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NEWSPAPER OF THE
JEFFERSON MEDICAL COLLEGE HOSPITAL SCHOOL OF NURSING

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"She's a Jeff graduate." These words may immediately bring to mind either respect or cynicism. A casual observer who has come in contact with one of our graduates and who has responded with admiration has met a truly fine nurse. No doubt she has controlled and organized her work and is on good terms with both her superiors and her subordinates. Most important she is a patients' nurse, not only a desk nurse. She has integrated into her care all that she has learned in her patient-centered classes and she uses this as naturally as she breathes. In this she is fulfilling her role as a woman. She concerns herself with her patients' care totally, including her doctors and his visitors. Does this nurse exist? Yes, she is a Jeff graduate.

However, if our observer expresses a disillusioned opinion he has probably encountered a rather one-sided person who cannot manage her area, her patients or herself. Much is expected of her because of her training and experience. When she falls from this height she falls hard. Does this nurse exist? Yes, she is a Jeff Graduate.

Both of these nurses had their own negative personality traits with which to contend; one of them has successfully guided them into positive channels, the other has not.

We, on this side of the Rose Ceremony must decide which of these reactions we will wake from our future observers.

SPOTLIGHT

In this issue we wish to place the spotlight on a girl who has actively participated in numerous functions during her past few years here. There are some persons who do more than their part in a quiet orderly way, never expecting praise but always deserving of it. Yes, this could well be said of Nancy Maddams, class of February '59. These qualities were evident in her high school years when she was voted the "Hardest Worker" in her Senior class and succeeded in belonging to the Honor Society.

At Jeff, her original idea of selling octopi for the girls' beds as a way to raise money for their class was responsible in large for their success. As Student Council Representative, she again took part in current affairs and was elected to be one of the representatives to S. N. A. F. Fellow classmates made a wise choice in electing her as their president of the past one and a half years and she has proved her value in many instances.

The words efficient, conscientious and trustworthy are only a few that could be applied to her conduct on the floors. Patients, instructors and fellow workers will all vouch for her being a good nurse.

We, the newspaper staff appreciate the many hours she spent in helping to get out that so difficult first issue. Before she finishes her training here and goes on to competently take up new and different ideas we all want to thank her for the help and good work she has done.

LOOKING BACKWARD AND FORWARD

Have you ever stopped to think what nurses' training means to you? In the recent weeks the Class of February '59 has been looking back over their three years of training and doing some serious thinking as to what it has all meant to them.

Not only have we had a chance to further our education, but we have been able to serve others at the same time. During this period when we have been obtaining our knowledge and many skills, we have come to know ourselves better and to grow in maturity. We have come to know life in all its various patterns and phases. We practiced constant reassurance yet with quiet tastefulness. As each one of us had different reasons for entering training, we have also gained many individual assets.

Although there have been many rough periods throughout our three years, nurses' training is something none of us will ever regret but always remember. Now that our training period is just about over, our individual future plans consist of the following:

Gloria Corzen is going to Eastern Pennsylvania Psychiatric Unit Esther Hentensteiner will work in the Philadelphia area.

Hette Ann Keller is continuing at Jefferson Hospital.

Miriam Meekes plans to start at Allentown General.

Nancy Maddams is going to work in Wilmington, Delaware.

Sally O'Rourke will return to the Washington, D. C. area.

Jackie Walsh is planning to stay on at Jefferson Hospital.

Carolyn Wilson expects to work in the Germantown area.

The only advice we could possibly give you is—the opportunity is yours, take advantage of it.
STUDENT COUNCIL NEWS

Promoting the interest and the activities of the School of Nursing is one of the aims of the Student Council. This year the Student Council has sponsored several clubs and activities.

Before Christmas a member of the Women's Board presented Miss Bowman with a check for $100 for our use, before Christmas, to attend some of the outstanding cultural programs available here in Philadelphia. Twenty students attended a performance of "Julius Caesar", and twenty others attended a performance of "Madame Butterfly". Both programs were held at the Academy of Music and were thoroughly enjoyed by these students.

The Winter Dance will be held on January 26, at the Sheraton Hotel and is sponsored by the Hospital and planned by the Student Council in conjunction with the class of September 60. In the spring a dinner-dance at a country club is being considered. Anyone interested in serving on any of the committees should contact Arlene K. Boyer.

The donations obtained from the Christmas card project were used to purchase goods for a needy family. The social work is being considered. Anyone interested in a membership in the student body is considered. It is hoped that this will aid in better co-operation between the two.

Remember that anyone may attend the Student Council meetings to bring up questions or ideas. To support your class and learn about current events, attend a Student Council meeting. Times of meetings are posted.

WINTER FORMAL

The Sheraton Hotel is bound to be hopping on January 16th since the student body has been notified that this is to be the scene of the Winter Formal. The dance, sponsored by the hospital is planned by the Student Council with the co-operation of the Class of '60. Sally Lipan and Grace Coleman soon to be two of the chief people behind the scene of planning this dance.

Ed Bingham's Band, consisting of five pieces, has been contracted to make the music in the Hall of Flags from 9 to 11. Refreshments in the form of punch and cake will be served.

Now that you know all the facts

we are sure that everyone will have the day off, a date, a dress and a possible excuse for not attending and making the dance a big success. There's not even going to be a chance to forget any of the facts since Catherine Bulkley has reprinted the posters you will notice covering the walls of the nursing home. Besides we have heard that a two o'clock permission will be granted for the dance. Now then, when will you get a chance to see another one of these again.

Everyone will of course have a good time to show our appreciation to the Hospital and the Student Council for their funds.

YEARBOOK NEWS

One of the main things on the minds of the seniors is, of course, graduation and consequently the yearbook. It will be of interest to know that the first third of the yearbook is in the hands of the printer and the second third is almost on its way. This is all the information that the coeditors, Maria Longworth and Bette Ann Keller would volunteer as they are planning to keep the layout and all the other information a surprise until the yearbook is in the hands of the seniors.

CHRISTMAS CAROLING

On December 22 the student body went through the Hospital in their best voices and straightest caps to spread some cheer among the patients. It seems that a good time was had by all and especially the nurses. One of the high points of the evening was, of course, the distributing of presents in the Children's Ward by Santa Claus.

After the caroling there was a party held for the participants at the Spruce St. Home by the students. The entertainment came from the various classes with very original skits presented. The "Woodchuck Song" put on by the Seniors was a huge success as was "I Saw Mary Kissing Santa Claus" which was presented by the intermediates. The February '61 provided the refreshments with Student Council funds. The September '69 contributed the greatest gift of all with their clean-up committee.

APOLOGY

We wish to apologize to Mrs. Yarnell for neglecting to put her name on the cover of the first issue. We are indebted to her for her many ideas and her expert guidance and we are very sorry for our oversight.
CLASS OF 9/59

Among the many Christmas presents received by the members of this class it has been rumored and confirmed that several of the girls received engagement rings. Among these we find Joan Maicoso, Judy Wright, Joan Rowalick, Jane Wiley, Barbara Phelps and Pat Houser. Merry Christmas to you, too.

CLASS OF 2/60

The members of this class will have fond memories of Christmas Eve, 1958. Janette Hooks and Virgio Christian received their rings at this time; no dates have been set for the weddings.

We are sorry to hear that the class president was in the hospital this December. Just in time for Christmas, however, she was discharged (to her home). Hope to see you back soon, Carol.

CLASS OF 9/60

Among the happenings which the intermediate class can keep track of is the project of selling Jeff sweaters, writing paper and other souvenirs to the students. We hope they will be very successful and keep good records.

It has been reported that Sally Lipson is pinned. It has also been put on the records that Beverly Skidmore has reaccepted and become pinned again.

CLASS OF 2/61

The only important news concerning this class is that they are seeing more of the night life and the supervisor on their initiation to relief duty. We are sure that they have something more up their sleeves than this but are not letting on just yet.

CLASS OF 9/61

At a November meeting, the September class of '61 voted class officers to be: Barbara Braithwaite, president; Joan Mutter, vice-president; Judy Coluzzi, secretary; and Claire Lynch, treasurer. Suring a later class meeting Liz McQuillan was chosen as S. M. A. P. representative.

The class is also happy to report that Miss Pat Zarella has consented to be class advisor.

This class is also tentatively planning a St. Patrick's Dance.

DRAMATIC CLUB NEWS

On December 16 the Dramatic Club presented a show consisting of a one act play and a mock beauty contest.

The play, "She Laughs Last" was directed by Nol Ackermann and Ann Runyon. The players consisted of Marty Mockaites, Beau Skidmore, Barb Heath, Nancy Washburn, Phyllis Parry, Evonne Ferris, Bottie Campas, Cath Bulkeley and Virginia Christian.

The mock beauty contest was also directed by the two above mentioned directors. The M. C. was Bernie Janlook and the contestants were Judy Isenhower, T. J. Belig and Judy Wright.

The attendance at the show was good and the performance was enjoyed by all. We are only hoping to see more of the same in the future, as the club is open to all, we expect the shows to become bigger and better. Any of the club members can be approached as to the time and place of the meetings if this can not be found on the bulletin board.

NEwSPAPER NEWS

The Newspaper Club met and elected officers for the staff. The editors of the various sections are listed on the cover. The constitution was drawn up and the committee will submit it to the entire staff for approval and change.

Many thanks are offered to all those who have made this paper possible. We feel that they belong to the staff, to the Hospital, but most of all to all those who take part in the various activities which provide us with news and features to write about.

ART CLASS

Sol Jasner was holding art classes in the Soruce St. Home on Tuesday nights at 7 P.M. Charcoal sketches of Max, a bust which is often used in schools of art all over the world, was used as a model. He also instructed the girls in various techniques of charcoal drawing.

DECEMBER BAKE SALE

The December bake sale netted a profit of $147 which was used to purchase ten basketball uniforms and one new cheerleader's uniform for the captain.
"CHOIR ENTERTAINS IN ARCH STREET METHODIST CHURCH CONCERT"

In keeping with past performances, on Sunday, December 14, 1958, at 9:00 P.M., the Jefferson Student Nurses' Chorus rendered a notable concert for "The Friendly Hour". The chorus was composed of students of the Class of Sept. '61.

The appreciative audience greeted the annual concert as one of the finest ever presented. Congratulatious are shared by Miss Richie, who is the very capable and versatile director of the chorus and her talented accompanist, Miss Bartels.

There was also a trio, who entertained with a lighter type of Christmas Season music. Members of the trio are Joyce Shaeffer, Barbara Borrell and Beatrice Shaeffer. Soloists for the evening were Ariethia Lewis and Barbara Borrell.

BASKETBALL SCHEDULE

Nov. 17 - vs Bryn Mawr
Dec. 4 - vs PGH
Dec. 15 - vs Chestnut Hill
Jan. 22 - vs Methodist
Jan. 22 - vs U of P
Feb. 9 - vs Penna.
Feb. 26 - vs Hahnemann
March 9 - Championship game

JEFF. TROUNCE BRYN MAWR

On the evening of Nov. 17 Jeff. students' basketball team opposed the Bryn Mawr six at Hala Gymnasium Jr. High School. This was the opening night for both teams and each side paced the game at high speed.

The players treated encllers to early scoring and by half time Jeff. had trounced Bryn Mawr with the score reading 29-16.

Thanks to the precision shooting of Judy Haas and excellent guarding by D. Sampsel, and the combined efforts of the entire team, Jeff. won the game with a final score of 50-31.

JEFF LINEUP

PG FT F PTS
Heisey - F 1 1 0 2
Smith - F 1 3 1 3
Smigelske - F 8 4 1 17
Marvel - F 3 0 0 6
Haas - F 10 5 2 22
Craig - F 1 0
Hoffman - G
Christner - G
Hartlaub - G
Ross - G
Sampsel - G

JEFF BOWS TO PGH

PG FT F PTS
Heisey - F 1 1 0 3
Marvel - F 3 1 1 7
Smigelske - F 1 6 2 4
Craig - F -- -- --
Haas - F 8 2 1 17
Hartlaub - G
Sampsel - G
Hoffman - G
Ross - G

DECEMBER 4 marked the second bask-
Dear Sairy,

I'm doing my care study on a patient who has a lack of vitamin C. Not only that, but nearly all his hair is gone! What is his diagnosis?

Sarcastic

Dear Studious,

Sounds like the "scurvy with the fringe on top".


Dear Sairy,

Will that machine that cleans bedpans ever explode?

Robby

Dear Robby,

Have you ever seen one work?


Dear Sairy,

How can I make a medical student notice me?

Lost

Dear Lost,

Try hiding his tourniquet!


Dear Sairy,

I'm on third maternity. One of my patients is very worried because several months ago she was scared by a grizzly. Will this effect the baby?

Worried

Dear Worried,

Yes, it may be born a little "bear".

********

"Sairy, You Inspire Me"

Many poems are written
To the Lady with the Lamp,
But I feel the need to dedicate
An ode to the Sairy Camp.

Sairy, you're real inspiring
To nurses, old and new,
How oft we need our up's because
We'd hate to be like you!

"DID YOU EVER"

----- Have a patient say to you, "Will you get the nurse?"
----- Turn the bottles to a Wagon stern suction and knock yourself in the head?
----- Free an emesis basin in the hopper? By, but that plunger must have been very busy!
----- Rear of a student nurse getting locked in 4th Avery bathroom, which is certainly not the place to be on Christmas night.
----- Mistake a urinal for a water pitcher.
----- Think your scissors were your hemat over and out a hole in your pocket?
----- Ask Dr. Templeton to draw blood for you (by mistake, of course).
----- Smell a urinal, run to get the mop and bucket and spill it too! It wouldn't have been so bad except that it was in the nurses' station.

RECORD HEADERS

16 Candies would have lighted the pathway for Miss Nightingale for better than just one.

Berridine spilled her fourth bedpan in two weeks the other day.

Anywhere I Wander, anywhere I roam I can't for the life of me find that specimen I collected from Mrs. McGillicutti.

Till I Waltz Again With You I'll keep practicing on those crutches.

I'm Walking Behind You when we go into the operating room for the first time.

There is Nothing Like A Fame when it comes to being a student nurse.

Chances Are even after a whole week of studying I still won't pass that test.

I Can't Begin To Tell You how confused I get trying to translate the scribbled diagnosis and dicta from my patient's chart to my "care of my patient's" card.

Rub A Dub is the student nurses' theme song when giving a bath.

Come On Everybody get away from that chart rack.

Endless Sleep - wishful thinking.

Purple Polka Dot Eater had too much genetian violet.

Cutta My Mind on my first day of "twilight duty"

The Things I Didn't Say such as hold breakfast.
Amazing...
WHAT'S NEW IN PHARMACEUTICALS
by Herbert S. Carlin M. Sc.
Chief of Education and Research Division
Pharmacy Service, Jefferson Hospital

It is an honor for us in Pharmacy to have the opportunity to present some of the newer and/or extensively used pharmaceuticals which are being dispensed to Jefferson patients.

The object of this column will be to present a refresher course in pharmacology for the student nurse in order that she may keep in touch with this subject while studying for her state board.

We will also try to present and explain the newer Pharmacy, Inhalation Therapy, and Central Sterile Supply Procedures.

Questions pertaining to these subjects will be answered in this column. Address your questions to the editor of this newspaper.

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For the first few issues we will attempt to review pharmaceutical items which are located on the nursing unit. This type of a article can be divided into three distinct groups; CHARGE FLOOR STOCK, STANDARD FLOOR STOCK (free to the patient), and RESTRICTED DRUGS.

CHARGE FLOOR STOCK

Charge floor stock consists of commonly used and STAT medications which are located on the nursing unit (at the present time only the private nursing units and 4th floor of the main building) and for which a charge voucher MUST be completed at the time of administration.

Charge floor stock vouchers (Form 14-1) which lists all charge floor stock are found along with the medica in locked drawers in the nursing station.

A pharmacy courier inventories this stock six days a week and must account for all existing stock, hence it is imperative that you complete this form in order to make life a little easier for the nursing and the pharmacy staff.

The purpose of charge floor stock is designed to promote BETTER PATIENT CARE by keeping the nursing personnel on the nursing unit and performing nursing care.

CHARGE FLOOR STOCK ITEMS

INJECTABLES:
Alcohol 95%-50 ml.
Aminophylline Inj. I.M. 0.5 Gm.
Amytal Sod. Inj. 0.25 Gm.
Amytal Sod. Inj. 0.5 Gm.
B.S.P. Inj.
Calc. Gluconate Inj. 1 Gm.
Chloramphenicol I.M. 1 Gm.
Dextrose Inj. 50%-50 ml.

Digitoxin Inj. 0.2 mg./ml.-10 ml.
Dramamine Inj. 50 mg./ml.5 ml.
Heparin Sodium Inj. 100 mg./ml.-4 ml.
Hyaluronidase 150 T.R.U.
Lantades Inj. 0.4 mg.
Menadione Inj. 5 mg.
Menpyton Inj. 50 mg.
Mocstigmine Inj. 1-2000/ml.-20 ml.
Pantopaque Inj.
Pot. Phenicillin G 1 million U.
Pro-Banthine Inj. 30 mg.
Proc. Pen. 300,00 U/ml.-10 ml.
P.S.P. Inj.
Pyribenzamine Inj. 25 mg./ml.-10 ml.
Saltergan Inj.
Sodium Dephydrocholate Inj. (Docholin Sperine Inj. 50 mg./ml.-10 ml.
Streptocycin Inj. 0.5 Gm./ml.-10 ml.
Tetracycline Inj. 100 mg.
Thorazine Inj. 25 mg./ml.-10 ml.
Urecholine Inj. 5 mg.

INTRAVENOUS SOLUTIONS AND ADDITIVES
D-10-W-1000 ml.
D-10-W-500 ml.
D-5-W-1000 ml.
D-5-W-500 ml.
D-10-PSS-1000 ml.
D-5-PSS-1000 ml.
D-5-PSS-500 ml.
PSS-I.V.-1000 ml.
PSS-I.V.-500 ml.
Ringer's Solution-1000 ml.
I.V. Sets
Aminophylline Inj. I.V. 0.25 Gm.
Levophed Inj.
Pot. Chloride Inj. 500 mg.
Sod. Ascorbate Inj. 500 mg.
Solu-Cortef 100 mg.
Thiamin HCL Inj. 100 mg./ml.-10 ml.
Vitamin B Comp. Inj.-10 ml.

MISCELLANEOUS
(At present only on Pavilion, 8th Annex and 4th Floor-Main Building nursing units).
Chloramphenicol 250 mg.
Dehydrin 250 mg.
Digitoxin 0.1 mg.
Digitoxin 0.2 mg.
Furadantin 50 mg.
Furadantin 100 mg.
Gantrisin 0.5 Gm.
Maprobamate 400 mg.
Peritrate 10 mg.
prednisone 5 mg.
Probanthine 15 mg.
Byrbenzamine 50 mg.
Telepaque
Tetracycline 250 mg.
Thorazine 25 mg.
Bandage Elastic 3"
Bandage Elastic 4"
Elastoplast 3"
Elastoplast 4"
Fleets Diocessable Enema
Nupercaine Cist.
The underscored items are charge floor stock. Other items may be obtained from the Pharmacy by completing the charge voucher Form 14.

CHLORAMPHENICOL U.S.P. (1)

Trade name: Chloromycetin

Category: Antibiotic having specific therapeutic effect against certain bacteria, viral and rickettsial infections. It is also effective in typhoid fever.

Note: Certain blood dyscrasies have been associated with the administration of Chloramphenicol. It should not be used indiscriminately or for minor infections.

Gastrointestinal disturbances may be reduced by administering the medicinal with a meal or a glass of milk.

The intravenous injection must be diluted to at least 100 ml. but no more than 250 ml. with isotonic sodium chloride injection or dextrose injection. It is important to inject the solution beneath the surface of the diluent; otherwise precipitation may result.

The intramuscular injection must be diluted with 2.5 ml. of water for injection and withdrawn immediately and injected in order to eliminate clogging of the needle.

Preparations:

CHLORAMPHENICOL CAPSULES U.S.P.
50 mg./100 mg. and 250 mg.

CHLORAMPHENICOL STERILE SOL.T.
N.N.D. 0.5 gm. per 2 ml. (I.V.) Must be refrigerated.

CHLORAMPHENICOL INTRAMUSCULAR INJECTION
N.N.D. 1 gm. vial

CHLORAMPHENICOL OPHTHALMIC OINTMENT U.S.P.
1% 5.5 gm. tube

CHLORAMPHENICOL OPHTHALMIC SOLUTION J.M.C.H.
0.2% and 0.5% dropper bottles

CHLORAMPHENICOL PALMITATE SUSPENSION N.N.D
125 mg. per 4 ml., 60 ml. bottles.

PROGRAM COMMITTEE REPORT

Two program meetings have been held during the month of November and December.

On Nov. 11, Dr. John Koltes, Assistant Professor in our Dept. of Psychiatry, presented "Some Anxieties in Nursing" to some seventy members of the Association. His discussion included ways of improving patient care, by 1. special training, 2. experienced personnel, and 5. minimized staff tensions. He then went on to elaborate on the possible sources of tension existing in a hospital of the size, type and location of Jefferson.

We were sorry that more members of the association could not attend.

On Dec. 9, Miss Elsie Cantwell, executive-secretary of Bucks-Phila. District of the P.N.A., spoke with us on "The Structure and Value of Our Professional Nursing Organizations."

Since there were very few non-members present, Miss Cantwell did not dwell long upon the structure, but discussed more of the past, present functions and future plans for both the P.N.A. and A.N.A. Her presentation was opened by a comparison of a trade with a profession, including the fact that the professional organizations are extremely important factors in determining a profession.

This may seem like "old stuff" to some of our staff, however, Miss Cantwell offered much "food for the thought."

We are looking forward to an educational program meeting the second Tuesday of every month and hope that more staff members will find it possible to attend.

In addition to these meetings, we are planning a social program. Any suggestions or assistance with either of these programs--social or educational--will be appreciated by the program committee.

Student representatives to the program meetings are Patricia Heiser and JudyIssenhour.

On Dec. 17, 1958, the Staff Nurses' Holiday Social was held at 1012 Spruce St. There were 25-30 members present and a good time was enjoyed by all.

The annual Meeting of the Jefferson Nurses' Alumnae Association and election of officers was held on the 15th floor library of the hospital on Jan. 6, 1959. New officers are:

President: Vivian Moyer
First Vice Pres: Evelyn Curran
Second Vice Pres: Janet Hindson
Sec.-Treasurer: Alma Miller
Recording Sec: Margaret Summers

Private Duty Election:

Chairman: Emma Smock
Vice Chairman: Katherine Saunders
Sec.-Treasurer: Irene O'Donnell