Professional Education and former faculty member, CHP; Susan Callihan Barnard, MS, DH’92, Bergen County Community College faculty and ADHA District I Trustee. (photograph not shown) Joan Eshenrore Spodich, PhD, Director of Health Promotion, University of Pennsylvania School of Dental Medicine and former clinical coordinator; Kathy McMillan, DH’91; Linda Menon, DH’91; and Dr. Spodich.

Networking Night coincided with Match Day for the College’s Alumni Mentor Program, a program that matches students with alumni who have similar career interests. Introductions were made at the Networking Night for those mentors and students in attendance.

Here, two students discuss opportunities. This year in the Alumni-Mentor Program, 151 alumni have volunteered their services to 142 current students registered for the program. Alumni provide their career information and permit the College’s current students and alumni to contact them. If you have interest in serving as an alumni contact, please call the Career Development Center at 215-503-5095.

Students discuss career opportunities with employer at the Nursing and Allied Health Career Day. This annual event, to which all alumni are welcome, is sponsored by the Career Development Center. It brings employers to the campus from all over the United States.

Alumni Spring Brunch
Sunday, April 5, 1998
10:30 a.m. – 1:30 p.m.
$25 per person
Adams Mark Hotel
The Marker Restaurant
(private room for Jefferson Alumni Association)
Cty Line and Monument Ave,
Philadelphia, PA 215-503-5090
Alumni Spring Brunch Chairperson:
Margaret Seiler, PT’85
200-284-2767 ext. 0609

Agenda
10:30 a.m. Welcome and social meeting
11:00 a.m. Buffet Brunch
12:00 noon
-12:30 p.m. Guest Speaker, Stephanie N. Naidolf, President, Regional Performing Arts Center, Philadelphia, PA.
12:30 p.m. Questions and Answers
1:00 p.m. Wrap up

Alumni Reunion-Day!
Excitement
Network, reuniopn, hear the latest.
Alumni Reunion Day for the College of Health Professions at Thomas Jefferson University has been scheduled for September 26, 1998. Alumni Reunion Day is being planned by the following members of the Alumni Association: Jay Field, CT’82; Diana Morrison, MT’97; Kathy D. Cary, PT’83; Kay Rokelski, NU’92; and Margaret Seiler, PT’85. The Alumni Reunion Day will begin with an informal reception and welcome on Saturday. Afternoon activities will include topical workshops for specific alumni groups. Subjects will include DHN, Dental Hygiene’s Home in Cyberspace; Fieldwork Seminar for Occupational Therapists; and more seminars to be added. Campus tours, historic walking tours, happy hour in the Faculty Club, and shopping will also be available as part of the afternoon activities. The Commons Fitness Center (which has workout equipment, a pool, sauna, showers, and lockers) will also be available for alumni to use from 3:00-6:00.

The gala celebration begins Saturday evening at 6:30 with cocktails. Dinner will be served at 7:15. Entertainment and dancing will follow.

The reunion is open to all alumni and includes a special invitation to the following classes celebrating their 5th, 10th, 15th, 20th, 25th, and 30th reunions, respectively: 1963, 1968, 1973, 1978, 1983.

Alumni Calendar of Events
January 1998
January 20, 1998
6:00 p.m. – 9:00 p.m.
Alumni versus Student Volleyball Tournament followed by a Pizza Night, Jefferson Alumni Hall
January 30, 1998
8:30 a.m. – 4:30 p.m.
“Your Next Career Move: Planning for Success!”
Sponsored by the Office of Continuing Professional Education, College of Health Professions, Bluebell Blvd.
February 1998
February 2, 1998
5:30 p.m. – 8:00 p.m.
Career Networking Forum
An event for alumni and students to meet, exchange job openings, discuss career options, and have fun! Thomas Jefferson University, 11th Floor Edison Blvd.
February 21, 1998
9:00 a.m. – 1:30 a.m.
Alumni Association Board Meeting
Open to all students and alumni. Call 215-503-7709 for more information.
March 16, 1998
9:00 a.m. – 1:30 p.m.
Spring Job Fair
If you’re an alum and you are interested in job searching and networking, come to this job fair. Jefferson Alumni Hall
April 1998
April 3, 1998
9:00 a.m. – 11:00 a.m.
CHP Alumni Reception at the Association Annual Conference
Renaissance Harbor Place Hotel
Federal Hill Room, Baltimore, Md.
Call Rick Weaver at 215-503-2011 for more information.
April 5, 1998
10:30 a.m. – 1:00 p.m.
Alumni Spring Brunch
Featuring: Guest Speaker and networking/socializing with fellow alumni.
Adams Mark Hotel
City Line and Monument Avenues, Philadelphia, Pa.
$25 per person. Call 215-503-7709 for more information or reservations.

(continued)
1998 calendar

April 6, 1998
Movie/Pizza Night

April 28, 1998
5:30 p.m. - 7:20 p.m.
Alumni Association Board Meeting
Open to all students and alumni.
Light dinner will be served.
Call 215-503-7709, Office of Alumni Relations for more information.

MAY 1998
May 13, 1998
11:00 a.m. - 2:00 p.m.
Spirit of Philadelphia Jefferson Student and Alumni Cruise
Enjoy a great luncheon cruise and an opportunity to catch up with old and new friends.
Call 215-503-8189 for more information.

May 14, 1998
College Class Night

May 15, 1998
College of Health Professions Commencement

SEPTEMBER 1998
September 22, 1998
5:30 p.m. - 7:30 p.m.
Alumni Association Board Meeting
Open to all students and alumni.
Light dinner will be served.
Call (215) 503-7709, Office of Alumni Relations for more information.

September 26, 1998
1:00 p.m. - 11:30 p.m.
Alumni Reunion
Various activities and events will be going on all day including Occupational Therapy Workshop; Financial Planning Seminar; Estate Planning Workshop; The Future of Health Care: The Next Millennium; historic tours of Philadelphia; and more! Also, an evening of dining and dancing.

OCTOBER 1998
October 12, 1998
Alumni Mentor Mixer
Jefferson Alumni Hall

NOVEMBER 1998
November 2, 1998
Nursing and Allied Health Career Day
12 noon - 2:00 p.m.
Jefferson Alumni Hall

Call 215-503-7709,
Office of Alumni Relations, for more information on all alumni events.

Reunion (continued)

1973, and 1968. To coordinate a special, private event for your class or to join the Alumni Reunion Committee, contact the Office of Alumni Relations at 215-583-7709 or amelia.endo@jeff.jmu.edu.

Tentative Schedule for Reunion:
11:30 a.m. - 1:00 p.m. Luncheon and Welcome by the Dean
2:00 - 4:00 p.m. Seminars: Alumni may choose a topic of interest.
(See below for confirmed topics to date.)
3:00 - 6:00 p.m. Commons Recreation Center
3:00 p.m.
Cocktails and Reception for Gala Dinner
7:15 p.m.
Formal Dinner
11:30 p.m.
Dancing and Entertainment

Confirmed Topics for Workshops:
1. Alumni on the Internet (2:00-4:00)
Sharon Renshaw, PhD, RN
Bilhade Bldg., Room 105
2. DHNet: Dental Hygiene's Home in Cyberspace (2:00-4:00)
Jane Forrest, EdD, Bilhade Bldg., Room 101
3. Occupational Therapy Fieldwork Seminar (10:00-5:00)
Gary Johnson, MS, OTHL, FAOTA, Alumni Hall, Room 207 and several mezzanine rooms
4. Charitable Estate Planning: To Benefit Jefferson and You (2:00-5:00)
Frederick Riewe, Director of Planned Giving and Development

Get your Alumni Directory!
Use your Alumni Directory!
Get names, addresses, and other contact information for your ready-made network of fellow CHP alumni! The inaugural edition of the Alumni Directory should be in your hands by now. The college has sold more than 1,500 copies of this directory to date. The alumni office has received many positive comments and reviews of the directory, including reports of friendships rekindled and job opportunities found.

If you didn't purchase an Alumni Directory and you would like to do so, please call the publishing company directly:
Harris Educational Publishing, Inc., Customer Service Department.
(800) 860-9913
If your name is a classmate's name, address or any information was incorrect or omitted, please call or e-mail us with the updated information:
Office of Alumni Relations,
College of Health Professions,
130 South 9th Street, Suite 711, Philadelphia, PA 19107-5233
215-503-7709
email: arnelia.endo@jeff.jmu.edu

Call or fax your information to the alumni office at:
215-503-7709 Fax: 215-503-9834
Or e-mail information to:
amelia.endo@jeff.jmu.edu
You can also fill out this form via our Web site at:
http://jefferson.jmu.edu/CWS/CHP/Alumni/AlumniDirectory.htm
The Review also appreciates receiving photos. Please try to include yourself in any photos you send. If you would like your photos returned, please enclose a stamped, self-addressed envelope.

More than a change of name

Last year, the Board of Trustees of Thomas Jefferson University approved the college's request to change its name from the College of Allied Health Sciences to the College of Health Professions (CHP). The name change has been a success, as current and prospective students, as well as faculty, administrators, and others at the university have embraced the new CHP identity.
The college has been in a significant period of planning for the 21st century, launching new degree programs in response to the healthcare market, recruiting exceptional faculty members, and expanding research activities. "The name change is symbolic of those larger phases," says Joseph W. Donovan, CHP's Director of Marketing and Public Relations.

Underlying the name change is a new mission statement and set of bylaws for the CHP that emphasize interdisciplinary learning and more efficient internal governance for the college. Keep your eye on CHP as it helps to lead the expanding prospects for the health professions that the future is bringing!

Mission Statement

The College of Health Professions at Thomas Jefferson University provides innovative academic programs to a highly qualified, culturally diverse student population with the primary goal of developing outstanding professionals and future leaders in health care. The College has a commitment to international leadership in healthcare education through undergraduate and graduate programs and to the concept of lifelong learning. An integral component of the College is the generation of new healthcare knowledge through scholarship and applied, collaborative and interdisciplinary research. The College also addresses the needs of its community through service initiatives, Teaching, learning, scholarship, research, practice and community service are accomplished in a supportive environment that recognizes the distinct contributions of students, faculty, administrators, staff, alumni and friends of the College.

this is your life!

and we want to know about it for Alumni Notes! (See next page)
July 1995.

DORIS ELIZABETH BOWMAN 1920-1997

It is with great sadness that the College of Health Professions announces the passing of Doris Elizabeth Bowman. Ms. Bowman is the former Director of Thomas Jefferson University’s School of Nursing (Diploma Program). She graduated from Jefferson’s School of Nursing in 1942. Upon graduating, she served in the military with the U.S. Army’s 25th Hospital Unit. After obtaining her Bachelor’s and Master’s degrees in education, Ms. Bowman returned to Jefferson as an Instructor in Pediatrics in 1954. In 1964, she became Director of the School of Nursing, a post she retained until 1982. The book, Commission to Excellence, a history of the School of Nursing, was dedicated to Bowman in 1982. She was designated Emeritus Professor of Nursing in 1982, the first member of the College of Health Professions faculty and the first woman in Thomas Jefferson University history so honored. Ms. Bowman’s portrait was presented to the University in 1980 and remains on display in McClennan Hall.

A service of memory and love was offered in Palmero, PA. There was a private burial in Arlington National Cemetery in Arlington, Virginia. The family suggests contributions be sent to either: Dr. Francis R. Darby, Avenue, Drexel Hill, PA 6839, the Family Fund, 834 Lansdowne Avenue, Drexel Hill, PA 19026. Contributions may be sent to the Bowman Family Trust, 6390 Chapel Lane, Upper Darby, PA 19022.

FRANCINE T. CRANE 1958-1997

The College of Health Professions sadly announces the tragic death of Francine T. Crane, M.D., B.N., BS, Dr. Crane graduated from Thomas Jefferson University’s School of Nursing (Diploma Program) in 1981, completed her baccalaureate degree in nursing in 1985 and went on to complete her medical degree in 1995 from Jefferson Medical College. At the time of her passing, she was finishing a three-year residency in Internal Medicine at the Greensboro Hospital System in Greensboro, NC.

Upon graduating from nursing school, Dr. Crane worked as a staff nurse at Thomas Jefferson Medical Hospital for many years while continuing her education. Dr. Crane remained an active nursing alumna. She had participated for the past seven years in the College’s Alumni Network Contact program. Dr. Crane volunteered her time and expertise to other nursing students and alumni who were considering pursuing a career in medicine. A mass and burial were held on December 20, 1997, at the Church of St. Cyril in Lansdowne, PA. In her memory, the family suggests contributions be sent to: Archibald Presbyterian Church, 401 N. Lansdowne Avenue, Drexel Hill, PA 19026. Contributions may be sent to the Bowman Family Trust, 6390 Chapel Lane, Upper Darby, PA 19022.

Joanne K. Straw, M.T. ’84, has relocated to Summerville, SC. She is the hospital services supervisor for the Charleston area of the Southeast Region of the American Red Cross and also works on a master’s degree in business administration.

CHRISTY BARHAM, CT ’95, moved back to New Jersey from Boston, where she worked in a cytogenetics lab. Ms. Barham now works for a pharmacy in Nj. She will be teaching management courses at Bucknell University.

Sharon J. (Rood) Rajine, NU ’62, is the administrator of Sciences Hospital for Children in Philadelphia, where she has been closely involved in the hospital’s 600 million replacement building. Ms. Rajine’s daughter is a sophomore at Beaver College and her son is a junior in high school.

Annette B. (Brownstein) Shuman, NC ’71, retired from the Air Force and has traveled extensively. She now works for Northrop Grumman Data Systems as a data management integrator on Department of Defense clinical information systems.

Melanie Pirolo, NU ’75, was appointed Director of the South Jersey Regional Cancer Center. Previously, Ms. Pirolo was a clinical nurse specialist in oncology services at Newmarket Medical Center. She holds a master’s degree from the University of Delaware and is an oncology-certified nurse.

Ami Marie (Ingram) Pagano, NU ’80, graduated with a master of science degree in business administration from Bucknell University. Ms. Pagano is a clinical instructor of obstetrical nursing at Lexington College in Williamsport, PA. She will be teaching management courses at Bucknell University.

Patricia Nasuti, NU ’81, is a certified school nurse in Philadelphia and a graduate student at St. Joseph’s University in the health education program. She has traveled to Europe, Russia, Africa, and China in the last seven years.

Mary Elizabeth Conley, DN ’79, NU ’82, is a doctoral student at the University of Pennsylvania, where she was a recipient of an $83,000 Oncology Nursing Foundation Doctoral Scholarship. Ms. Conley previously served as an oncology clinical nurse specialist at the University of Pennsylvania.

Bonnie L. Laube, NU ’84, has been an attorney with the firm of Jay H. Greenblatt and Associates in Vineland, NJ, since 1994. She was recently certified by the NJ Supreme Court as a Certified Civil Trial Attorney and was admitted to practice before the United States Supreme Court.

AMY (HOTTENSTEIN) DEMICHELLI, DrF ’99, and her husband, Anthony, moved to Bexley, Pa., in 1999. They have two daughters, Nicole Marie, born November 24, 1994, and Danielle Renee, born October 26, 1996.

ROBERT B. BUTCHER, B.B.S. ’79, is an assistant professor of medicine at Pacific Lutheran University in Tacoma, WA, where he earned the 1993-94 University Faculty Excellence Award for his inspirational and selfless teaching of nursing science. In 1996, Dr. Butcher published three journal articles and nine book chapters, and presented papers at four national nursing research conferences. He also presented the keynote address at the 1996 Sigma Theta Tau International Conference. He is a certified clinical specialist in adult psychiatric and mental health nursing. Ms. Butcher earned a master of science in nursing in 1986 from the University of Toronto and a PhD in nursing science in 1994 from the University of South Carolina.

DIANE M. (SNOW) OREZHOLOSKI, NU ’84, shown here with her grandmother, Anna Blasso, and her daughter, Andrea Nicole Orezholoski, earned the "Editor's Choice Award" for poetic excellence by the National Library of Poetry. She was also nominated for "Poet of the Year" by the International Society of Poets. In addition, Diane is returning to graduate school to earn an MA degree in health administration.
Mindy (Winitz) Wagner, NU’84, works at Pennsylvania Hospital in Philadelphia, in the neonatal nursery. She and her husband, Robert, celebrated the birth of their daughter, Rachel, on July 17, 1995.

Antonia Mangold, NU’86, was featured in a career profile column in The Philadelphia Inquirer in her role as nursing care coordinator for dialysis at Thomas Jefferson University Hospital.

Jeffrey DeFrehn, NU’91, is customer service supervisor for the Community Awareness Department of the Visiting Nurse Service System, which serves Southeastern Pennsylvania and New Jersey.

Ingrid (Penta) Moore, NU’92, works at Thomas Jefferson University Hospital in the transitional nursery. She is pursuing a school nurse certificate at Rowan University. Moore celebrated her second wedding anniversary in September, 1997.

Kimberly (Teffeau) Bower, NU’93, and her husband, Chris, announce the birth of their daughter, Grace, on July 25, 1995, and son, Hamilton, on January 30, 1997. Ms. Bower worked as a neonatal ICU nurse and is now staying at home with her children in Mt. Pleasant, SC.

Megan Bushnell, NU’93, received an MSN in nurse midwifery from the University of New Mexico, where she earned a full scholarship from the National Health Service Corps. She will provide midwifery care for underserved populations.

Pam Henderson, NU’93, has begun a post-baccalaureate program at the University of Pennsylvania. She expects to complete the program in two years and then apply to medical school.

Eileen G. Lange, NU’94, graduated in May 1997 from the University of Medicine and Dentistry of New Jersey School of Nursing with an MSN degree from the adult nurse practitioner program.

Dave DeMarco, NU’94, spoke at the Pinning Ceremony for the College of Nursing’s Department of Nursing in May 1997.

Kimberly Pfeifer, NU’95, is employed by the Women’s Group of the Columbia Health System as an RN clinical coordinator. She lives in Littleton, Colo.

Occupational Therapy

Sandy (Caporicco) Ferreira, OT’85 (BS), OT’92 (MS), passed the CHT (Certified Hand Therapist) exam in November 1996. She is working as a hand therapist at Cherry Hill Physical Therapy in New Jersey (Division of Heartland Rehab). Ms. Ferreira lives in Marlton, NJ, with her husband, Andy, and black lab, Pepper.

Adrienne Claudia Lauer, OT’89, earned her master of science degree in health service administration. She is a full-time faculty member in the occupational therapy program at Nova Southeastern University in Ft. Lauderdale, FL.

Laura Kay Freeman, OT’93, is a staff OT at American Transitional Care Rehab in Atlanta, Ga. Her daughter, Abigail Faith, was born in September 1997.

Kate Howdershell Guzzetti, OT’96, presented an alumni perspective speech at the 1997 Occupational Therapy Class Night in May. She serves on the CHP Alumni Association Board.

Physical Therapy

Gretchen Harteis, PT’94, spent two months in South Africa at Medfield Hospital in the Homelands providing quality health care to the community.

TAMARA (HORKENHAGEN) KENT, NU’93, married restaurateur Fletcher Kent (right) in August 1996 and is working at Thomas Jefferson University Hospital as an endoscopy nurse in the Blood Donor Center. Ms. Kent is also an outpatient dialysis nurse at the Hospital Clinic in Toppenish, Wash.

JOANY (SUNNAM) SMITH, NU’79, is shown here receiving the 1997 “Excellence in Nursing Award” from the Illinois Nurses Association. Ms. Smith is a perinatal outreach coordinator in the maternal-fetal medicine department at Rockford Memorial Hospital. She has started working on her MSN.

G L A C E A N N S P E N A, NU’71, lives in Blue Bell, Pa., and is employed at Montgomery County Community College as the Director of Health Services. She was recently certified in college health nursing and as a first responder for the Montgomery County EMS.

At the 1997 Awards Ceremony, Dawn Abrams, EdD, recognized Joan M. Jenkins, PhD, RN, CHPA Associate Professor of Nursing, with the Dean’s Faculty Achievement Award.
The College of Health Professions recognizes the generosity of following companies and corporate foundations, which have increased the value of employees’ gifts to us through their matching gift program:

ConCanics Bank
Citibank

Fred and Sadye Abrams Award for Excellence in Clinical and Laboratory Instruction
This award was established in 1992 through gifts made to the college in memory of the late Sadye Abrams and in honor of Fred Abrams, parents of Lawrence Abrams, EdD, Dean of the College. We would like to thank the following friends and family who have donated generously to this fund in July 1, 1996 - June 30, 1997:

Lawrence and Nancy Abrams

Nuval and Doris Abrams

Steven Atlas

Robert and Mindy Atlas

Larry and Bertha Smag
College of Health Professions Alumni Association

President
Jay A. Field, CT'88

Vice President
JoAnn Ludwig, RT'67

Secretary/Treasurer
Lisa Strohl, DI'93

Three blocks from the College of Health Professions one of the nation’s most important public events in recent years took place, the Presidents’ Summit on America’s Future. See The Review’s cover story, to learn how CHP demonstrated its commitment to community service before, as part of, and after the summit.

Board of Directors 1997–1999
Kay Barksdale, NU’92
Leigh Ann Bliss, OT’95
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Office of Alumni Relations
130 S. 9th Street, Suite 711
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Address correction requested